

## DEPARTMENT OF DISABILITIES, AGING AND INDEPENDENT LIVING

Division of Licensing and Protection HC 2 South, 280 State Drive Waterbury, VT 05671-2060 http://www.dail.vermont.gov

Survey and Certification Voice/TTY (802) 241-0480

Survey and Certification Fax (802) 241-0343

Survey and Certification Reporting Line: (888) 700-5330

To Report Adult Abuse: (800) 564-1612

November 15, 2018

Ms. Lynn Pilcher, Manager Spring Lake Ranch 1169 Spring Lake Road, Po Box 310 Cuttingsville, VT 05738-0310

Dear Ms. Pilcher:

Enclosed is a copy of your acceptable plans of correction for the survey conducted on **October 3, 2018.** Please post this document in a prominent place in your facility.

We may follow-up to verify that substantial compliance has been achieved and maintained. If we find that your facility has failed to achieve or maintain substantial compliance, remedies may be imposed.

Sincerely,

Pamela M. Cota, RN

imlaMCotaPN

Licensing Chief

## PLEASE SEE

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PRINTED: 10/12/2018 FORM APPROVED

Division of Licensing and P	rotection			
· STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		E CONSTRUCTION	(X3) DATE SURVEY COMPLETED
e .	0526	B. WING		10/03/2018
NAME OF PROVIDER OR SUPPLIES	R STREET AD	DRESS CITY	STATE, ZIP CODE	,
1.0			ROAD, PO BOX 310	
SPRING LAKE RANCH		SVILLE, VT		
PREFIX (EACH DEFICIENCE	ATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORREC (EACH CORRECTIVE ACTION SHO CROSS-REFERENCED TO THE APPR DEFICIENCY)	ULD BE COMPLETE
T 001 Initial Comments		T 001		
The Division of Lic	censing and Protection		*	E .
conducted an una	nnounced onsite relicensure			
	2018 through 10/3/2018. The y violations were identified.	Trible	* *	
T000 V.F.0 14 6 6				90
SS=E	iv. Resident Care and Services	T 038		
5.8 Medication Ma	anagement	no essa manerioleji no esia	e e	
d) If a resident re-	quires medication		^	, in the second
	icensed staff may administer the following conditions:		*	
assessment of the	urse must conduct an resident's care needs			
consistent with the physician's or diagnosis and order	other health care provider 's			
				· ·
	urse must delegate the ne administration of specific			
	aff for designated residents.			
	I nurse must accept ne proper administration of			
medications, and i responsible fo	s			¥ 4 . *
i. Teaching desid	nated staff proper techniques		*	
	ninistration and providing		*S	
information at	oout the resident's condition, ns, and potential side effects;		- h - h	
	= 1		12 1038 acce	ptea
	process for routine		13 118/18	'
resident's	th designated staff about the		, ,	
	the effect of medications, as			
Division of Licensing and Protection	3			

ABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

STATE FORM

CCUL

Executive Director/

10.24.18

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If continuation shoot 1 c

Division	of Licensing and Pro	tection			
	IT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA DENTIFICATION NUMBER:		E CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	=	0526	B. WING		10/03/2018
NAME OF F	PROVIDER OR SUPPLIER	STREET ADD	RESS. CITY,	STATE, ZIP CODE	
	LAKE RANCH	1169 SPRI	CONTRACTOR OF THE STATE OF THE	ROAD, PO BOX 310	
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES  MUST BE PRECEDED BY FULL  SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPRO DEFICIENCY)	ILD BE COMPLETE
T 038	Continued From pa	ge 1	T 038		R
3	well as changes in	medications;			
nder regelegge ich effert.		resident's condition and the es in medications; and			*
		f evaluating the designated n carrying out the nurse's	9		
	by: Based on interview	NT is not met as evidenced and record review, the			
	Nurse (RN) assess the responsibility for medication for resid administration of m for three out of five	ensure that the Registered ed residents and delegated r administration of specific dents prior to the edication by unlicensed staff residents in the sample dent #2 and Resident #3).			
æ	during interview wit on 10/2/2018, the residents with med delegated staff prio medication from ur was admitted to the had orders for med psychiatrist in Sept	esident Medication ords (MARs) and confirmed hithe Registered Nurse (RN) RN had not assessed ication changes, and had not or to the residents' receiving elicensed staff. Resident #1 to residence in March 2018 and ication changes by the ember 2018. Resident #2 was idence in August 2018 and had			
	orders for medicati in September 2018 the residence in Ma medication change 2018. Per review of	on changes by the psychiatrist. Resident #3 was admitted to ay 2018 and had orders for s by the psychiatrist in August of the resident MARs, en administered by unlicensed			

