

DEPARTMENT OF DISABILITIES, AGING AND INDEPENDENT LIVING

Division of Licensing and Protection HC 2 South, 280 State Drive Waterbury, VT 05671-2060 http://www.dail.vermont.gov

Survey and Certification Voice/TTY (802) 241-0480 Survey and Certification Fax (802) 241-0343

Survey and Certification Reporting Line: (888) 700-5330

To Report Adult Abuse: (800) 564-1612

March 4, 2024

Valerie Cote, Manager Allen Harbor Senior Living 90 Allen Road South Burlington, VT 05403-7856

Dear Ms. Cote:

Enclosed is a copy of your acceptable plans of correction for the survey conducted on **January 16**, **2024**. Please post this document in a prominent place in your facility.

We may follow up to verify that substantial compliance has been achieved and maintained. If we find that your facility has failed to achieve or maintain substantial compliance, remedies may be imposed.

If you have any questions, please feel free to contact me at (802) 585-0995.

Sincerely,

Carolyn Scott, LMHC, MS
State Long Term Care Manager

Division of Licensing & Protection

Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: B. WING. 0372 01/16/2024 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 90 ALLEN ROAD ALLEN HARBOR SENIOR LIVING SOUTH BURLINGTON, VT 05403 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5)(EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE TAG DEFICIENCY) The filing of this plan of correction does not R100 Initial Comments: R100 constitute an admission of the allegations set forth in this statement of deficiencies. This plan On 1/16/24 the Division of Licensing conducted of correction is prepared and executed as an unannounced on-site relicensure survey and evidence of the facility's continued compliance investigation of 2 facility reported incidents and 2 with applicable law. complaints. The Following regulatory deficiencies were identified: R128 V. RESIDENT CARE AND HOME SERVICES R128 SS=D 5.5 General Care 5.5.c Each resident's medication, treatment, and Resident #2s medications are being 2/23/24 dietary services shall be consistent with the administered per the Medication Administration physician's orders. policy. An updated policy is now available that includes This REQUIREMENT is not met as evidenced instructions on obtaining meds if the preferred pharmacy cannot obtain the medications as Based on staff interview and record review there ordered. was a failure to administer medications as ordered for 1 applicable resident (Resident #2). In-servicing will occur with all med techs and Findings include: nurses re: the medication administration policy, focusing on documenting medications and The facility's Medication Program Policy effective reasons if not given, as well as having 2/13/23 states. "The Community will assure medications available per the policy. compliance with State Law and Regulations.". The facility's procedure for Medication Ordering A housewide audit will occur of all medication and Packaging states, "All medication s including orders to ensure all meds are available per the PRNs shall be re-ordered when there is a 5 day medication administration policy. Random supply left."; however a procedure for ordering audits will occur weekly times 4 and then medications when they are not available through monthly times 2 to check for meds available. the facility's preferred pharmacy is not included in Random audits of medication documentation the facility's Medication Program policies and will also be done weekly times 4 and then procedures. monthly times 2 to ensure appropriate documentation is occuring per the medication 1. Per review of the January 2024 Medication administration policy. Results of these audits Administration Record (MAR), as of 1/16/24 will be brought to the QA committee for review. Resident #2's Ammonium Lactate 12% Lotion prescribed topically twice daily is initialed by staff Division of Licensing and Protection

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

STATE FORM

If continuation sheet 1 of 21

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These findings were confirmed by the LPN on

Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: С B. WING 0372 01/16/2024 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 90 ALLEN ROAD ALLEN HARBOR SENIOR LIVING SOUTH BURLINGTON, VT 05403 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX COMPLETE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE DATE DEFICIENCY) R128 Continued From page 2 R128 duty and the Wellness Nurse on the afternoon of R128 Plan of Correction 1/16/24. accepted by Jo A Evans RN on 3/3/24 In conclusion this deficient practice is a potential risk for more than minimal harm for all facility residents due to medication errors including missed medications, medication not maintained in stock, inaccurate documentation when medication is not taken, and self-administration by residents incapable of managing this task. R136 V. RESIDENT CARE AND HOME SERVICES R136 SS=D 5.7. Assessment Resident #2s significant change assessment has 5.7.c Each resident shall also be reassessed been re-done and verified for accuracy. 2/23/24 annually and at any point in which there is a change in the resident's physical or mental In-servicing will occur with the Wellness condition. Director and nurses re: the significant change/change in condition policy for assessments and accuracy of assessments. A housewide audit will occur on all Residents to This REQUIREMENT is not met as evidenced ensure they have a change of condition/significant change assessment on file Based on staff interview and record review there per policy as indicated. The assessments will be was a failure to complete a significant change audited for accuracy as well. Random audits assessment in a timely manner, and to ensure will occur weekly times 4 and then monthly the accuracy of a Resident Assessment for one times 2 of change of condition/significant applicable resident (Resident #2) who change assessments. Results of these audits will experienced a decline in physical health. Findings be brought to the QA committee for review. include: The facility's Assessment/Service Plan policy and procedures effective 2/13/23 states, "A comprehensive Assessment will be conducted at least every 6 months or more frequently if

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required by the specific State, and with any

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Assessment Form includes an additional section P. Focus/Goals/Interventions, which is not

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when fatigued", and stated Resident #2 is "able to evacuate independently during an emergency."

3. The Other Providers/Services section of the

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This REQUIREMENT is not met as evidenced

Based on staff interview and record review there

was a failure to develop a written plan of care

describing the care and services required to

maintain the well-being of one applicable

performed to ensure the care plan is accurate. A housewide audit of necessary medications will

be performed to ensure they are care planned per policy. Random audits will then occur

weekly times 4 and monthly times 2 of both of

these items. Results of these audits will be

brought to the QA committee for review.

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assistance for uncontrolled bleeding. Resident

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING:		(X3) DATE SURVEY COMPLETED	
			A. BUILDING			•
		0372	B. WING		C 01/16/2024	
NAME OF P	ROVIDER OR SUPPLIER	STREET ADD	RESS, CITY, ST	ATE, ZIP CODE		
ALLENIA	ARBOR SENIOR LIVING	90 ALLEN	ROAD			
ALLENTA	ARBOR SENIOR LIVING	SOUTH BU	JRLINGTON,	VT 05403		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)	SHOULD BE COMPLETE	
R145	Continued From page	7	R145			
	#2's plan of care also does not address indications for use of Epinephrine injection for bee stings, instructions and precautions for use of Epinephine injections including ensuring the resident is seated or lying down during and after the injection, and the importance of calling 911 immediately following an epinephrine injection due to risk of second anaphylactic reaction when the medication wears of approximately 30 minutes after administration.			R145 Plan of Correction accepted by Jo A Evans R on 3/3/24	N	
	On the afternoon of 1/16/24 the Executive Director and Director of Nursing acknowledged Resident #2's Plan of Care does not include care and services required to maintain his/her well-being.					
		cient practice is a risk for rm to all residents resulting lents needs and				
R162 SS=E	V. RESIDENT CARE A	AND HOME SERVICES	R162			
	5.10 Medication Management			Resident #2s medications all have supp dxs now. Resident #3s medication order signed by the physician.		2/23/24
	medication, prescription medications for which written, signed order a problem statement in the This REQUIREMENT by: Based on staff interviewas a failure to ensuremedications prescribed	there is not a physician's nd supporting diagnosis or he resident's record. is not met as evidenced w and record review there		In-servicing will occur with all nurses a techs re: the medication administration focusing on MD signatures and support A housewide audit of medications has be done to ensure all orders are signed by and that all orders have supporting day policy. Random audits will occur week 4 and then monthly times 2. Results of audits will be brought to the QA committee the co	policy ing dxs. been the MD per cly times these	

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c. Methocarbamide 750 mg tablet 1 tablet by mouth 4 times daily as needed for muscle spasms. This medication order is not listed in the most recent prescriber's orders dated 5/2/23, and

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R167

The Wellness Nurse confirmed these findings at approximately 1:15 PM on 1/16/24.

