



AGENCY OF HUMAN SERVICES
DEPARTMENT OF DISABILITIES, AGING AND INDEPENDENT LIVING

Division of Licensing and Protection

HC 2 South, 280 State Drive

Waterbury, VT 05671-2060

<http://www.dail.vermont.gov>

Survey and Certification Voice/TTY (802) 241-0480

Survey and Certification Fax (802) 241-0343

Survey and Certification Reporting Line: (888) 700-5330

To Report Adult Abuse: (800) 564-1612

June 2, 2023

Ms. Raeleen Bedard, Manager
22 Upper Welden
107 Fisher Pond Road
Saint Albans, VT 05478-1836

Dear Ms. Bedard:

Enclosed is a copy of your acceptable plans of correction for the survey conducted on **February 28, 2023**. Please post this document in a prominent place in your facility.

We may follow up to verify that substantial compliance has been achieved and maintained. If we find that your facility has failed to achieve or maintain substantial compliance, remedies may be imposed.

Sincerely,

A handwritten signature in cursive script that reads "Pamela M. Cota RN".

Pamela M. Cota, RN
Licensing Chief

Division of Licensing and Protection

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 0528	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____		(X3) DATE SURVEY COMPLETED 02/28/2023
NAME OF PROVIDER OR SUPPLIER 22 UPPER WELDEN		STREET ADDRESS, CITY, STATE, ZIP CODE 107 FISHER POND ROAD SAINT ALBANS, VT 05478		
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T 037	<p>Continued From page 1</p> <p>lists from medical appointment paperwork were maintained as medication orders on file, and signed physician's orders were not maintained and available for review.</p> <p>On 2/17/23 and 2/21/23 the Manager provided additional documents for review. Per review of the additional documents received the Manager was unable to produce signed medication orders for the following medications and supplements listed in the February Medication Administration Records for Residents #1, #2, and #3:</p> <ol style="list-style-type: none"> 1. For Resident #1: Diltiazem ER 60 mg tablet; Eliquis 5 mg tablet; Ensure Plus Liquid; Fluphenazine 10 mg tablet; Albuterol Sulfate 90 mcg/actuation inhaler. Additionally the MAR indicated Resident #1's Incruse Ellipta 62.5 mcg inhaler and Vitamin D3 25 mcg tablets were discontinued; however the discontinue date was not included on the MAR and documentation of orders to discontinue were not provided. 2. For Resident #2: Atorvastatin 10 mg tablet; Calcium 600 mg /Vitamin D 800 unit tablet; Fluticasone 50 mcg Nasal Spray; Hydroxyzine HCl 25 mg tablet; Loratadine 10 mg tablet; Nicotine 14 mg/24 hour patch; Risperidal Consta 50 mg injection; Triamcinolone Acetonide Cream; Mupirocin (type of medication and dose not specified); Amoxicillin/Clavulanate 875-125 mg tablet; Prednisone tablet (dose not specified); and Culturelle Probiotics (type of medication and dose not specified). 3. For Resident #3: Finasteride 5 mg tablets; Lorazepam 0.5 mg tablets and Lorazepam 1 mg tablets; Olanzapine ODT 15 mg tablets; One Daily Multi-vitamin tablets. Additionally, pharmacy information provided for review on 	T 037	<p>T037 see above</p> <p>T037 see above</p>	

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T 037	Continued From page 2 2/21/23 indicated Resident #3 received Cefdinir 300 mg capsules; Azithromycin 250 mg tablets; and Dexamethasone 4 mg tablets on 12/7/22 for which there were no signed orders to administer on file.	T 037		
T 038 SS=F	V.5.8.d.1.2.3.i.ii.iii.iv. Resident Care and Services 5.8 Medication Management d) If a resident requires medication administration, unlicensed staff may administer medications under the following conditions: (1) A registered nurse must conduct an assessment of the resident's care needs consistent with the physician's or other health care provider ' s diagnosis and orders. (2) A registered nurse must delegate the responsibility for the administration of specific medications to designated staff for designated residents . (3) The registered nurse must accept responsibility for the proper administration of medications, and is responsible for: i. Teaching designated staff proper techniques for medication administration and providing appropriate information about the resident's condition, relevant medications, and potential side effects; ii. Establishing a process for routine communication with designated staff about the resident's	T 038	T038 A registered nurse is to assess the resident with any changes in condition, changes in diagnosis or changes in medication <ul style="list-style-type: none">• 22UW staff are to notify nursing as soon as possible with any changes in residents' statuses• Nursing to provide in hoe assessment and appropriate monitoring of resident• Nursing to train staff on any changes to treatments, medication, and delegate medication administration. Medication delegation to include observation by nurse prior to administering medication. Completed 4/7/23• List of delegated staff will be maintained with updates with any changes. Update list of delegated staff will be kept in the med logbook at 22UW• 22UW/Nursing check-in sheet will be kept in med logbook at 22UW indicating nurse and house manager have reviewed and confirmed with each visit that only staff who have been nurse trained and delegated will administer medication and are scheduled to work the shift with medication administration responsibilities. MARS are accurate and up to date as of 4/7/23• All current 22UW staff and active subs will have completed med training specific to each resident, passed the med training test, and have been observed by RN for competency.• Staff will not administer medication to clients until fully delegated by RN	3/30/23 4/7/23 4/30/23

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T 038	<p>Continued From page 3</p> <p>condition and the effect of medications, as well as changes in medications;</p> <p>iii. Assessing the resident's condition and the need for any changes in medications; and</p> <p>iv. Monitoring and evaluating the designated staff performance in carrying out the nurse 's instructions.</p> <p>This REQUIREMENT is not met as evidenced by: Based on record review and staff interview there was a failure to ensure all staff responsible for administering and dispensing medications to residents of the home have been trained and delegated to administer specific medications to designated residents by the Registered Nurse. Findings include:</p> <p>Based on review of the 22 Medication Administration Delegation List, 3 facility staff (Staff #7, #9, and #10) were not documented as delegated to administer medications. On the afternoon of 2/14/23 the Manager confirmed all staff are required to administer medications at the facility. The Delegation List also indicated all staff had not been delegated to administer medications to 3 current residents (Residents #3,#4, and #6)</p> <p>Additionally, at 11:07 AM on 2/14/23 the Med Delegated Staff on duty confirmed the medication delegation training provided by the Registered Nurse does not include observation of staff administering medications. The Med Delegated Staff stated the facility's medication delegation process includes watching videos, online Relias</p>	T 038	<p>T038 see above</p> <p>T038 see above</p>	

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T 038	Continued From page 4 training, and a group class with the Registered Nurse; however observation is limited to shadowing with other med delegated staff.	T 038		
T 040 SS=D	<p>V.5.8.5 Resident Care and Services</p> <p>5.8 Medication Management</p> <p>5.8.5 Staff other than a nurse may administer PRN psychoactive medications only when the residence has a written plan for the use of the PRN medication which: describes the specific behaviors the medication is intended to correct or address; specifies the circumstances that indicate the use of the medication; educates the staff about what desired effects or undesired side effects the staff must monitor for; and documents the time of, reason for and specific results of the medication use.</p> <p>This REQUIREMENT is not met as evidenced by: Based on record review and staff interview the nurse failed to develop a written plan for the administration of a psychoactive PRN (as needed) medication by med delegated staff for one applicable resident (Resident #1). Findings include:</p> <p>Per record review the psychoactive medications Lorazepam (for anxiety) is administered by Med Delegated staff to Resident #1 as needed. On the afternoon of 2/14/23 Med Delegated staff confirmed a plan which describes the specific behaviors the medication is intended to correct or address; specifies the circumstances that indicate the use of the medication; and educates the staff about what desired effects or undesired side</p>	T 040	<p>T040</p> <p>House Manager and staff will obtain and maintain accurate, up to date, signed orders for each resident for any PRN psychoactive medication to be administered. Written and signed orders will include</p> <ul style="list-style-type: none"> • Description of specific behaviors the medication is intended to correct or address • Specific circumstances that indicate the use of the medication • Educates the staff about what desired effects or undesired side effects the staff must monitor. <p>PRN psychoactive medication to be documented with time of, reason for, and specific results of medication use on the MAR. MAR will be checked for accuracy, completeness during nursing/staff check ins. A copy of the written and signed orders will be kept in the medication logbook and in the clients' records.</p> <ul style="list-style-type: none"> • 22UW staff to notify nursing immediately of any changes to clients' medication by outside providers. • Nursing will check, at a minimum of weekly and with notification of any changes, that all orders are accurate, current, and have been signed by the provder. • Pharmacy handouts kept in med logbook for information purpose (list of possible side effects, etc.) • Nursing/staff check list reviewed at each visit <ul style="list-style-type: none"> o MAR accurate, complete, and up to date. o Signed orders for any medication changes addressed. Orders to include dx or problem statement indicated for each medication o OTC form accurate, complete, up to date o Med delegated staff log is accurate, complete, up to date <p>Meds to be disposed and removed from residence by nursing</p> <ul style="list-style-type: none"> • Updated NCSS policy 4.B.3 Medication Preparation and Administration at NCSS to be updated 7/1/23 	4/3/23