Division	of Licensing and Pro	tection			γ	
	IT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION  A. BUILDING:		(X3) DATE SURVEY COMPLETED	
		0526	B. WING		10/03/2018	
NAME OF I	PROVIDER OR SUPPLIER	STREET ADI	DRESS, CITY, S	TATE, ZIP CODE		
TO AME OF	MOTIBELL ON OUT CIE.			OAD, PO BOX 310	ir.	
SPRING	LAKE RANCH	CUTTINGS	SVILLE, VT	05738	***************************************	
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T 038	Continued From pa	ige 2	T 038			
	changed. The residence continued in the continued of the	ication orders had been dence provides treatment and als with complex psychosocial	3			
	Resident #2 and Rorders for medicati behavioral symptor	ord review, Resident #1, esident #3 had received the on changes for psychiatric and management. The RN			•	
й	the medication with assessment or dele	censed staff had administered nout evidence of a nursing egation of specific medication dents at 1:15 PM on	da a considera de la constanta		: *	
T 040 SS=E			Т 040	. 4	ÿ	
	PRN psychoactive residence has a winder PRN medication with behaviors the medication address; specifies indicate the use of staff about what defects the staff multiple process.	nan a nurse may administer medications only when the ritten plan for the use of the hich: describes the specific ication is intended to correct or the circumstances that the medication; educates the esired effects or undesired side ust monitor for; and documents for and specific results of the				
	by: Based on staff interesidence failed to than a nurse admir psychoactive median place which desthe medication is i	NT is not met as evidenced review and record review, the ensure that when staff other nister PRN (as needed) cations, a documented plan is cribes the specific behaviors ntended to treat for 4 out of 5 mple (Resident #1, Resident		tag OHD accept	tel	

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Division	of Licensing and Pro	tection			
	OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPL A. BUILDING:	E CONSTRUCTION	(X3) DATE SURVEY COMPLETED
		0526	B, WING		10/03/2018
NAME OF	PROVIDER OR SUPPLIER	STREET ADI	DRESS, CITY, 8	STATE, ZIP CODE	
SPRING	LAKE RANCH	and the second s	ING LAKE R SVILLE, VT	OAD, PO BOX 310 05738	*
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPR DEFICIENCY)	JLD BE COMPLETE
T 040	Continued From pa	ge 3	T 040		
	#2, Resident #3 & Finclude:	Resident #4). Findings		*,	
	daily PRN by mouth review, there was n specific behaviors f	ders for clonazepam 0.5 mg in for anxiety. Per record o written plan including the or Resident #1 to guide when to administer the			
¥	PRN by mouth for p written plan includir	ders for zyprexa 5 mg daily bychosis. There was no ag the specific behaviors for e unlicensed staff for when to ication.			
	daily PRN by mouth written plan including	ders for lorazepam 0.5 mg for anxiety. There was no g specific behaviors for e unlicensed staff for when to ication.		•	
	mg daily PRN by m no written plan inclu	ders including clonidine 0.1 outh for agitation. There was uding specific behaviors for uct unlicensed staff for a medication.	e e		
	behaviors the PRN Resident #2, Residentended to address	descriptions of specific medications for Resident #1, ent #3 & Resident #4 are was reviewed with the t 1:15 PM on 10/2/2018.			
T 052 SS=C	V.5.9.b.1.2.3.4.5.6.3	7 Resident Care and Services	T 052		
	5.9 Staff Services				
	5.9.b. The residence	ce must ensure that staff			ar

Division	of Licensing and Pro				
	IT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		ECONSTRUCTION	(X3) DATE SURVEY COMPLETED
		0526	B. WING		10/03/2018
NAME OF I	PROVIDER OR SUPPLIER	STREET ADI	DRESS, CITY, S	TATE, ZIP CODE	
	LAKE RANCH		NG LAKE RO	OAD, PO BOX 310	
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PREFIX TAG	(EACH DEFICIENCY	NTEMENT OF DEFICIENCIES  Y MUST BE PRECEDED BY FULL  SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTI (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPRO DEFICIENCY)	LD BE COMPLETE
T 052	Continued From pa	age 4	T 052	, 8	
	techniques they are providing any direct be at least twelve ( for each staff person	etency in the skills and e expected to perform before t care to residents. There shall 12) hours of training each year on providing direct care to hing must include, but is not			
	(1) Resident rights	S	State of the state		
*:	(2) Fire safety and	emergency evacuation;			
	(3) Resident emer such as the Heimlie or	gency response procedures, ch maneuver, accidents, police			
	ambulance co	ntact and first aid;	0000		
		ocedures regarding mandatory eglect and exploitation;	Andrew Control of the		
	(5) Respectful and residents;	d effective interaction with	de la companya de la		
•	limited to, hand wa maintaining cle	of measures, including but not ishing, handling of linens, ean environments, blood borne versal precautions; and			*
	(7) General super	vision and care of residents			
	by: Based on interview residence failed to received annual trarequired by the Lice	NT is not met as evidenced v and record review, the ensure that direct care staff aining in all topic areas as tensing and Operating erapeutic Community ings include:		tras 052 accepter 28 u/8/18	ed
	Per review of train	ing records, five out of five			

