

## DEPARTMENT OF DISABILITIES, AGING AND INDEPENDENT LIVING

Division of Licensing and Protection HC 2 South, 280 State Drive Waterbury, VT 05671-2060 http://www.dail.vermont.gov

Survey and Certification Voice/TTY (802) 241-0480

Survey and Certification Fax (802) 241-0343

Survey and Certification Reporting Line: (888) 700-5330 To Report Adult Abuse: (800) 564-1612

March 13, 2019

Mr. Dale Robb, Manager Serenity House Po Box 207 Wallingford, VT 05773-0207

Dear Mr. Robb:

Enclosed is a copy of your acceptable plans of correction for the survey conducted on **February 19, 2019.** Please post this document in a prominent place in your facility.

We may follow-up to verify that substantial compliance has been achieved and maintained. If we find that your facility has failed to achieve or maintain substantial compliance, remedies may be imposed.

Sincerely,

Pamela M. Cota, RN Licensing Chief

imlaMOtaPN

| Division of Licensing and F   | rotection  |  |  |                               |  |  |  |
|---|--|--|--|-------------------------------|--|--|--|
| STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/C AND PLAN OF CORRECTION IDENTIFICATION NUMBER |  | (X2) MULTIPLE CONSTRUCTION  A. BUILDING: |  | (X3) DATE SURVEY<br>COMPLETED |  |  |  |
|   | over to a series   |  |  | С                             |  |  |  |
|   | 0524   | B. WING                                  |  | 02/19/2019                    |  |  |  |
| NAME OF PROVIDER OR SUPPLIE   | R STREET A   | DORESS, CITY, S                          | STATE, ZIP CODE  |                               |  |  |  |
| SERENITY HOUSE  | SERENITY HOUSE   |  |  |                               |  |  |  |
|   |  | GFORD, VT 0                              |  |                               |  |  |  |
| PREFIX (EACH DEFICIEN   | TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LEC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG                      | PROVIDER'S PLAN OF CORR<br>(EACH CORRECTIVE ACTION SI<br>CROSS-REFERENCED TO THE AF<br>DEFICIENCY) | HOULD BE COMPLETE             |  |  |  |
| T 001 Initial Comments  |  | T 001                                    | Please see a   | Hached                        |  |  |  |
| complaint investion of Licens The following reg   | on-site relicensing survey and a<br>gation was conducted by the<br>ing and Protection on 2/19/19,<br>ulatory deficiencies were<br>sult of the survey:  |  | Please see a<br>Plan of Con  | rection.                      |  |  |  |
| T 036 V.5.8.b Resident SS=D   | Care and Services  | T 036                                    |  |                               |  |  |  |
| 5.8 Medication N  | lanagement   |  |  |                               |  |  |  |
| responsible for er<br>handled accordin<br>that designated s<br>policies and proce               | er of the residence is<br>asuring that all medications are<br>g to the residence's policies and<br>taff are fully trained in the<br>edures. The manager shall<br>edications and drugs are used | !  |  |                               |  |  |  |
| only as prescribe<br>properly labeled a<br>all times or, when                                   | d by the resident's physician, and kept in a locked cabinet at a program of self-medication is e safely secured.   |  |  |                               |  |  |  |
| by:<br>Based on observation facility manager for insulin is handled manufacturers re-           | ENT is not met as evidenced ation and staff interview, the ailed to ensure that injectable and stored according to commendations for 1 applicable t#1). The findings include the               |  |  |                               |  |  |  |
| physician order for<br>subcutaneous (St<br>Insulin 6 units SC<br>scale directions.              | d review for Resident #1, has a relative Insulin 15 units C) at bed time and Novolog with meals and per sliding the medications cart, Resident   |  |  |                               |  |  |  |
| #1 has Insulin Pe<br>Division of Licensing and Protection                                       | ns (Lantus and Novolog) in use.  | · · · · · · · · · · · · · · · · · · ·    |  |                               |  |  |  |
| ABORATORY DIRECTOR'S OR PROV  | DER/SUPPLIER REPRESENTATIVE'S SK   | SNATURE C :                              | TITLE  | (X6) DATE                     |  |  |  |