In conclusion these deficient practices are a potential risk for more than minimal harm to all facility residents due to risk of medication errors.

R167 V. RESIDENT CARE AND HOME SERVICES

- 5.10 Medication Management
- 5.10.d If a resident requires medication administration, unlicensed staff may administer medications under the following conditions:
- (5) Staff other than a nurse may administer PRN psychoactive medications only when the home has a written plan for the use of the PRN medication which: describes the specific behaviors the medication is intended to correct or address; specifies the circumstances that indicate the use of the medication; educates the staff about what desired effects or undesired side effects the staff must monitor for; and documents

Resident #2 did not receive any doses of the PRN psychoactives medications on order at the time of this site visit.

In-servicing to occur with all nurses and med techs on the PRN psychoactive regulation and updated policy regarding documentation and education.

A housewide audit will occur to ensure all Residents who are prescribed PRN psychoactive meds have a written plan in place per the regulation and policy. Random audits will occur weekly times 4 and monthly times 2 of these audits. Results of these audits will be brought to the QA committee for review.

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request.

medications were not provided for review on

In conclusion this deficient practice is a potential risk for more than minimal harm for all facility residents due to administration of PRN

psychoactive medications without monitoring the medication's effect, and potential medication

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- Resident rights;
- (2) Fire safety and emergency evacuation;
- (3) Resident emergency response procedures, such as the Heimlich maneuver, accidents, police or ambulance contact and first aid;
- (4) Policies and procedures regarding mandatory reports of abuse, neglect and exploitation;
- (5) Respectful and effective interaction with residents;
- (6) Infection control measures, including but not limited to, handwashing, handling of linens, maintaining clean environments, blood borne pathogens and universal precautions; and
- (7) General supervision and care of residents.

This REQUIREMENT is not met as evidenced by:
Based on staff interview and record review there was a failure to ensure completion of the required trainings by 2 out of 5 sampled staff. Findings

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include:

agency competencies/trainings policy.

Random audits will occur weekly times 4 and

then monthly times 2 of agency files to ensure

they have completed the mandatory trainings.

Results of these audits will be brought to the

OA commmittee for review.

Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: B. WING 0372 01/16/2024 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 90 ALLEN ROAD ALLEN HARBOR SENIOR LIVING SOUTH BURLINGTON, VT 05403 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID ID (X5) (EACH DEFICIENCY MUST BE PRECEDED BY FULL COMPLETE PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG DEFICIENCY) R179 Continued From page 12 R179 Per review of facility policies and procedures proved by the Regional Executive Director on request, a document from the online training company the facility contracts with to provide staff compliance training was provided for review. This information states, "General staff compliance trainings should be selected to ensure the organization meets OSHA and other regulatory requirements.", and further states the online training company, "does not make any guarantee that such courses will be accepted by the accrediting body(ies)." The online training company information provided for review includes: 1. A link to the current Vermont Residential Care Home Licensing Regulations, which outlines regulations Vermont Assisted Living Facilities must follow in addition to the Vermont Assisted Living Residence Regulations. 2. Regulation 5.11.b which states, "The home must ensure that staff demonstrate competency in the skills and techniques they are expected to perform before providing any direct care to residents" and "There must be at least twelve (12) hours of training each year for each staff person providing direct care to residents. The training must include, but it not limited to, the following:" 3. Suggested courses offered by the online training company related to required trainings. On the morning of 1/16/24 the Executive Director was requested to provide documentation of the required trainings completed by a sample of 5

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facility staff. Per review of the documentation

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5.12.b.(4)

SS=F

to residents.