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T 040	Continued From page 5 effects the staff must monitor for had not been developed by the Registered Nurse and was not available for review. On the afternoon of 2/14/23 the Manager acknowledged a written plan for the administration of the psychoactive PRN medication had not been developed.	T 040	T040 see above	
T 044 SS=F	V.5.8.g.1.2.3.4.5.6. Resident Care and Services 5.8 Medication Management 5.8.g Residences must establish procedures for documentation sufficient to indicate to the health care provider, registered nurse, certified manager or representatives of the licensing agency that the medication regimen as ordered is appropriate and effective. At a minimum, this shall include: (1) Documentation that medications were administered as ordered; (2) All instances of refusal of medications, including the reason why and the actions taken by the residence; (3) All PRN medications administered, including the date, time, reason for giving the medication, and the effect; (4) A current list of who is administering medications to residents, including staff to whom a nurse has delegated administration; (5) For residents receiving psychoactive	T 044	T044 <ul style="list-style-type: none"> • 22UW staff are to notify nursing as soon as possible with any changes in residents' statuses. • Nursing to provide I home assessment and appropriate monitoring of resident. • Nursing to train staff on any changes to treatments, medication, and delegate medication administration. Medication delegation to include observation by nursing prior to administering medication. • List of delegated staff will be maintained with updates with any changes. Updated list of delegated staff will be kept in the med logbook at 22 UW • 22UW nursing check-in sheet will be kept in med logbook at 22 UW indicating nurse and house manager (or designated coverage) have reviewed and confirmed with each visit that only staff who have been nurse trained and delegated medication administration are scheduled to work a shift with medication administration. • Medication orders will not have ranges, but rather specific dosing and specific administration times. New orders will be obtained by nursing if orders are not clear, do not contain specific dosing without a range or offer flexible times for administration when specific times are needed. • All current 22UW staff and active subs will have completed med training specific to each resident, passed med training test, and been observed by RN for competency Staff will not administer medication to clients until fully delegated by RN • Updated NCSS policy 4.B.3 Medication Preparation and Administration at NCSS 	4/3/23 4/7/23 4/7/23 4/30/23 7/1/23

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T 044	<p>Continued From page 6</p> <p>medications, a record of monitoring for side effects; and</p> <p>(6) All incidents of medication errors.</p> <p>This REQUIREMENT is not met as evidenced by: Based on record review and staff interview the nurse failed to ensure the administration of medications as ordered for 2 applicable residents (Residents #1, and #2), and to maintain a current list of staff who administer medications to residents. Findings include:</p> <p>1. Per review of February 2023 Medication Administration Records (MARs) and signed orders for Residents #1 and #2 the following medications were not administered according to signed orders.</p> <p>a) For Resident #1:</p> <ul style="list-style-type: none"> * The MAR reads Benzotropine MES 0.5 mg tablet One tablet by mouth 2 times a day; however the signed order on file dated 10/1/19 ordered 1 mg twice daily. * The MAR reads Fluphenazine 10 mg tablet One tablet by mouth 2 times daily; however the signed order on file dated 10/1/19 ordered 2.5 mg twice daily * The MAR reads Albuterol Sulfate 90 mcg/actuation inhale 1-2 puffs every 4-6 hours as needed; however on 2/4/23 and 2/9/23 this medication was given with less than 4 hours between doses. 	T 044	T044 see above	
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T 044	Continued From page 7 b) For Resident #2: * The MAR reads "Albuterol Sulfate 90 mcg/actuation inhaler Inhale 2 puffs every 8 hours as needed for short of breath or wheezing", however the signed order on file dated 11/21/19 ordered 2 puffs by mouth four times daily * The MAR reads "Ibuprofen 600 mg tablet take one tablet by mouth two times a day as needed", however the signed order on file dated 11/4/22 ordered Ibuprofen 200 mg tablet Two tablets every 6 hours as needed for headache, pain, and menstrual cramps * The MAR includes an order for Nicotine 14 mg/24 hour patch Apply 1 patch on skin daily and an order for Nicotine 7 mg/24 hour patch Apply 1 patch on skin daily. The most recent signed order for Nicotine Patch on file dated 11/21/19 included only the order for the 7 mg patch. 2. Per record review of the 22 Medication Administration Delegation list provided for review by the Manager on the afternoon of 2/14/23, the list did not include the names of 3 staff (Staff 37, #9, and #10) who administer medications at the facility. On the afternoon of 2/14/23 the Manager confirmed all facility staff administer medications as part of their job duties.	T 044	T044 MARs were reviewed with nursing and changes were made to the MAR to exactly match the original medication order for each resident T044 Every single regular and substitute employee has been through the medication delegation training with a RN. See attached training log for Medication Delegation	2/17/23 5/4/23
T 049 SS=E	V.5.8.h.4 Resident Care and Services 5.8 Medication Management 5.8.h.4 Medications left after the death or discharge of a resident, or outdated medications,	T 049		

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T 049	<p>Continued From page 8</p> <p>shall be promptly disposed of in accordance with the residence ' s policy and applicable standards of practice and regulations.</p> <p>This REQUIREMENT is not met as evidenced by: Based on observation and staff interview there was a failure to promptly dispose of outdated medications for 3 applicable residents (Residents #2, #4, and #5). Findings include:</p> <p>At 6:05 PM on 2/14/23 the Manager confirmed the following outdated medications stored in the medication closet were not promptly disposed:</p> <p>* Loratadine 10 mg tablets expired on 2/11/23 and an Advair Discus preloaded multidose inhaler expired December 2022 belonging to Resident #2</p> <p>* An Albuterol 90 mcg/actuation inhaler expired 8/7/22 belonging to Resident #4.</p> <p>* Benzonatate 100 mg capsules expired 1/7/23 belonging to Resident #5</p>	T 049	<p>T049</p> <ul style="list-style-type: none"> • Nursing will check, at a minimum of weekly and with any changes, that all orders are accurate, current, and have been signed by a provider. • Pharmacy handouts kept in med logbook for information purpose (list of possible side effects, etc.). • Nursing/staff check list reviewed at each visit <ul style="list-style-type: none"> o MAR accurate, complete, up to date o Signed orders for any medication, changes, addressed. Orders to include dx or problem statement indicated for each medication. o OTC form accurate, complete, up to date o Med delegated staff log accurate, complete, and up to date <p>Meds to be disposed of removed from residence by nursing</p>	5/4/23
T 052 SS=F	<p>V.5.9.b.1.2.3.4.5.6.7 Resident Care and Services</p> <p>5.9 Staff Services</p> <p>5.9.b. The residence must ensure that staff demonstrate competency in the skills and techniques they are expected to perform before providing any direct care to residents. There shall be at least twelve (12) hours of training each year for each staff person providing direct care to residents. The training must include, but is not limited to, the following:</p>	T 052		

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T 052	<p>Continued From page 9</p> <p>(1) Resident rights;</p> <p>(2) Fire safety and emergency evacuation;</p> <p>(3) Resident emergency response procedures, such as the Heimlich maneuver, accidents, police or ambulance contact and first aid;</p> <p>(4) Policies and procedures regarding mandatory reports of abuse, neglect and exploitation;</p> <p>(5) Respectful and effective interaction with residents;</p> <p>(6) Infection control measures, including but not limited to, hand washing, handling of linens, maintaining clean environments, blood borne pathogens and universal precautions; and</p> <p>(7) General supervision and care of residents</p> <p>This REQUIREMENT is not met as evidenced by: Based on record review and staff interview there was a failure to ensure 5 out of 5 staff completed the required yearly trainings. Findings include:</p> <p>Per record review of staff in-service training records for a sample of 5 staff: * Staff #1 had not completed any trainings since 2020 * Staff #2, #3, and #5 had not completed any trainings * Staff #4 had not completed yearly trainings including Resident Emergency Response Procedures and First Aid, Respectful and Effective Interaction with Residents, and Infection Control.</p>	T 052	<p>T052 All staff have a list of required training to complete annually on an online portal (Relias), trainings include but are not limited to:</p> <p>See attached training log for required trainings</p> <p>As of 2/15/2023, staff are required to print the certificate of completion for each training and add it into the staff training binder as evidence that they have completed the training. House manager will check binder monthly to ensure all staff trainings are up to date</p>	

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T 052	Continued From page 10 On the afternoon of 2/14/ 23 the Manager confirmed 5 out of 5 sampled staff had not completed the required yearly trainings.	T 052		
T 062 SS=F	<p>V.5.10.b.4 Resident Care and Services</p> <p>5.10 Records/Reports</p> <p>5.10.b.4 The results of the criminal record and abuse registry checks for all staff.</p> <p>This REQUIREMENT is not met as evidenced by: Based on record review and staff interview there was a failure to ensure the results of employee criminal record and abuse registry checks were maintained and available for review at the facility for 5 out of 5 sampled staff . Findings include:</p> <p>On the afternoon of 2/14/23 the Manager confirmed the results of criminal record and abuse registry checks for a sample of 5 staff were not maintained on site and are managed by the organization that manages the facility.</p> <p>The organization that manages the facility was unable to provide the required documentation on the day of survey. On 2/16/23 staff the required background checks were received.</p> <p>Per review of the records received the required checks were not completed for 2 out of 5 staff when hired. Staff #6 was hired on 8/24/2015, however background checks were completed on 8/14/20. Staff #7 was hired on 2/28/22, however background checks were completed until 4/8/22.</p>	T 062	<p>T062</p> <p>HR created a share drive that all employee criminal record and abuse registry checks for staff at this residence are stored and the house manager has immediate access to this drive. HR updates this drive to ensure all documentation of staff is complete</p>	2/21/22