| Division of Licensing and Pro   | DIECTION  |                     | ***  |                               |  |  |
|---|---|---------------------|--|-------------------------------|--|--|
| STATEMENT OF DEFICIENCIES<br>AND PLAN OF CORRECTION   | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  | į.                  | E CONSTRUCTION   | (X3) DATE SURVEY<br>COMPLETED |  |  |
|   | 0524  | B. WING             |  | C<br>02/19/2019               |  |  |
| NAME OF PROVIDER OR SUPPLIER  | STREET AL   | ORESS CITY S        | TATE, ZIP CODE   |                               |  |  |
| ODDENIE NO NO DE  | PO BOY 207  |                     |  |                               |  |  |
| SERENITY HOUSE  |   | FORD, VT 0          | 5773   |                               |  |  |
| PREFIX (EACH DEFICIENC)   | NTEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRECTIVE (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRODEFICIENCY) | DBE COMPLETE                  |  |  |
| T 036. Continued From pa  | ige 1   | T <b>0</b> 36       |  |                               |  |  |
| One of the insulin pidentifies the insulin days. There is a specified insulin pen was had no sticker nor when the insulin was identifies that both discarded after 28 c should be stored at Confirmation was made (RN) on 2/19/19 at pens are in use, storoom temperature at pens were put in use T 052 V.5.9.b.1.2.3.4.5.6.7 | vens has a sticker that in is to be discarded after 28 pace to enter the date when put in use. The second pen was there any identification is put in use. Manufacturer types of insulin should be days of use, and once open room temperature.  The Registered Nurse 3:10 PM, that both insulin ored in the medication cart at and do not identify when the | Т 052               |  |                               |  |  |
| demonstrate competechniques they are providing any direct be at least twelve (1 for each staff person residents. The trainilimited to, the follow (1) Resident rights; (2) Fire safety and (3) Resident emergisuch as the Heimlick or ambulance contributions.  | emergency evacuation;<br>ency response procedures,<br>n maneuver, accidents, police<br>tact and first aid;  |                     |  |                               |  |  |
| (4) Policies and pro  | cedures regarding mandatory   |                     |  | ,                             |  |  |

| STATEMENT OF DEFICIENCIES<br>AND PLAN OF CORRECTION |  | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:   | (X2) MULTIPLE CONSTRUCTION  A. BUILDING:   |  | (X3) DATE SURVEY COMPLETED C |                         |
|---|--|---|--|--|------------------------------|-------------------------|
|   |  | 0524  | B. WING  |  | 02/                          | 02/19/2019              |
| IAME OF F   | PROVIDER OR SUPPLIER   | STREETA   | DDRESS, CITY, S  | TATE, ZIP CODÉ   |                              |                         |
| ·   |  | PO BOX  | 207  |  |                              |                         |
| SEKENII   | Y HOUSE  | WALLIN  | GFORD, VT 0  | 5773   |                              |                         |
| (X4) ID<br>PREFIX<br>TAG                            | (EACH DEFICIENCY   | TEMENT OF DEFICIENCIES  MUST BE PRECEDED BY FULL  SC IDENTIFYING INFORMATION)   | ID<br>PREFIX<br>TAG  | PROVIDER'S PLAN OF CO<br>(EACH CORRECTIVE ACTION<br>CROSS-REFERENCED TO THE<br>DEFICIENCY) | I SHOULD BE                  | (X5)<br>COMPLET<br>DATE |
| T 052   | Continued From pa  | ge 2  | T 052  |  |                              |                         |
|   | reports of abuse, no   | eglect and exploitation;  | i  |  |                              |                         |
|   | (5) Respectful and residents;  | effective interaction with  |  |  |                              |                         |
|   | limited to, hand was<br>maintaining cle  | ol measures, including but not<br>shing, handling of linens,<br>can environments, blood bome<br>versal precautions; and   |  |  |                              |                         |
|   | (7) General superv   | vision and care of residents  |  |  |                              |                         |
|   | by:  | NT is not met as evidenced  |  |  |                              |                         |
|   | review, the facility f<br>employees have ha<br>hire in the areas of<br>Abuse/Neglect/Exp | loitation and Infection Control<br>, #3, and #4). The findings  | To control the second s |  |                              |                         |
|   |  | uirement was previously cited ducted in 2016 and 2017.  |  |  |                              |                         |
|   | 2/19/19 at approximate that the followeducated or update                                 | he Clinical Supervisor on<br>nately 3:25 PM confirmation is<br>wing employees have not bee<br>ed on either policy or regulator<br>r dates of hire. The findings<br>g: | <b>n</b> ,   |  |                              |                         |
|   | Maintenance Direc<br>Dietary Departmen   | nitially hired on 2/21/05 as the tor and currently works in the t, and has not been orientation in 2005, some 14  |  |  |                              |                         |
|   | Employee #2 who initially hired on 8/5   | s a Registered Nurse was  |  |  |                              |                         |