The results of the criminal record and adult abuse registry checks for all staff.

R190 V. RESIDENT CARE AND HOME SERVICES

In conclusion this deficient practice is a potential risk for more than minimal harm to all facility resident due to failure to ensure all staff are competent in the skills and techniques they are expected to perform before providing direct care

This REQUIREMENT is not met as evidenced by:

Based on staff interview and record review there

was a failure to ensure criminal background and

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R190

facility.

the policy.

The 2 staff members noted in this deficiency were contracted and no longer come to the

In-servicing will occur with the Wellness

Director, nurse manager and charge nurses on background check needs for contracted staff per

2/23/24

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5.12

residents as the background checks are intended

to prevent harm to residents.

R191 V. RESIDENT CARE AND HOME SERVICES

Records/Reports

SS=D

R191

See next page

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5.12.c. (5) A written report of any reports or incidents of abuse, neglect or exploitation

reported to the licensing agency.

Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: C B. WING 0372 01/16/2024 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 90 ALLEN ROAD ALLEN HARBOR SENIOR LIVING SOUTH BURLINGTON, VT 05403 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) DATE CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) R191 Continued From page 16 R191 5.12.c. (6) A written report of resident injury or death following the use of mechanical or chemical restraint. This REQUIREMENT is not met as evidenced Based on staff interview and record review there was a failure to report the exploitation of one applicable resident (Resident #1) to the Division of Licensing and Protection as required. Findings include: The facility's policy and procedures related to abuse, neglect, and exploitation effective 2/15/20 states, "The Community will have a system in place to monitor for abuse, neglect, and exploitation of Residents and for reporting any type of abuse, neglect, and/or exploitation.", and defines Exploitation as "Misuse of a Resident's property (belongings, money, medication), or the intentional taking advantage of a Resident's physical or financial resources.". The facility's procedure for reporting Abuse, Neglect, and Exploitation states, "Employees will receive training during orientation and no less than annually in the detection, prevention, reporting, and documentation of abuse, neglect, and exploitation. Training will include a review of the consequences of abuse, neglect, and exploitation as well as failure to immediately report." Resident #1 was admitted to the home on 1/28/21. Per record review, on 4/13/23 Resident #1's Durable Power of Attorney notified the facility approximately \$750 in fraudulent charges were made on Resident #1's credit card between

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4/9/21- 4/12/21. Resident #1's credit card was

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING:		(X3) DATE SURVEY COMPLETED		
		0372	B. WING		C 01/16/2024			
NAME OF P	ROVIDER OR SUPPLIER			DRESS, CITY, STATE, ZIP CODE				
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPR DEFICIENCY)	BE COMPLE	TE		
R191	stored in his/her apartment. Per record review Resident #1 was transported to the hospital at 4:40 AM on 4/10/21 following a fall, and was diagnosed with rib fractures and a collapsed lung requiring critical care during the time many of the fraudulent charges were made to his/her credit card. During an interview commencing at 11:52 AM on 1/16/24 the Wellness Nurse confirmed the facility failed to report the exploitation of Resident #1 to the licensing agency. In conclusion this deficient practice is a risk for more than minimal harm to all facility residents due to the failure to report abuse, neglect, and /or exploitation to the licensing agency to ensure the protection and rights of the residents. Please refer to tag 224.		R191	R191 Plan of Correction accepted by Jo A Evans RN on 3/3/24.				
R200 SS=F	5.15 Policies and Pro Each home must have procedures that gover the home. A copy sha for review upon reque This REQUIREMENT by: Based on staff intervie is a failure to develop procedures for the admediations including t	e written policies and re all services provided by le be available at the home st. is not met as evidenced ew and record review there written policies and ninistration of psychoactive the administration of PRN etive medications by staff	R200	The medication administration policy hapdated to include the regulations surrowritten plan for the use of PRN psychomedications. In-servicing will occur with all nurses a techs re: this new policy.	ounding a 2/23/24			

Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: С B. WING 0372 01/16/2024 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 90 ALLEN ROAD ALLEN HARBOR SENIOR LIVING SOUTH BURLINGTON, VT 05403 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG DEFICIENCY) R200 Continued From page 18 R200 R200 Plan of Correction accepted by Jo A Evans RN On the morning of 1/16/24 the Regional on 3/3/24. Executive Director was requested to provide access to a copy of facility policies and procedures for review. A binder provided for review in response to this request did not include policies and procedures related to the administration of psychoactive medications including a written policy for the administration of PRN (as needed) psychoactive medications as required per section 5.10 Medication Management regulation 5.10.d (5) of the Vermont Residential Care Home Licensing Regulations. On the morning of 1/16/24 the Wellness Director confirmed PRN psychoactive medications are administered by facility staff, however the required written plans for the administration of PRN psychoactive medications by staff other than a nurse were not provided on request. Per follow-up discussion and review of email communication with the Regional Executive Director on the afternoon of 1/24/24 policies and procedures for the administration of psychoactive medications including, but not limited to, administration of PRN psychoactive medications by staff other than nursing had not been developed by the organization that manages the facility. In conclusion this deficient practice is a potential risk for more than minimal harm for all facility residents due to failure to provide accessible information and clear instructions related to tasks staff are required to perform. Please refer to tag 167.

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This REQUIREMENT is not met as evidenced by:

Based on staff interview and record review there was a failure to ensure one applicable resident (Resident #1) remained free of exploitation related to identity theft and theft of personal property. Findings include:

The facility's Abuse, Neglect, and Exploitation policy effective 2/15/20 defines Exploitation as "Misuse of a Resident's property (belongings, money, medication), or the intentional taking advantage of a Resident's physical or financial resources."

Per record review Resident #1's credit card was stored his/her apartment. On 4/13/21 Resident #1's Durable Power of Attorney (DPOA) discovered fraudulent charges were made on Resident #1's credit card totaling approximately \$750.00 between 4/9/21 and 4/12/21. The DPOA reported this finding to the facility and to the police department on 4/13/21. Per review of information provided to the licensing agency on 4/28/21 on request, the fraudulent charges were for the purchase of items Resident #1 would not typically wear and food purchases from restaurants, and Resident #1 did not receive the items purchased. Additionally, Resident #1 was transported to the hospital at 4:40 AM on 4/10/21

Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION DENTIFICATION NUMBER: COMPLETED A. BUILDING: B. WING 0372 01/16/2024 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 90 ALLEN ROAD ALLEN HARBOR SENIOR LIVING SOUTH BURLINGTON, VT 05403 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5) (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE COMPLETE PREFIX PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG DEFICIENCY) R224 Continued From page 20 R224 R224 Plan of Correction following a fall during which s/he sustained rib accepted by Jo A Evans RN fractures with subsequent lung collapse requiring on 3/3/24. critical care, rendering Resident #1 physically unable to make the fraudulent credit card charges. Resident #1 was hospitalized from 4/10/21 until 4/29/21 when s/he was discharged to a skilled nursing facility. Per interview with the facility's Wellness Nurse commencing at 11:52 AM on 1/16/24, during the investigation it was discovered food purchased on Resident #1's credit card was delivered to the hotel room of a contracted agency employee working at the facility, and additional facility staff were identified as parties of interest in the incident. The facility responded by terminating employment of the staff responsible for fraudulent credit card charges. During the interview commencing at 11:52 AM on 1/16/24 the Wellness Nurse confirmed fraudulent charges were made to Resident #1's card, and confirmed items purchased with Resident #1's credit card were received by contracted staff employed by the facility. In conclusion Resident #1 experienced actual harm by exploitation as evidenced by the confirmed theft of approximately \$750.00 by a staff member through the use of Resident's #1's credit card to make fraudulent charges. Please refer to tag 191