



AGENCY OF HUMAN SERVICES
DEPARTMENT OF DISABILITIES, AGING AND INDEPENDENT LIVING

Division of Licensing and Protection

HC 2 South, 280 State Drive

Waterbury, VT 05671-2060

<http://www.dail.vermont.gov>

Survey and Certification Voice/TTY (802) 241-0480

Survey and Certification Fax (802) 241-0343

Survey and Certification Reporting Line: (888) 700-5330

To Report Adult Abuse: (800) 564-1612

August 25, 2023

Ms. Joanne Blanchard, Manager
West River Valley Assisted Living Residence
Po Box 341
Townshend, VT 05353-0341

Dear Ms. Blanchard:

Enclosed is a copy of your acceptable plans of correction for the survey conducted on **June 20, 2023**. Please post this document in a prominent place in your facility.

We may follow up to verify that substantial compliance has been achieved and maintained. If we find that your facility has failed to achieve or maintain substantial compliance, remedies may be imposed.

Sincerely,

A handwritten signature in black ink, appearing to read "Carolyn Scott".

Carolyn Scott, LMHC, M.S.
State long Term Care Manager


Division of Licensing and Protection

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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 1007 | (X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____ | (X3) DATE SURVEY COMPLETED C 06/20/2023 |
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| NAME OF PROVIDER OR SUPPLIER WEST RIVER VALLEY ASSISTED LIVING RESIDENCE | STREET ADDRESS, CITY, STATE, ZIP CODE PO BOX 341 TOWNSHEND, VT 05353 |
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| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) | (X5) COMPLETE DATE |
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| R100 | Initial Comments: An unannounced on-site re-licensure survey and complaint investigation was conducted on 6/20/23 by the Division of Licensing and Protection. The following regulatory violations were identified related to both the re-licensure survey and 2 complaints: R128 V. RESIDENT CARE AND HOME SERVICES SS=E 5.5 General Care 5.5.c Each resident's medication, treatment, and dietary services shall be consistent with the physician's orders. This REQUIREMENT is not met as evidenced by: Based on staff interview and record review, there was a failure to follow physician medication orders for 1 applicable resident. (Resident #1) Findings include: Per record review of the Medication Administration Record (MAR) Resident #1 has an order for Tylenol 160 mg/5 ml, Give 20 ml (640 mg) every 4 hours as needed for pain, to be used in between Hydromorphone doses to manage pain, do not exceed 4 doses per day; not to exceed 3,000 mg of Tylenol per 24 hours. On 6/10/23 the MAR indicated the PRN (as needed) Tylenol medication was given 5 times, documentation was recorded at 6:31 AM, 10:31 AM, 2:47 PM, 7:47 PM, 11:50 PM and the total administered dosage in 24 hours exceeded 3,000 mg. Per interview on 6/20/23 at 4:05 PM the Licensed | R100 | R128 Failure to follow physician PRN medication orders. Action to correct deficiency: 1. Education reinforced with the individual Residential Assistant involved and then all Residential Assistants on PRN medication monitoring and administering correct dosing. 2. Standing orders were reviewed and reconciled with facility Pharmacy. Standing orders for Tylenol will be 325 or 500 mg every 3 to 4 hours, 650 mg every 4 to 6 hours, or 1000 mg every 6 hours as needed. Measure/Systemic Change to ensure no recurrence: 1. Going forward, Standard orders will no longer be used for Hospice residents. The Hospice Medical director will order all medications and determine what doses to use and not to exceed. Monitor: 1. Facility nurses will fax Standing PRN orders on admission of a new resident. PCP will specify preferred dosing at that time if different from facility Standing order. The orders will be entered into the resident's electronic chart. 2. When the facility has a resident that needs Hospice services, the Facility standing orders will be removed from the resident's chart. The Hospice medical director will determine what medications the resident will be prescribed. 3. When the facility has a resident that needs Hospice services, the Facility Nurses will meet weekly with the hospice nurse to monitor medications and dosing. Completion: 1. Education to staff was completed on 6/27/23 at the mandatory Residential Assistant meeting. 2. Following the R.A mandatory meeting on 6/27/23, the R.A's met with Bayada Hospice nurses who provided education about hospice services and answered questions the R.A's had. 3. The implementation process for residents needing hospice services was completed and fully implemented on 6/21/23. | 6/27/23 6/21/23 6/21/23 on-going |
| | | | Tag R128 Accepted on 8/25/23 - M. McIntosh | |