| Division of                          | of Licensing and Pro  | tection  | ~~~~   |   |  |  |  |  |
|--------------------------------------|---|--|--|---|--|--|--|--|
|                                      |   | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER   | (X2) MULTIPLE CONSTRUCTION A. BUILDING:  |   | (X3) DATE SURVEY<br>COMPLETED  |  |  |  |
|                                      |   | 0524   | B. WING  |   | C<br>02/19/2019  |  |  |  |
| NAME OF PI                           | ROVIDER OR SUPPLIER   | STREET AD  | DRESS, CITY, S   | TATE, ZIP CODE  |  |  |  |  |
| SEDEMIN                              | PO POY 207  |  |  |   |  |  |  |  |
| SERENITY HOUSE WALLINGFORD, VT 05773 |   |  |  |   |  |  |  |  |
| (X4) ID<br>PREFIX<br>TAG             | (EACH DEFICIENCY  | TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG  | PROVIDER'S PLAN DE CORRECTI<br>(EACH CORRECTIVE ACTION SHOU<br>CROSS-REFERÊNCED TO THE APPRO<br>DEFICIENCY) | LD BE COMPLETE   |  |  |  |
| T 052                                | Continued From pa   | ge 3   | T 052  |   |  |  |  |  |
|                                      | re-educated since o<br>years ago;   | rientation in 2013, some 6   | anja e eneman  |   |  |  |  |  |
|                                      | initially hired on 5/1  | a Registered Nurse was<br>7/11, and has not been<br>rientation in 2011, some 8   | recompletely and a company of the second   |   |  |  |  |  |
| \$ .                                 | initially hired on 12/2   | s a Registered Nurse was<br>2/16, and has not been<br>rientation in 2016, some 3   | e de la companya de l |   |  |  |  |  |
|                                      | is unable to locate a   | me of the interview, that s/he<br>my evidence that the four (4)<br>I have been updated or  | Annual and of the second secon |   |  |  |  |  |
| T 146  <br>SS=F                      | IX.9.1.a Physical Pla   | ant  | T 146  |   |  |  |  |  |
|                                      | 9.1 Environment   |  |  |   |  |  |  |  |
| \$                                   |   | e must provide and maintain a itary, homelike and ment.  | ned good security and the security of the security of  |   |  |  |  |  |
|                                      |   |  | MARKATATATATATATATATATATATATATATATATATATA  |   |  |  |  |  |
|                                      | This REQUIREMEN   | T is not met as evidenced  | We have the  |   | and the control of th |  |  |  |
| £<br>i<br>t                          | Based on observation terview the facility used for cooking in trisible grease and g | on and confirmed by staff<br>failed to ensure that the stove<br>he main kitchen is free from<br>rime and that the three (3)<br>ained in a safe, sanitary and | #  |   |  |  |  |  |