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T 105	Continued From page 11	T 105		
T 105 SS=C	<p>VI.6.21 Residents' Rights</p> <p>VI. Residents' Rights</p> <p>6.21 The obligations of the residence to its residents shall be written in clear language, large print, given to residents on admission, and posted in an accessible, prominent and public place on each floor of the residence. Such notice shall also state the residence's grievance procedure and directions for contacting the designated Vermont protection and advocacy organization.</p> <p>This REQUIREMENT is not met as evidenced by: Based on observation and staff interview there was a failure to post the Resident Rights and the residence's grievance procedure on all floors of the home.</p> <p>At 12:20 PM on 2/14/23 the Manager confirmed Residents Rights and the residence's grievance procedure were not posted on the first and second floors of the home.</p>	T 105	<p>T105 Residents Rights and Grievance Procedures have been posted on the bulletin board in the common area in the kitchen (on the first floor. As of 2/21/23, additional posting was added by the house phone in the hallway on the 2nd floor.</p>	2/21/23
T 121 SS=C	<p>VII.7.1.c.1 Nutrition and Food Services</p> <p>7.1 Food Services</p> <p>7.1.c Meal Service</p> <p>7.1.c.1 Each residence shall offer meals three times a day in accordance with the guide (above). Meals shall be served at appropriate temperature and at normal meal hours. Texture modifications will be</p>	T 121		

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T 121	<p>Continued From page 12</p> <p>accommodated as needed.</p> <p>This REQUIREMENT is not met as evidenced by: Based on record review, and staff interview there is a failure to provide meals three times a day in accordance with meal planning guidelines. Findings include:</p> <p>At 9:52 AM on 2/14/23 Staff stated lunch and dinner are prepared by staff, and residents are "on their own for breakfast" with cereal, oats, waffles, yogurt, and fruit available for residents to prepare themselves. Staff stated the dinner menu routinely includes the same items available for breakfast. While the meals served for lunch appear to offer more diverse and nutritional options, per review of the menu for the week of 2/13/23 - 2/19/23, meals did not meet meal planning guidelines 5 days of the week.</p> <p>The following items were listed on the weekly menu:</p> <ul style="list-style-type: none"> * On 2/13/23 "tuna casserole infused with peas, and salad" for lunch and "oatmeal and fruit smoothies" for dinner * On 2/14/23 "meatball subs with veggie chips and apple slices" for lunch and "leftovers" for dinner * On 2/17/23 "chicken drumsticks, roasted red potatoes, and coleslaw" for lunch and "leftovers" for dinner * On 2/18/23 "salmon pea wiggle over saltines with cottage cheese" for lunch and "fish stick sandwiches" for dinner * On 2/19/23 "Waffles with strawberries, warm soft boiled egg, sausage, and sliced apples" for 	T 121	<p>T121 The monthly menu has been updated to offer 3 meals a day including client choice for each meal. The menu rotates every 6 weeks. The rotating menu is attached at the end of this report</p>	3/30/23
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T 121	Continued From page 13 lunch and "choice of cereal with toast" for dinner On the afternoon of 2/14/23 the Manager confirmed the items listed above were on the menu for 2/13/23- 2/19/23.	T 121		
T 126 SS=F	VII. 7.2.a Nutrition and Food Services 7.2 Food Safety and Sanitation 7.2.a Each residence must procure food from sources that comply with all laws relating to food and food labeling. Food must be safe for human consumption, free of spoilage, filth or other contamination. All milk products served and used in food preparation must be pasteurized. Cans with dents, swelling, rust, missing labels or leaks shall be rejected and kept separate until returned to the supplier. This REQUIREMENT is not met as evidenced by: Based on observation and staff interview there was a failure to ensure food is safe for human consumption, free of spoilage, filth and other contamination; and to ensure cans with dents are kept separate and not retained. Findings include: 1. During a tour of the facility commencing at 9:40 AM on 2/14/23 expired and spoiled food items were observed to be stored in the kitchen. The bottom shelf of a cabinet above the microwave was observed to be caked with dried coffee spills and crumbs. Expired food stored in the cabinet included a can of green beans expired in 2018 and a can of potatoes expired in 2021. There was	T 126	T126 House Manager coordinates with NCSS Facilities Department. Facilities will monitor for any rodent problems. If there is an infestation, NCSS will contact a community exterminator for extermination House manager is responsible for compliance of these items: <ul style="list-style-type: none"> Cabinets are clients' personal cabinets where they store personal items. These cabinets will be inspected weekly at the time of client room checks to insure they are in sanitary condition and that there are no expired food products in them. This has been added to the staff weekly room check list Task has been added to staff weekly check list to pull all items from cupboards and kitchen to dispose of any items that have expired. Food cabinet unit ordered and set up on 4/30/23 <ul style="list-style-type: none"> The shelving will be replaced with a secure cabinet to store food. The shelving was sanitized and any opened or damaged items were disposed of. Shelving is being inspected for outdated and damaged items and cleaned weekly. The shelf along the basement stairwell was cleaned of all items on 3/5/23 All basement shelving has been sanitized and new storage is setup to store both food and PPE Facilities will manage routine pest control monitoring the building regularly to prevent rodents/pests and they will exterminate if any rodents are found Orkin monitored for pests on 5/4/23 and did not find evident of infestation 	3/30/23 3/30/23 3/20/23

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T 126	<p>Continued From page 14</p> <p>a platter of discolored and withered grapes on the table. In the wall cabinets above the food prep area there was a box of macaroni and cheese that expired on 12/17/20, a can of Italian wedding soup expired on 8/25/22, panko bread crumbs expired on 11/24/22, and a container of chicken bouillon expired August of 2022.</p> <p>During the tour of the facility commencing at 9:40 AM on 2/14/23 the Staff conducting the tour confirmed the expired and spoiled food items observed in the facility kitchen.</p> <p>2. During the tour of the facility basement on the morning of 2/14/22 particle board shelving used for storage of dry goods food storage was observed to be dusty. Rodent droppings were observed on the shelves and in an uncovered Tupperware container used to store packets of taco seasoning, ranch dressing mix, and chili seasoning. Many of the food items on theshelves were stored in penetrable containers made of paper, cardboard, and plastic bags. There was an unsealed box of rice with the lid left open on one shelf. Dusty and dented cans were stored on the particle board shelves and an adjacent set of metal shelves with other food items. Dented cans observed included 4 cans of chicken corn chowder, a can of crushed tomatoes, and a can of tomato paste.</p> <p>At approximately 12:00 PM on 2/14/23 the Manager confirmed the presence of dust and rodent droppings on shelves where food was stored; an open plastic tub used to store ranch dressing, taco and chili seasoning packets with rodent droppings observed in the tub; an open unsealed box of rice, and dented cans retained the food storage area in the basement.</p>	T 126	T126 see above	
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T 127	Continued From page 15	T 127		
T 127 SS=F	<p>VII.7.2.b Nutrition and Food Services</p> <p>7.2 Food Safety and Sanitation</p> <p>7.2.b All perishable food and drink shall be labeled, dated and held at proper temperature. Hot foods shall be kept hot at 135 degrees F and cold foods shall be kept at 41 degrees F or cooler.</p> <p>This REQUIREMENT is not met as evidenced by: Based on observation and staff interview there was a failure to ensure perishable foods are labeled and dated. Findings include:</p> <p>During the facility tour commencing at 9:40 AM on 2/14/22 Staff confirmed the following perishable food items were observed without labels and dates:</p> <p>1. In the kitchen fridge: Opened items without dates included an opened gallon of milk; an unsealed open bag of green peas; a Ziploc bag of cut oranges; 2 Ice sparkling waters, and single serving bottles of water and cranberry grape juice; 4 salad dressings;Worcestershire sauce; soy sauce; grape and strawberry jellies with dried jelly on the outside of the container; relish; pickles; chopped garlic;hot sauce; mustard; tartar sauce; mayonnaise; ketchup; whipped cream; and an uncovered pitcher of leftover fruit smoothie.</p> <p>2. In the kitchen freezer: Opened items without dates included a container of ice cream; a bag of berry blend, french fries and brown & serve sausage in Ziploc bags; and an unsealed bag of beef patties.</p>	T 127	<p>T127 House manager is responsible for these items:</p> <ul style="list-style-type: none"> • New task has been added to the daily check list to insure that all open items in the refrigerator are labeled and dated with the date the item was opened 3/20/23 • All opened items in the freezer have been sealed, labeled, and dated and this will be ongoing 3/20/23 • New task has been added to the daily check list to insure that all open items in the pantry are labeled and dated with the date it was opened 3/20/23 	