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| Division of Licensing and Protection LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE  | TITLE Executive Director | (X6) DATE 7/14/23 |
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| R160: SS=D | <p>V. RESIDENT CARE AND HOME SERVICES</p> <p>5.10 Medication Management</p> <p>5.10.a Each residential care home must have written policies and procedures describing the home's medication management practices. The policies must cover at least the following:</p> <p>(1) Level III homes must provide medication management under the supervision of a licensed nurse. Level IV homes must determine whether the home is capable of and willing to provide assistance with medications and/or administration of medications as provided under these regulations. Residents must be fully informed of the home's policy prior to admission.</p> <p>(2) Who provides the professional nursing delegation if the home administers medications to residents unable to self-administer and how the process of delegation is to be carried out in the home.</p> <p>(3) Qualifications of the staff who will be managing medications or administering medications and the home's process for nursing supervision of the staff.</p> <p>(4) How medications shall be obtained for residents including choices of pharmacies.</p> <p>(5) Procedures for documentation of medication administration.</p> <p>(6) Procedures for disposing of outdated or unused medication, including designation of a person or persons with responsibility for disposal.</p> <p>(7) Procedures for monitoring side effects of psychoactive medications.</p> <p>This REQUIREMENT is not met as evidenced by: Based on observation, staff interview and record review, the ALR failed to develop a</p> | R160 | <p>R160 Medication Management, the policy does not include procedures for the proper handling of dispensing and accounting of liquid narcotics or controlled medications stored in an alternate location.</p> <p>Action to correct deficiency:</p> <p>1. West River Valley Assisted Living implemented a new Policy that became effective as of 7/14/23. The Policy is titled: Policy and Procedure for Proper Handling, Dispensing, and Accounting of Liquid Narcotics. This includes proper handling, dispensing and accounting for stored narcotic medications in an alternate location. We have changed our policy to pre-filled syringes for all liquid narcotics. This will allow for more accurate dispensing.</p> <p>Measure:</p> <p>1. All Residential Assistants will be given a copy of the new Policy and Procedure to read with a request to sign off that they have read and understand the new Policy and Procedure.</p> <p>2. Education of the new policy will be reinforced by the Facility Nurse on a 1:1 basis. Any questions or concerns will be addressed at that time.</p> <p>Monitor:</p> <p>1. Facility Nurse will maintain on-going communication with Resident Assistants regarding liquid narcotics procedures to ensure facility procedures are being followed and questions are addressed.</p> <p>Completion:</p> <p>1. Policy and Procedure will be handed out between 7/14/23 and 7/17/23 to all Residential Assistants. This Policy has been integrated into all Policy and Procedure manuals.</p> <p>2. Over the period of one-week 7/17/23 to 7/21/23 The Facility Nurse will meet with Residential Assistants individually to assure they all understand the new Policy.</p> | <p>7/14/23</p> <p>7/14/23 - 7/17/23</p> <p>7/17/23 - 7/21/23</p> <p>on-going</p> <p>Tag R160 Accepted on 8/25/23 - M. McIntosh</p> |

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| R160 | <p>Continued From page 4</p> <p>comprehensive policy and procedure for unlicensed staff who were delegated the responsibility for drawing up liquid narcotics and controlled drugs from bottles by use of a syringe and the administration, handling, and accounting of liquid based narcotic and other controlled drugs. Findings include:</p> <p>Per observation of the medication cart at 12:00 PM, the narcotic box contained a bottle of liquid Lorazepam (antianxiety/sedative) and Hydromorphone (narcotic analgesic). The Medication Technician (MT) reviewed the process for administering liquid narcotics. The MT indicated liquid narcotics are drawn up with a syringe from the medication bottle by the MT, or person administering the medication. The narcotic log book is to be documented each time either drug are administered. A narcotic/controlled drug count for Hydromorphone and/or Lorazepam is performed with each change of shift with the oncoming MT or nurse assuming the medication cart.</p> <p>At 12:10 PM the MT confirmed the narcotic log book documented the liquid Lorazepam at 119 mls. However, the bottle of Lorazepam within the lock box has a total capacity of 30 ml. At the time of observation, the MT explained the facility received 4 bottles from the pharmacy each bottle containing 30 ml, the MT noted the 3 other bottles are stored in a locked refrigerator in the medication room. The narcotic log book accounts for the bottle in the cart, and the 3 bottles of Lorazepam stored in the refrigerator of the medication room.</p> <p>Per review of the Facility Policy and Procedures of Medication Management the policy does not include procedures for the proper handling,</p> | R160 | | |

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| R160 | Continued From page 5 dispensing and accounting of liquid narcotic or controlled medications stored in an alternate location. Per interview on 6/20/23 at 4:15 PM the LPN, confirmed the policy and procedures does not include expectations for proper handling, dispensing and accounting of liquid narcotics or alternate storage locations of narcotics. The LPN confirmed the medication cart only contains 1 of the 4 bottles received from the pharmacy, and the narcotic book accounts for the total of milliliters of medication dispensed per prescription. The LPN confirmed the remaining 3 bottles are stored in the locked refrigerator of the medication room and the bottles are to be observed each shift to ensure the tamper seal is intact. | R160 | |
| R161 SS=E | V. RESIDENT CARE AND HOME SERVICES 5.10 Medication Management 5.10.b The manager of the home is responsible for ensuring that all medications are handled according to the home's policies and that designated staff are fully trained in the policies and procedures. This REQUIREMENT is not met as evidenced by: Based on observation, staff interview and record review the Manager and nursing failed to ensure Medication Management policy and procedures were followed by medication trained staff. Findings include: Per observation and record review of the medication narcotic/controlled drug log book at | R161 | |