| Division   | of Licensing and Pro   | tection   |  |   |  |  |
|--|--|---|--|---|--|--|
|  |  | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:   | (X2) MULTIPLE CONSTRUCTION A BUILDING  |   | (X3) DATE SURVEY<br>COMPLETED  |  |
|  |  | 0524  | B. WING  |   | C<br>02/19/2019  |  |
| NAME OF F  | PROVIDER OR SUPPLIER   | STREET AS   | DORESS, CITY, S  | TATE ZIR CODE   |  |  |
|  |  | PO BOX  | •  | IATE, EIF CODE  |  |  |
| SERENIT  | YHOUSE   |   | SFORD, VT 0:   | 5773  |  |  |
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| T 146  | Continued From pa  | ģe 4  | T 146  |   |  |  |
|  | homelike environme<br>following:   | ent. The findings include the   |  |   |  |  |
| *  | Supervisor on 2/19/  | e presence of the Clinical<br>19 at approximately 10:30 AM<br>of concern were identified:   |  | •   | · · · · · · · · · · · · · · · · · · ·  |  |
|  | stove to have visible<br>of the hood, the pip<br>wall in the back of the | evidenced the main cook<br>e dust and grime on the grates<br>ing along the hood and the<br>he stove, all of which could<br>ing, especially with the |  |   |  |  |
| Charles - Spirit and S | identified dirty, stair<br>numerous areas of                             | rooms on both floors led shower curtains and the walls and cove base in bathroom was found to have cover.   |  |   | is the standing prime on the factors of the control |  |
|  | the tour that the abo  | nade by the Supervisor during ove identified areas need and/or replacement).  |  |   | · .  |  |
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Plan of Correction resulting from Division of Licensing and Protection re-licensing Survey 2/19/2019

## T 036 V.5.8.b Resident Care and Services T 036 SS=D 5.8 Medication Management

Recovery House Inc. has implemented protocol for the handling of insulin pens after consultation with both our local prescribing pharmacy and Vt. Medicaid. At this point in time Recovery House will accept a client report for the date of first use of any insulin pen brought to Serenity House already in use. Serenity House will use the client provided date of first use and will so label any insulin pens. Using the client provided date of first use Serenity House will label any insulin pens brought opened and will also label the pen with a discard date in accordance with manufacturer's instructions. Serenity House will also label any insulin pens opened during a client's residential stay with date of first use and with discard date (in accordance with manufacturer's instructions). Serenity House has also created a sheet with client's identifying information and opened date/discard date for attachment to the MAR as a second way to ensure compliance in this area. These measures will be completed on 3/11/19 and it will be the responsibility of the Nurse Manager to monitor these procedures for compliance and effectiveness.

## T 052 V.5.9.b.1.2.3.4.5.6.7 Resident Care and Services T 052 - 5.9 Staff Services

While Recovery does not agree with everything contained in this item we do not dispute a shortfall in this item. For example, "Employee #1 was initially hired on 2/21/05 as the Maintenance Director and currently works in the Dietary Department, and has not been re-educated since orientation in 2005, some 14 years ago;" is more reflective of staff's inability to locate past training schedules and signed lists of attendance than 14 years without training.

To repair what is a systemic problem the CEO is appointing a full time employee as "Training and Certifications Officer". The responsibilities of this position will include the establishment and implementation of a training schedule that meets the requirements of the Department of Aging and Independent Living, the requirements of the Office of Alcohol and Drug Abuse Programs, the requirements of the Office of Professional Regulation, and organizational needs relative to best practice and employee qualifications.

The Training and Certification Officer shall have the responsibility of scheduling these training with appropriate trainers and tracking attendance at these trainings. The Training and Certifications Officer will establish individual charts for employees indicating the trainings they have completed and need. Employees will be informed of their training status and the requirement that these trainings be completed as a condition of employment. There will also be created an organizational accounting of training required, accomplished and needed. These records will be maintained at Serenity House in Wallingford. The appointment of a "Trainings and Certifications Officer" will be made by April 1, 2019 and the necessary files and schedules will be completed by April 30, 2019.

IX.9.1.a Physical Plant <u>T 146</u> 9.1 Environment 9.1.a The residence must provide and maintain a safe, functional, sanitary, homelike and comfortable environment.

Recovery House is currently developing a facility wide maintenance plan and procedure that will include weekly inspection of the entire facility. This plan will be implemented upon completion of addition and interior renovation remodeling. In addition to this weekly inspection Recovery House is implementing a "maintenance request" system allowing any staff person to identify any maintenance need and inform maintenance staff of the need. Construction completion is expected by the end of March 2019 and in the meantime maintenance has purchased and installed new shower curtains and is in the process of repairing/replacing items as identified. The Facility Maintenance Plan will be completed by April 1, 2019 and all repairs/replacements in bathrooms will be completed by April 1, 2019.