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T 127	Continued From page 16 3. In the Kitchen pantry: Opened items without dates included 3 tubs of cereal; mashed potato powder; bags of chips; oatmeal; breadcrumbs; nutella; and olive oil.	T 127		
T 130 SS=F	<p>VII.7.2.e Nutrition and Food Services</p> <p>7.2 Food Safety and Sanitation</p> <p>7.2.e The use of outdated, unlabeled or damaged canned goods is prohibited and such goods shall not be maintained on the premises.</p> <p>This REQUIREMENT is not met as evidenced by: Based on observation and staff interview there was a failure to ensure outdated and dented canned goods were not maintained on the premises. Findings include:</p> <p>1. During a tour of the facility commencing at 9:40 AM on 2/14/23 a can of green beans expired in 2018, a can of potatoes expired in 2021, and a can of Italian wedding soup expired on 8/25/22 were observed to be stored in kitchen cabinets. This was confirmed by the Staff conducting the tour during the tour of the kitchen commencing at 9:40 AM.</p> <p>2. During the tour of the facility basement on the morning of 2/14/22 dented cans including 4 cans of chicken corn chowder, a can of crushed tomatoes, and a can of tomato paste were observed on shelves in the food storage area of the basement. This was confirmed by the Manager at approximately 12:00 PM on 2/14/23.</p>	T 130	<p>T130</p> <ul style="list-style-type: none"> All expired food found in the cabinets and pantry have been disposed of. Cabinets and pantry are being inspected for outdated and damaged items and cleaned weekly as of 3/20/23 All expired food found in the basement storage area have been disposed of. Cabinets and pantry are being inspected for outdated and damaged items and cleaned weekly as of 3/20/23 	2/15/23 2/15/23

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T 146 T 146 SS=F	<p>Continued From page 17</p> <p>IX.9.1.a Physical Plant</p> <p>9.1 Environment</p> <p>9.1.a The residence must provide and maintain a safe, functional, sanitary, homelike and comfortable environment.</p> <p>This REQUIREMENT is not met as evidenced by: Based on observation and staff interview there was a failure to ensure care in a safe sanitary functional homelike environment. Findings include:</p> <p>During the facility tour commencing at 9:40 AM on 2/14/23 the following environmental issues were observed:</p> <p>* The facility kitchen and dining area were in poor repair. The cabinets, counter tops, and floor were in need of cleaning; and the kitchen flooring was worn with holes and tears observed in highly trafficked areas.</p> <p>* A shelf along the steep open stairway to the basement was cluttered with items including unsealed sharps containers containing hazardous materials. Rodent droppings were observed on basement shelves used for the storage of food items, personal protective equipment, and cleaning supplies and in the basement.</p> <p>* Rodent droppings were also observed in the</p>	T 146 T 146	<p>T146 Counter tops are cleaned daily at each meal and throughout the day as needed due to client independent use of space. Cabinets are wiped down daily. Facilities will be onsite to insure there is not current safety hazards.</p> <p>The replacement of the floor has been slated for 2024. A new food storage cabinet was ordered and installed on 5/1/23</p>	3/5/23

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T 146	<p>Continued From page 18</p> <p>cabinet under the sink in a shared bathroom on the second floor of the home; and decaying wood was observed inside the cabinet. There was grime on the shower grout; and a mop and bucket were stored in the bathroom.</p> <p>*Oxygen tanks were observed to be stored in the front entryway and living room without signs indicating oxygen was stored or in use.</p> <p>* A rusted beard trimmer, which staff stated was routinely used by Resident #2, was observed on the dusty window sill in the shared bathroom between the dining room and living room.</p> <p>* There were missing window screens in the living room and in Resident #2's room. Resident #2, #4, and #6's rooms had torn window screens.</p> <p>* Resident #1's room was extremely cluttered with a section of the room inaccessible due to a large pile of clothing on the floor. Shelves and window sills were covered with tobacco, and stacked with paper and ceramic cups. Resident #1's bed was in poor repair and in need of replacement with a corner of the worn and stained mattress sunken in at the head of the bed.</p> <p>* The bathroom in Resident #3's room was in poor repair with the toilet, sink and shower in need of cleaning; and the wall beside the shower decaying and crumbling.</p> <p>These findings were confirmed by Staff on duty during the tour commencing at 9:40 AM on 2/14/23, and by the Manager on the afternoon of 2/14/23.</p>	T 146	<p>T146 continued</p> <p>Facilities will replace decaying wood inside of the cabinet within 30 days. Facilities will manage routine pest control monitoring the building regularly to prevent rodents/pests. Mop bucket was removed and placed in proper storage area</p> <p>Oxygen in use signs have been hung in the facility</p> <p>The rusted beard trimmer was disposed of.</p> <p>Facilities will replace screens in room numbers 2, 4 & 6 within 30 days</p> <p>Staff will take a client centered approach with this resident to allow support in cleaning their room. Historically he does not allow staff to support him in putting laundry away.</p> <p>Room checks are completed twice weekly to observe any safety issues and to sweep and mop the room. Resident's bed was replaced 3/27/23. New sheets have been purchased. To date the resident has refused to have them put on his bed.</p> <p>Facilities will address decaying and crumbling wall beside shower. Staff will clean bathroom during weekly room checks as needed per resident report.</p>	<p>2/15/2023</p> <p>2/15/2023</p> <p>5/6/23</p> <p>3/27/2023</p> <p>6/30/23</p>

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T 157	Continued From page 19	T 157		
T 157 SS=D	IX.9.2.h Physical Plant 9.2 Residents ' Rooms 9.2.h Each bed shall be in good repair, with a clean, comfortable mattress that is at least six (6) inches thick, and standard in size for the particular bed, a pillow, bed covering, and a minimum of one (1) blanket, two (2) sheets, and one (1) pillowcase. This REQUIREMENT is not met as evidenced by: Based on observation and staff interview there was a failure to provide a bed in good repair for one applicable resident (Resident #1). Findings include: During a tour of resident rooms commencing at 1:00 PM on 2/14/23 the bed in Resident #1's room was observed to be in poor repair. A corner of the mattress at the head of the bed was sunken. The bed was without sheets; and the mattress ticking (fabric covering) was stained and covered with balls of colored fibers due to pilling of blankets. When asked about the condition of Resident #2's mattress the Manager stated "[Resident #1] refuses to purchase a new one". At 2:24 PM the Manager confirmed s/he was unaware of the home's requirement to provide residents with a bed in good repair.	T 157	T157 Beds and mattresses have been inspected for functionality and comfort. All residents have been supplied with a blanket, sheets, and pillowcase.	3/27/23
T 187 SS=D	IX.9.11.c Physical Plant 9.11 Disaster and Emergency Preparedness 9.11.c Each residence shall have in effect, and	T 187	Resident's bed was replaced on 3/27/23. New sheets have been purchased. To date resident has refused to have them put on his bed. Staff continue to take a client centered approach and offer to assist with sheets and laundry. All residents are provided clean linens weekly. Residents are supported weekly to do laundry. If a resident is unable to clean their linens, staff will clean them and return them to resident.	3/27/23 4/30/23

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STATE FORM

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T 187	Continued From page 20 available to staff and residents, written copies of a plan for the protection of all persons in the event of fire and for the evacuation of the building when necessary. All staff shall be instructed periodically and kept informed of their duties under the plan. Fire drills shall be conducted on at least a quarterly basis and shall rotate times of day among morning, afternoon, evening, and night. The date and time of each drill and the names of participating staff members shall be documented. This REQUIREMENT is not met as evidenced by: Based on record review and staff interview there was a failure to rotate timing of fire drills to include at least one yearly fire drill at night. Findings include: On the afternoon of 2/14/23 the Manager confirmed facility a fire drill had not been conducted during the night for the previous 12 months.	T 187	T187 Fire drills are rotated monthly on all shifts (morning, afternoon, evening, and night shift). March drill was completed at 10:00pm, April drill was scheduled for 7:30am and May is scheduled for 9:00pm. One drill per year will occur after 11:00pm and before 4:00am	4/30/23
T 196 SS=F	XI.11.3 Resident Funds and Property 11.3 The residence shall have policies in place to protect residents ' personal property when not in use. This REQUIREMENT is not met as evidenced by: Based on observation and staff interview there was a failure to ensure policies and procedures are in place to protect Resident's personal	T 196	T196 Resident checks are now being stored in a locked cabinet until staff are able to hand them to the residents	2/15/23

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NAME OF PROVIDER OR SUPPLIER
22 UPPER WELDEN