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| R161 | <p>Continued From page 6</p> <p>12:15 PM on 6/20/23, the narcotic count was noted to be incorrect for two medications. Resident #1 has an order for Lorazepam 2 mg/ml, Give 0.5 ml 7 times daily by mouth. Per the MAR the medication was administered at 8:38 AM. The narcotic log/controlled drug book recorded the medication measurement of 119 ml, the measurement was inaccurate. Upon review, the narcotic/controlled drug log book was not documented in to account for the administration of the medication at 8:38 AM.</p> <p>Resident #2 has a physician order for Diazepam 5 mg, take half a tablet (2.5 mg) by mouth twice daily. Per the medication administration record (MAR) the medication was administered at 7:11 AM. The narcotic/controlled log book, recorded the medication count to be 23 half tablets of Diazepam, the medication card contained 22 half tablets. Staff failed to document in the log book the administration at of 2.5 mg of Diazepam at 7:11 AM.</p> <p>Per record review of the ALR Policy and Procedures of Medication Management, the policy states " A separate book will be maintained to document the administration of narcotics immediately when poured."</p> <p>The Medication Tech at 12:15 PM confirmed the administrations of Diazepam and Lorazepam were not recorded at time of the administration. The MT acknowledged the policy and procedure for documenting narcotics at time of administration.</p> | R161 | <p>R161 Narcotic count was noted to be incorrect for two medications.</p> <p>Action to correct deficiency:</p> <p>1. The staff member involved with the incorrect medication count was immediately counseled and re-educated, after survey, on the Policy and Procedure of recording administration of narcotics immediately when poured and administered. 6/20/23</p> <p>2. Twenty days later the Resident Assistant involved had a meeting with the Nurse Manager to follow up on the Policy and Procedure again. R.A verbalizes understanding and knows to record administration of narcotics immediately when poured and administered. 7/10/23</p> <p>3. A mandatory care staff meeting was held to go over the correct procedure regarding documentation in the new narcotic books. 6/27/23</p> <p>Measure:</p> <p>1. Controlled Drug Policy and Procedure has been updated and distributed to the Resident Assistants. Sign copies will be on file. 7/14/23</p> <p>Monitor:</p> <p>1. Facility Nurses will monitor the narcotic books weekly to assure narcotic books are correct. 6/27/23</p> <p>Completion:</p> <p>1. Weekly monitoring of narcotic books began on 6/27/23.</p> <p>2. A mandatory meeting was held on 6/27/23 to go over the correct procedures.</p> <p>3. Controlled Drug Policy and Procedures updated on 7/14/23.</p> <p style="text-align: right; font-weight: bold;">Tag R161 Accepted on 8/25/23 - M. McIntosh</p> |
| R304: X. PETS SS=E | | R304 | |

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| R304 | Continued From page 7 10.1 Pets may visit the home providing the following conditions are met: 10.1.a The pet owner must provide evidence of current vaccinations. This REQUIREMENT is not met as evidenced by: Based on staff interview and record review, there was a failure to ensure all pets living in the ALR were current with vaccinations. Findings include: Four residents at the ALR have cats living with them. Per request of documentation to confirm the pets were up to date with vaccinations noted 2 of the 4 cats were overdue for vaccinations, noting one cat had not received required vaccinations since 9/19/2017. A second cat was overdue for 1 vaccination which was due on 12/21/22. The facility Administer acknowledged on the afternoon of 6/20/22 there was a failure to monitor the pets for required vaccinations and emergent veterinary appointments would be made. | R304 | R304 Failure to obtain vaccinations for 2 out 4 pets. Action to correct deficiency: 1. Families were contacted to get pets necessary vaccinations in order to come into compliance with maintaining care records for the two cats found to have overdue records. 2. Family members made appointments with their veterinarians. Measure: 1. The Administrative Assistant/ Receptionist will obtain cat vaccinations records as part of the admission process and will assist in obtaining yearly record updates. Monitor: 1. The Administrative Assistant/Receptionist will keep a reminder calendar of when the family needs to renew residents' cats' vaccinations in the Outlook calendar. Completion: 1. Cat #1 was vaccinated within the first week of the survey. 2. Cat #2 has a scheduled appointment on 7/16/23. | 6/20/23 6/21/23, 7/16/23 6/21/23 6/21/23 |

Tag R304 Accepted on 8/25/23 - M. McIntosh