STREET ADDRESS, CITY, STATE, ZIP CODE
**107 FISHER POND ROAD
SAINT ALBANS, VT 05478**

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T 196	Continued From page 21 spending checks. Findings include: At 12:35 on the afternoon of 2/14/23 the manager confirmed checks belonging to residents were stored on a clipboard on the wall in the office, The clipboard was observed on the wall beside the unlocked entrance to the facility where it was accessible to anyone who entered the facility. The Manager stated when resident checks are dropped off by case managers are placed on the unsecured clipboard beside the unlocked entrance to the facility until the residents pick them up.	T 196	T196 see above	
T999 SS=D	Final Comments This REQUIREMENT is not met as evidenced by: 2.2 (u) "Manager" means the staff person who has been appointed by the residence's licensee or owner as responsible for the daily management of the residence, including supervision of employees and residents. Based on staff interview there is a failure to ensure the job duties of the Manager include supervision of employees. Findings include: At 12:55 PM on 2/14/23 the Manager confirmed staff at the facility are supervised by the Team Lead who oversees the residential programs for the organization that manages the facility; and stated, "that is just not part of my role, I don't supervise staff".	T999	T999 Residential Service Coordinator title will be changed to House Manager per review of the TCR regulations. This staff's job description currently meets the TCR regulation of house manager and this staff is on site at the TCR approximately 40 hours a week unless supporting residents in the community. The staff has oversight of both the residents and staff of the TCR, a Team Lead has additional oversight of the TCR and residential staff for clinical supervision and guidance. House Manager provides daily oversight of employees and provides direction. The team leader provides clinical supervision to staff as needed or at least monthly. Staff also attend monthly 1.5 hour staff meetings as well where they receive additional group supervision	5/15/23 4/1/23

Menu

WEEK 1

B: Peanut Butter Toast with Sliced Banana and Milk

L: Cheese ravioli with meatballs infused with Spinach & Salad (with cucumber, red peppers, and tomatoes) and garlic bread

frozen meatball, 3 bags of frozen cheese Ravioli, 2 cans of spaghetti sauce, garlic bread, cucumber, red pepper, tomato

D: Oatmeal (made with milk) with Strawberries, Fruit Smoothies (made with yogurt) & Sliced Avocado

B: Fruit & Yogurt Parfait with Milk

L: Italian Marinated Chicken with Seasoned Rice, Cottage Cheese & Broccoli

4 chicken breasts (cut to ½ thickness), Italian dressing, 3 Seasoned Rice, frozen broccoli

D: Hamburger with Mashed Potato, Corn, Cantaloupe and Milk

B: Cheerios with Blueberries (milk)

L: Crockpot Beef Stew (OVN please start) with Cottage Cheese & Blueberry Muffins

2# hamburger, minced garlic, 2 onion, ¾ box beef broth, 6 potatoes, 9 full size carrots, 2 stalks celery, 2 boxes blueberry muffins, 1 envelope onion soup mix

D: Ham, Swiss & Tomato Sandwiches with Veggie Chips, Sliced Pineapple and Milk

B: Mini Breakfast Quiche with Ham, Cheese & Spinach with Fresh Fruit & Milk

L: Baked Fish with Roasted Cauliflower, & Seasoned Rice

3 bags Swai, 1 bag salmon, 2 heads cauliflower, 3 seasoned rice

D: Cheese & Meat Pizza, Applesauce, Salad and Milk

B: Raisin Bran with Sliced Grapes (Milk)

L: Goulash (pasta, tomatoes & beef) infused with onions & peppers with Roasted Brussel Sprouts & Cottage Cheese

2 lbs Hamburg, elbow macaroni, minced garlic, 2 small cans of tomato sauce, 2 small cans diced tomatoes, frozen onions & peppers mix, fresh Brussel Sprouts

D: Chicken with Rice, Broccoli and Milk

B: Fruit Platter to include Cantaloupe, Blueberries, Raspberries & Yogurt

L: Chicken Salad & Cheddar Sandwich on 12 Grain Bread with Homemade Chicken Noodle Soup (Carrots, celery, bacon) & Fruit Salad

2-3 cans chicken, mayo, 1 loaf multi grain bread, 5 chicken breasts, 2 cans cheese soup, 3 boxes chicken broth, 4 celery, 4 carrots, 2 ranch packets, 1# bacon, 2 cups shredded cheddar, 2 bags egg noodles

D: Meatball Boat with Roasted Red & Yellow Peppers, Mozzarella Cheese and Milk

B: Warm Shredded Wheat with Blueberries (milk)

L: Veggie Stir Fry with Rice & Baked Chicken Strips with Cottage Cheese

4 chicken breasts, instant rice, 2 bags California blend veggies

D: Turkey, Gouda & Tomato Sandwich with Veggie Chips, Peaches and Milk

Alternative Meals (All available with veggie or fruit being served with scheduled meal): rotini with spaghetti sauce, chicken patties, tuna fish sandwich, soup, cereal, oatmeal, eggs, breakfast sausage, peanut butter sandwich, bagel.

WEEK 2

B: Peanut Butter Toast with Sliced Banana and Milk

L: Meatloaf with Mashed Potato, Cheddar Cheese Slices & Steamed Spinach

3# hamburger, potatoes, frozen spinach, milk, butter, eggs, bread crumbs

D: Oatmeal (made with milk) with Strawberries, Fruit Smoothies (made with yogurt) & Sliced Avocado

B: Fruit & Yogurt Parfait & Milk

L: Sweet & Sour Chicken over Rice with Corn

4 chicken breasts, 1 can cranberry sauce, 1 bottle Catalina salad dressing, 1 envelope onion soup mix, 1 large frozen corn, instant rice

D: Hamburger & Potato with Salad, Sliced Cantaloupe and Milk (Leftovers)

B: Wheaties with Blueberries (milk)

L: Crockpot Chili with Corn Muffins (OVN start) & Cottage Cheese with Pineapple Chunks

2# Hamburg, 1 onion, 2 large diced tomatoes, 1 large tomato sauce, 2 cans kidney beans, 1 can black beans, 2 chili seasoning packets, bag of mini peppers, 2 boxes corn muffins

D: Fish Sticks with sweet potato fries and Milk

B: Scrambled Eggs with Cheddar Cheese & Sliced Pears

L: Black Bean Burgers (on buns) with Gouda Slices, Tomato and Roasted Squash

2 boxes Black Bean Burgers, 1 tomato, squash, hamburger buns, cheddar slices

D: Cheese & Meat Pizza, Applesauce, Salad and Milk

B: Raisin Bran (milk) with Sliced Grapes

L: Crockpot Macaroni N Cheese & Broccoli with Sliced Apples

1# elbows, 2 cans evaporated milk, milk, 1 stick butter, 2 eggs, 2# block sharp cheddar cheese, 2 bags frozen broccoli

D: Chicken over Rice with Yellow Beans and Milk (Leftovers)

B: Cinnamon Buns with Sliced Strawberries and Milk

L: Homemade Chicken Salad (with raisins) and Spinach Sandwich on 12 Grain Bread with Creamy Veggie Soup & Salad OR

Macaroni Salad (1# elbows, 2 cans peas, red pepper, green pepper, 3 cans tuna)

2 chicken breasts, celery, raisins, mayo, 1 loaf multi grain bread, 2 boxes chicken broth, frozen corn, 1 frozen California blend veggies, onion, 18oz evaporated milk, fresh parmesan cheese

D: PB&J Sandwich with Applesauce and Milk

B: Warm Shredded Wheat with Blueberries (milk)

L: Chicken Fajitas with Veggies, Salsa, Seasoned Rice and Corn

1 bag frozen sliced chicken made for fajitas, 1 tomato, 1 Onion, salsa, green pepper, 2 cans whole kernel corn, shredded cheddar cheese, 2 rice a roni, fajita wraps

D: Scrambled eggs (milk) infused with Mushrooms, Toast and Banana & Orange Slices and Milk

Alternative Meals (All available with veggie or fruit being served with scheduled meal): rotini with spaghetti sauce, chicken patties, tuna fish sandwich, soup, cereal, oatmeal, eggs, breakfast sausage, peanut butter sandwich, bagel.

WEEK 3

B: Peanut Butter Toast with Sliced Banana with Milk

L: Ranch Chicken Tenders with Seasoned Rice infused with Peas & Green Beans

4 chicken breasts, ranch dressing, Lactaid, Bisquick, 3 rice a roni, frozen green beans

D: Oatmeal (made with milk) with Strawberries, Fruit Smoothies (made with yogurt) & Sliced Avocado

B: Fruit & Yogurt Parfait with Milk

L: Italian Pasta infused with Spinach and Meatballs w/ Garlic Bread & Green Salad

1 1/2 box rotini, meatballs, frozen garlic bread, 3 spaghetti sauce, fresh spinach, salad, shredded parmesan cheese

D: Chicken & Rice with Green Beans, Apple Sauce & Milk (Leftovers)

B: Corn Flakes (Milk) with Blueberries

L: Crockpot Beef Stroganoff (OVN start, remember DO NOT double broth, use Mushroom Soup) with Salad

2# hamburger, 10 oz can beef broth (be sure to use a can and not a box), mushrooms, onion, Worcestershire sauce, Minced garlic, egg noodles, 1 small cream of mushroom soup, sour cream, salad OR

Crockpot Cheeseburger Soup (OVN start)

2# hamburger, 8 small potatoes, 2 small onions, 6 carrots, 2 cans beef broth, 2 cans cream of mushroom soup, 4 cups shredded cheddar, 2 blocks cream cheese

D: Tuna (Mayo) with Spinach on Bagel Thin with Sliced Grapes & Milk

B: Mini Quiche (with green peppers, cheese & onions) with Fresh Fruit Salad & Milk

L: Chicken Pot Pie with Salad & Cottage Cheese

4 chicken breasts, 2 bags frozen mixed veggies, 2 large cans chicken Soup, Bisquick, milk, eggs, 1 salad mix, 1 large cottage cheese

D: Cheese & Meat Pizza, Applesauce, Salad and Milk

B: Raisin Bran (Milk) with Sliced Grapes

L: Layered Ham & Cheese Pasta Bake (infused with spinach) with Corn & Sliced Honey Dew Melon

2# penne, 1 large container ham, 2 sliced swiss, 4 cups shredded swiss, 4 eggs, half n half, 1 corn

D: Meatball Subs, Salad & Milk (Leftovers)

B: Mini Pancakes with Peanut Butter, Sliced Strawberries & Milk

L: Tomato Macaroni Beef Soup with Italian Bread, Salad & Cottage Cheese

2 boxes elbows, 2# Hamburg, 1 large can diced tomatoes, 2 beef broth, Italian Bread

D: Chicken Noodle Soup infused with Carrots served with Sliced Cantaloupe & Milk

B: Warm Shredded Wheat (Milk) with Blueberries

L: Tacos with Hamburger & Shredded Cheese & Veggies (onions, tomatoes, salsa) and Homemade Mexican Rice (green pepper, tomato)

Soft tacos, 2# Hamburg, taco seasoning, onions, tomatoes, salsa, instant rice, 1 onion, 1 green pepper, 1 can diced tomato, shredded cheddar

D: Waffles with Sliced Bananas and Sausages with Milk

Alternative Meals (All available with veggie or fruit being served with scheduled meal): rotini with spaghetti sauce, chicken patties, tuna fish sandwich, soup, cereal, oatmeal, eggs, breakfast sausage, peanut butter sandwich, bagel

WEEK 4

B: Peanut Butter Toast with Sliced Banana & Milk

L: Chicken Alfredo (infused with Peas) with Penne and Broccoli

2 chicken breasts, 3 jars alfredo sauce, 2 boxes penne pasta, 1 bag frozen broccoli

D: Oatmeal (made with milk) with Strawberries & Walnuts, Fruit Smoothies (made with yogurt) & Sliced Avocado

B: Fruit & Yogurt Parfait & Milk

L: Tuna Casserole, infused with Peas, Salad & Peaches

2 bags of egg noodles, 1 onion, 2 small bags shredded sharp cheddar cheese, 1 bag frozen peas, 2 cans tuna, 4 small cans cream of mushroom soup, 1 container French fried onions, 1 salad kit

D: Pasta with Chicken, Broccoli, Sliced Gouda Cheese and Milk (Leftovers)

B: Cheerios with Blueberries with Milk

L: Crockpot Sausage and Potatoes w/Green Peppers & Onions, Cottage Cheese & Applesauce (OVN start)

3lbs potatoes, 3 kielbasa, 1 bag frozen green pepper & onions, 2 small cans cream mushroom soup, 1 cottage cheese, and applesauce

D: Ham & Swiss Sandwich with Tomato, Chips, Fruit Cup and Milk

B: Waffles with fresh fruit & Milk

L: Parmesan Chicken with Mashed Potatoes (milk) and Peas

4 chicken breasts, 1 parmesan, ritz crackers, butter, potatoes, 1 Bag frozen peas

D: Cheese & Meat Pizza, Applesauce, Salad and Milk

B: Scrambled Eggs (milk) with Onion, Pepper & Cheese with Fruit Cup & Milk

L: Sausage Tomato Tortellini Soup with Crusty Italian Bread

2# ground sausage, 1 onion, 56oz CRUSHED tomatoes, 2 boxes chicken broth, 2 packages tortellini, 1 bag fresh spinach, loaf Italian bread

D: Chicken, Potatoes, Applesauce & Milk (Leftovers)

B: Crescent Rolls with Cream Cheese & Raspberry Jam, Fresh Raspberries & Milk

L: Ham, Cheddar & Spinach Quiche with Yellow Beans & Salad

2 pie crusts, fresh spinach, 1 ham steak, 1 block cheddar, 10 eggs, Lactaid, 1 salad kit, 2 frozen yellow beans

D: Pancakes with Peanut Butter and Bananas, Sausages and Milk

B: Warm Shredded Wheat (milk) with Blueberries

L: Waffles with Strawberries, Warm Soft Boiled Egg, Sausages, Sliced Avocado & Milk

2 boxes waffles, frozen strawberries, 1 bag sausages, eggs, and apples

D: Chicken Patty (Swiss, Tomato, Lettuce) Sandwich with Veggies, Ranch Dip and Milk

Alternative Meals (All available with veggie or fruit being served with scheduled meal): rotini with spaghetti sauce, chicken patties, tuna fish sandwich, soup, cereal, oatmeal, eggs, breakfast sausage, peanut butter sandwich, bagel.

WEEK 5

B: Peanut Butter Toast with Sliced Banana & Milk

L: Mexican Tater Tot Casserole infused with peppers & onions, cottage cheese & Green Beans

2lbs hamburger, 2 tsp taco seasonings, 1 frozen bag green pepper and onions, 2 small cans black beans, ½ cup salsa, 2 cups Mexican blend cheese, 32oz tater tots, sour cream, large cottage cheese, green beans
OR

Chicken and Mushroom Soup, Cottage Cheese & Bread

2 onions, 6 large carrots, 4 celery stalks, 20oz sliced mushrooms, minced garlic, poultry seasoning, 3 boxes chicken broth, 4 chicken breasts, instant rice

D: Oatmeal (made with milk) with Strawberries, Fruit Smoothies (made with yogurt) & Sliced Avocado

B: Fruit & Yogurt Parfait with Granola & Milk

L: Meatball Subs with Veggie Chips & Apple Slices

Hot dog buns, meatballs, 2 cans spaghetti sauce, mozzarella cheese, apples, veggie chips

D: Hamburger and Potato Casserole with Salad and Milk (Leftovers)

B: Cheerios (milk) with Blueberries

L: Crock Pot Pork Chops, Potatoes & Onions with Salad, Sliced Cheddar & Applesauce (OVN Start)

2 onion, 3# red potatoes, 6-8 boneless pork chops, 2 cans mushroom soup, 2 packs ranch dressing mix, salad kit, applesauce

D: Chicken Alfredo with Penne, Peas & Milk

B: Breakfast Burrito (egg, cheese, ham, red peppers) with Milk

L: Baked Fish with Rice Pilaf & Yellow Beans and Sliced Cantaloupe

1 bag salmon, 3 bags swai, 2 boxes rice pilaf, 2 bags frozen yellow beans

D: Cheese & Meat Pizza, Applesauce, Salad and Milk

B: Raisin Bran (milk) with Sliced Bananas

L: Chicken Spaghetti Carbonara infused with peas and carrots and Cinnamon Sliced Apples

Bacon, 2 cans condensed cream of chicken soup, parmesan cheese, 1 bag of frozen peas and carrots mixed, large onion, chicken broth, spaghetti, 3 chicken breasts

D: Meatballs & Pasta with Peas and Milk (Leftovers)

B: Banana Bread with Peanut Butter, Sliced Strawberries and Milk

L: Tomato Soup with Grilled Ham & Cheese Sandwiches & Sliced Cucumbers

2 large cans tomato soup, sliced cheddar cheese, 1 loaf multi grain bread, cucumbers

D: Macaroni & Cheese infused with Peas, Applesauce and Milk

B: Warm Shredded Wheat with Blueberries & slivered almonds (milk)

L: Tacos with Veggies, Mexican Rice and Fruit Juice

Soft tacos, 2# hamburger, taco seasoning, onions, tomatoes, salsa, instant rice, 1 can diced tomatoes, 1 can rotel tomatoes, 1 onion, 1 green pepper

D: Turkey, Tomato & Cheese Sandwich with Veggie Chips and Milk

Alternative Meals (All available with veggie or fruit being served with scheduled meal): rotini with spaghetti sauce, chicken patties, tuna fish sandwich, soup, cereal, oatmeal, eggs, breakfast sausage, peanut butter sandwich, bagel.

WEEK 6

B: Peanut Butter Toast with Sliced Banana and Milk

L: Stuffed Pork Chops (infused with carrots & Peas) with Cranberry Sauce, Roasted Cauliflower and Salad

8 boneless pork chops, 2 boxes pork stuffing, 1 can jellied cranberry, 2 bags frozen cauliflower, 2 jars pork gravy

D: Oatmeal (milk) with Strawberries, Fruit Smoothies (made with yogurt) & Sliced Avocado

B: Fruit & Yogurt Parfait with Granola & Milk

L: Baked Chicken Breast, Sweet Potato, Summer Squash & Fresh Sliced Pineapple

6 chicken breasts, sweet potatoes, summer squash, olive oil

D: Pork Chops, Seasoned Rice, Cauliflower and Milk (Leftovers)

B: Cheerios (milk) with Blueberries

L: Shepard pie infused with green pepper & onion (OVN Prep), Whole Grain Bread with Peanut Butter, Cheddar Cheese Slices & Applesauce

2lbs Hamburg, 2 jars of beef gravy, frozen peppers & onions, 2 bags frozen corn, potatoes, Applesauce

D: Scrambled Eggs with Cheese, Roasted Peppers and Milk

B: Waffles with Peanut Butter, Fresh Fruit and Milk

L: Hobo Casserole with Green Salad and Sour Dough Bread

2lbs hamburger, 2 small onions, 8 potatoes, 1lb shredded cheddar cheese, 2 cans cream of chicken soup, 2 cans cream of potato soup, Creole seasoning, French fried onions, salad

D: Cheese & Meat Pizza, Applesauce, Salad and Milk

B: Mini Quiche (with green peppers, cheese & onions) with Fresh Fruit Salad & Milk

L: Spicy Sausage Pasta infused with Corn and Fruit Cup

3 onions, 3# ground sausage, heavy cream, 2 box chicken broth, 3

Cans Rotel tomatoes, 2 boxes penne, block Monterey Jack cheese, corn

D: Hamburger with Potatoes, Corn, bread and Milk (Leftover)

B: Blueberry Bread with Sliced Bananas, Fresh Raspberries and Milk

L: Chicken Quesadilla with Veggies & Seasoned Rice & Corn

1 bag frozen fajita chicken, Salsa, sour cream, 2 cans whole kernel corn, shredded cheese, soft flour shells, 3 boxes seasoned rice, onions, green pepper OR

Crockpot Corn Chowder infused with Peas & Carrots (OVN start)

2 cans corn, 5 potatoes 2 onions, 1 ham steak, 2 cubes chicken bouillon, 1 can evaporated milk, frozen peas & carrots mix

D: Hot Dogs on Buns with Baked Beans and Milk

B: Warm Shredded Wheat (milk) with Blueberries and Milk

L: Ham Steaks, Mashed Potato, Spinach & Fruit Cup

D: Egg Salad Sandwich on 12 Grain Bread with Fresh Green Salad and Milk

Alternative Meals (All available with veggie or fruit being served with scheduled meal): rotini with spaghetti sauce, chicken patties, tuna fish sandwich, soup, cereal, oatmeal, eggs, breakfast sausage, peanut butter sandwich, bagel.

22 Upper Welden Staff Training Log

Complete a minimum of 1 training under each category (color) and have a total of 12 hours of training documented each year

(For each completed Relias training print out the certificate and add it to the training log)

Staff Name [REDACTED]

Training	Credit/hours	Date & initials
Knowing the Rights of Residents (online - audio) Resident Rights	1	[REDACTED] 4/14/23
NCSS's Rights of persons served(in binder) Resident Rights	.25	[REDACTED] 4/14/23
Fire Safety and Emergency Preparedness (online - audio) <i>The Basics</i> Fire safety and emergency evacuation	2 .5	[REDACTED] 4/22/23
Fire evacuation plan and house schematics (in binder) Fire safety and emergency evacuation	.25	[REDACTED] 4/14/23
Red Cross CPR course (classroom) Resident emergency response procedures	2.5	—
Basic First Aid Course (classroom) Resident emergency response procedures	2	—
First Aid Self Paced (online - audio) Resident emergency response procedures	1	[REDACTED] 4/15/23
Safety in the Home (online – audio) Resident emergency response procedures	.5	[REDACTED] 4/20/23
The Basics of Workplace Safety (online – audio) Resident emergency response procedures	.25	[REDACTED] 4/21/23
The Vermont Statue; Reports of Abuse, Neglect, and Exploitation of Vulnerable Adults(in binder) Policies and procedures regarding mandatory reports of abuse, neglect and exploitation	.5	[REDACTED] 4/14/23
Communication and Conflict Management Skills (online - audio) Respectful and effective interaction with residents	.75	[REDACTED] 4/28/23
Effective Communication Skills Self Paced (online – audio/video)	1 .25	[REDACTED] 4/22/23
Building Healthy Therapeutic Relationships (online - text) Respectful and effective interaction with residents	2.25	
Infection Control: The Basics self paced (online - audio) Infection control measures	.25 .5	[REDACTED] 4/21/23
About Infection Control and Prevention (online - audio) Infection control measures	1	[REDACTED] 4/22/23

Hand Hygiene: The Basics self paced (online - audio) Infection control measures	.25	4/14/23 0.25
Enhancing Treatment Engagement of Individuals with Behavioral Health Disorders (online - text) General supervision and care of residents	1.75	
HIPPA Overview for Assisted Living and Residential Care (online - audio/video) General supervision and care of residents	1	4/28/23
Preventing Medication Errors (online - text) General supervision and care of residents	1	4/28/23

Other Trainings:

- Health & Safety Annual Training 4/14/23 0.50
- Incident Reporting in Behavioral Health 4/15/23 0.50
- NCSS Code of Ethics 4/14/23
- Affirmation Code of Ethics 4/14/23
- Employee Use of Clinical Services 4/14/23
- Social Media 4/14/23 .25
- Anti-Discrimination Harassment, Retaliation 4/14/23 1hr.
- NCSS Confidentiality 4/14/23
- HR Policy Acknowledgement 4/14/23
- Medication Delegation Training 04/27/23 1 Hour

22 Upper Welden Staff Training Log

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(For each completed Relias training print out the certificate and add it to the training log)

Staff Name [REDACTED]

Training	Credit/hours	Date & initials
Knowing the Rights of Residents (online - audio) Resident Rights	1	1/22/23 [REDACTED]
NCSS's Rights of persons served(in binder) Resident Rights	.25	12/2/22 [REDACTED]
Fire Safety and Emergency Preparedness (online - audio) Fire safety and emergency evacuation	2	
Fire evacuation plan and house schematics (in binder) Fire safety and emergency evacuation	.25	11/30/22 [REDACTED]
Red Cross CPR course (classroom) Resident emergency response procedures	2.5	2/14/23 [REDACTED]
Basic First Aid Course (classroom) Resident emergency response procedures	2	2/14/23 [REDACTED]
First Aid Self Paced (online - audio) Resident emergency response procedures	1	2/18/23 [REDACTED]
Safety in the Home (online – audio) Resident emergency response procedures	.5	
The Basics of Workplace Safety (online – audio) Resident emergency response procedures	.25	
The Vermont Statue; Reports of Abuse, Neglect, and Exploitation of Vulnerable Adults(in binder) Policies and procedures regarding mandatory reports of abuse, neglect and exploitation	.5	11/30/22 [REDACTED]
Communication and Conflict Management Skills (online - audio) Respectful and effective interaction with residents	.75	4/28/23 [REDACTED]
Effective Communication Skills Self Paced (online – audio/video)	1	
Building Healthy Therapeutic Relationships (online - text) Respectful and effective interaction with residents	2.25	
Infection Control: The Basics self paced (online - audio) Infection control measures	.25	4/28/23 [REDACTED]
About Infection Control and Prevention (online - audio) Infection control measures	1	

Hand Hygiene: The Basics self paced (online - audio) Infection control measures	.25	
Enhancing Treatment Engagement of Individuals with Behavioral Health Disorders (online - text) General supervision and care of residents	1.75	
HIPPA Overview for Assisted Living and Residential Care (online - audio/video) General supervision and care of residents	1	4/29/23
Preventing Medication Errors (online - text) General supervision and care of residents	1	

Other Trainings:

- understanding & treating borderline personality Disorder 12/2/22 1.25 hours
- Ansa-Certification 2/12/23 4 hours
- Basics of Corporate Compliance 4/22/23 .5 hours
- Sexual harassment- what employees need to know .5
- Med delegation training 4/5/23 1 hour
- understanding bloodborne pathogens 2/24/23 .75 hours
- State of VT VOSTA Covid 19 2/21/23 .5 hours
- Sexual harassment 4/22/23 .5 hours
- Red flags training 1/5/23 .5 hours
- NCSS Mentee program 2/2/23 8 hours
- HITECH V.2 2/21/23 .5 hours
- Health & Safety Annual Training 1/21/23 .5 hours
- bloodborne pathogen Classroom training 11/18/22 .5 hours
- Intro to trauma-informed care 2/25/23 1.5 hours
- Basics of defensive driving 5/3/23 .5 hours
- essentials of HipAA 5/6/23 .5 hours

Complete a minimum of 1 training under each category (color) and have a total of 12 hours of training each documented each year

Name [REDACTED]

Training	Credit/hours	Date & initials
Knowing the Rights of Residents (online - audio) Resident Rights	1	3/13/23 [REDACTED]
NCSS's Rights of persons served (in binder) Resident Rights	.25	4/23/23 [REDACTED]
Fire Safety and Emergency Preparedness (online - audio) Fire safety and emergency evacuation	2	3/13/23 [REDACTED]
Fire evacuation plan and house schematics (in binder) Fire safety and emergency evacuation	.25	
Red Cross CPR course (classroom) Resident emergency response procedures	2.5	
Basic First Aid Course (classroom) Resident emergency response procedures	2	
First Aid Self Paced (online - audio) Resident emergency response procedures	1	3/13/23 [REDACTED]
Safety in the Home (online - audio) Resident emergency response procedures	.5	
The Basics of Workplace Safety (online - audio) Resident emergency response procedures	.25	
The Vermont Statue; Reports of Abuse, Neglect, and Exploitation of Vulnerable Adults (in binder) Policies and procedures regarding mandatory reports of abuse, neglect and exploitation	.5	3/14/23 [REDACTED]
Communication and Conflict Management Skills (online - audio) Respectful and effective interaction with residents	.75	
Effective Communication Skills Self Paced (online - audio/video)	1	
Building Healthy Therapeutic Relationships (online - text) Respectful and effective interaction with residents	2.25	3/12/23 [REDACTED]
Infection Control: The Basics self paced (online - audio) Infection control measures	.25	3/19/23 [REDACTED]

About Infection Control and Prevention (online - audio) Infection control measures	1	3/19/23 [REDACTED]
Hand Hygiene: The Basics self paced (online - audio) Infection control measures	.25	
Enhancing Treatment Engagement of Individuals with Behavioral Health Disorders (online - text) General supervision and care of residents	1.75	3/20/23 [REDACTED]
HIPPA Overview for Assisted Living and Residential Care (online - audio/video) General supervision and care of residents	1	
Preventing Medication Errors (online - text) General supervision and care of residents	1	

Other Trainings:

- Sexual Harassment .5 3/20/23 [REDACTED]
- Health info tech for Economic Clinical Health Act .5 3/20/23 [REDACTED]
- Health & Safety Annual .5 3/20/23 [REDACTED]
- Role Play .5 3/20/23 [REDACTED]
- Medication Delegation Training 1 3/21/23

22 Upper Welden Staff Training Log

Complete a minimum of 1 training under each category (color) and have a total of 12 hours of training documented each year

(For each completed Relias training print out the certificate and add it to the training log)

Staff Name [REDACTED]

Training	Credit/hours	Date & initials
Knowing the Rights of Residents (online - audio) Resident Rights	1	3/4/23
NCSS's Rights of persons served (in binder) Resident Rights	.25	3/3/23
Fire Safety and Emergency Preparedness (online - audio) Fire safety and emergency evacuation	2	
Fire evacuation plan and house schematics (in binder) Fire safety and emergency evacuation	.25	3/3/23
Red Cross CPR course (classroom) Resident emergency response procedures	2.5	2/14/23
Basic First Aid Course (classroom) Resident emergency response procedures	2	3/9/23
First Aid Self Paced (online - audio) Resident emergency response procedures	1	
Safety in the Home (online - audio) Resident emergency response procedures	.5	
The Basics of Workplace Safety (online - audio) Resident emergency response procedures	.25	
The Vermont Statue; Reports of Abuse, Neglect, and Exploitation of Vulnerable Adults (in binder) Policies and procedures regarding mandatory reports of abuse, neglect and exploitation	.5	3/3/23
Communication and Conflict Management Skills (online - audio) Respectful and effective interaction with residents	.75	
Effective Communication Skills Self Paced (online - audio/video)	1	
Building Healthy Therapeutic Relationships (online - text) Respectful and effective interaction with residents	2.25	3/4/23
Infection Control: The Basics self paced (online - audio) Infection control measures	.25	
About Infection Control and Prevention (online - audio) Infection control measures	1	

22 Upper Welden Staff Training Log

Complete a minimum of 1 training under each category (color) and have a total of 12 hours of training documented each year

(For each completed Relias training print out the certificate and add it to the training log)

Staff Name _____

Training	Credit/hours	Date & initials
Knowing the Rights of Residents (online - audio) Resident Rights	1	4/21/23 [redacted]
NCSS's Rights of persons served(in binder) Resident Rights	.25	4/21/23 [redacted]
Fire Safety and Emergency Preparedness (online - audio) Fire safety and emergency evacuation	2	
Fire evacuation plan and house schematics (in binder) Fire safety and emergency evacuation	.25	4/21/23 [redacted]
Red Cross CPR course (classroom) Resident emergency response procedures	2.5	
Basic First Aid Course (classroom) Resident emergency response procedures	2	
First Aid Self Paced (online - audio) Resident emergency response procedures	1	4/21/23 [redacted]
Safety in the Home (online – audio) Resident emergency response procedures	.5	
The Basics of Workplace Safety (online – audio) Resident emergency response procedures	.25	
The Vermont Statue; Reports of Abuse, Neglect, and Exploitation of Vulnerable Adults(in binder) Policies and procedures regarding mandatory reports of abuse, neglect and exploitation	.5	4/21/23 [redacted]
Communication and Conflict Management Skills (online - audio) Respectful and effective interaction with residents	.75	
Effective Communication Skills Self Paced (online – audio/video)	1	4/21/23 [redacted]
Building Healthy Therapeutic Relationships (online - text) Respectful and effective interaction with residents	2.25	
Infection Control: The Basics self paced (online - audio) Infection control measures	.25	
About Infection Control and Prevention (online - audio) Infection control measures	1	4/21/23 [redacted]

Complete a minimum of 1 training under each category (color) and have a total of 12 hours of training each documented each year

Name [REDACTED]

<u>Training</u>	<u>Credit/hours</u>	<u>Date & initials</u>
Knowing the Rights of Residents (online - audio) Resident Rights	1	
NCSS's Rights of persons served(in binder) Resident Rights	.25	[REDACTED] 3/6/23
Fire Safety and Emergency Preparedness (online -audio) Fire safety and emergency evacuation	2	
Fire evacuation plan and house schematics (in binder) Fire safety and emergency evacuation	.25	[REDACTED] 3/6/23
Red Cross CPR course (classroom) Resident emergency response procedures	2.5	[REDACTED] 2/14/22
Basic First Aid Course (classroom) Resident emergency response procedures	2	[REDACTED] 2/14/22
First Aid Self Paced (online - audio) Resident emergency response procedures	1	[REDACTED] 8/26/22
Safety in the Home (online – audio) Resident emergency response procedures	.5	[REDACTED] 3/6/23
The Basics of Workplace Safety (online – audio) Resident emergency response procedures	.25	
The Vermont Statue; Reports of Abuse, Neglect, and Exploitation of Vulnerable Adults(in binder) Policies and procedures regarding mandatory reports of abuse, neglect and exploitation	.5	[REDACTED] 3/6/23
Communication and Conflict Management Skills (online - audio) Respectful and effective interaction with residents	.75	[REDACTED] 4/23/23
Effective Communication Skills Self Paced (online – audio/video)	1	
Building Healthy Therapeutic Relationships (online - text) Respectful and effective interaction with residents	2.25	
Infection Control: The Basics self paced (online - audio) Infection control measures	.25	

About Infection Control and Prevention (online - audio) Infection control measures	1	8/26/22
Hand Hygiene: The Basics self paced (online - audio) Infection control measures	.25	
Enhancing Treatment Engagement of Individuals with Behavioral Health Disorders (online - text) General supervision and care of residents	1.75	
HIPPA Overview for Assisted Living and Residential Care (online - audio/video) General supervision and care of residents	1	
Preventing Medication Errors (online - text) General supervision and care of residents	1	5/24/23

Other Trainings:

- Alice New Employee Drills 1.5 hrs 4/7/22
- ALICE Training Online 9.0 hr 8/21/22
- Basics of Corporate Compliance .5 hr 8/21/22
- Basics of Defensive Driving .5 hr 8/13/22
- Cultural Competence .5 hr 8/13/22
- Essentials of HIPAA .5 hr 8/21/22
- Health and Safety Annual Training .5 hr 8/13/22
- Health Information Technology for Economic and Clinical Health Act .5 hr 8/13/22
- Medication Delegation Training 1 hr 4/11/23

22UW-Staff Med Delegation Tracking

Med Delegated Staff	Initial Training w/Observation Date	Re- training w/changes Date	Re-training w/changes Date	Re-training w/changes Date	Re- training w/changes Date
[REDACTED]	4/4/23 QB				
[REDACTED]	4/4/23 QB				
[REDACTED]	4/5/23 QB				
[REDACTED]	4/4/23 QB				
[REDACTED]	4/5/23 QB				
[REDACTED]	4/6/23 QB				
[REDACTED]	4/7/23 QB				
[REDACTED]	4/7/23 QB				
[REDACTED]	4/7/23 QB				
[REDACTED]	4/7/23 QB				
[REDACTED]	4/12/23 QB				
[REDACTED]	4/12/23 QB				
[REDACTED]	4/13/23 QB				
[REDACTED]	4/13/23 QB				
[REDACTED]	4/14/23 QB				
[REDACTED]	4/20/23 QB				
[REDACTED]	4/20/23 QB				
[REDACTED]	4/20/23 QB				
[REDACTED]	4/21/23 QB				
[REDACTED]	4/21/23 QB				

Med Delegated Staff	Initial Training w/Observation Date	Re-training w/changes Date	Re-training w/changes Date	Re-training w/changes Date	Re-training w/changes Date
[Redacted]	4/27/23 JB				
	4/27/23 JB				
	4/27/23 JB				
	5/4/23 JB				
[Redacted]					
[Redacted]					
[Redacted]					
[Redacted]					
[Redacted]					
[Redacted]					
[Redacted]					
[Redacted]					
[Redacted]					
[Redacted]					
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