DIVISION	of Licensing and Pro	tection			april 1990
	IT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE A. BUILDING:	E CONSTRUCTION	(X3) DATE SURVEY COMPLETED
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T 052	Continued From pa	ge 5	T 052		
	in mandatory report exploitation. While training at the time that Mandatory Rep offered in the past to on the morning of 1	I not received annual training ing of abuse, neglect and employees receive this of hire, there was no evidence forting training had been welve months. Per interview 0/2/2018, the Director of confirmed the training had not			
T 071 SS=C	V.5.13 Resident Ca		T 071		
	5.13 Policies and F	Procedures	v.		
	procedures that go	st have written policies and vern all services provided by py shall be available for review on request.			
		· 9			
,	by: Based on interview the residence failed	and documentation review, to ensure there were written lures in place to govern all adings include;			
	10/2/2018, the Kitcl provide evidence of labeling and dating at the residence. To confirmed s/he was management of sai	nental tour on the afternoon of then Manager was unable to f a policy which addressed the of perishable and frozen food the Kitchen Manager is responsible for the fe food storage practices, and were not available for review at tey.		tag 071 accepte	

Division of Licensing and Pro	otection			70/11/11/11/10/20
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE A. BUILDING: _	CONSTRUCTION	(X3) DATE SURVEY COMPLETED
1	0526	B. WING		10/03/2018
NAME OF PROVIDER OR SUPPLIER	STREET AD	DRESS, CITY, S	TATE, ZIP CODE	
SPRING LAKE RANCH		ING LAKE RO SVILLE, VT	DAD, PO BOX 310 05738	
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T 127 Continued From pa	age 6	T 127		
T 127 VII.7.2.b Nutrition a	and Food Services	T 127		
7.2 Food Safety a	and Sanitation		18	
labeled, dated and Hot foods shall be	e food and drink shall be held at proper temperature. kept hot at 135 degrees F and kept at 41 degrees F or			
by: Based on observal residence failed to	NT is not met as evidenced ion and staff interview, the ensure that all perishable food tained at the appropriate ings include:			
10/2/2018, there we monitoring of a sm several gallons of Kitchen Manager path that while a thermore frigerator, there we to monitor the tem	e kitchen on the afternoon on ras no evidence of temperature all refrigerator containing milk and other drinks. The present for the tour confirmed preter was present in the was no log maintained by staff peratures and ensure eing maintained safely.	And the state of t		*
		The state of the s		
			tag 127 accep	ted

Plan of Correction based upon site visit 10/2-3/2018 Spring Lake Ranch

## T 038 5.8.d.1.2.3.i.ii.iiv Resident Care and Services

5.8 Medication Management

#### Action taken to correct the deficiency-

The RN has instituted the use of a binder in which all medication changes are listed with sideeffects that are among the possibilities. This listing will include new medication as well as increases and decreases in existing orders. These lists must be signed as read by all staff delegated to administer medications.

## Measures put in place to ensure the deficient practice doesn't recur-

The binder noted above has been put in place. Staff delegated to give medications must sign as read information written by the nurse noting medication side effects to look for.

#### How the corrective action will be monitored-

The new binder has become a routine practice for the RN and all staff administering medications. The RN as part of her training will ensure delegated staff administering medications know to review the binder at the start of their duty shift.

### Date correction action will be completed-

· Completed and ongoing.

## T 040 V.5.8.5 Resident Care and Services

5.8 Medication Management

#### Action taken to correct the deficiency-

The RN has instituted the use of PRN MAR sheets that describe the specific behaviors the medication is intended to address and specifies the circumstances that indicate the use of the medication. The undesired side effects are listed on the form as well as the time of administration, reason for use, and the response to the medication.

## Measures put in place to ensure the deficient practice doesn't recur-

The PRN MAR sheets noted above have been put in place. Staff delegated by the nurse to administer medications will have access to the information on the MAR.

## How the corrective action will be monitored-

The new PRN MAR sheets have become a routine practice for the RN and all staff administering medications. The RN as part of her training will ensure staff know to review the information prior to administering medications

#### Date correction action will be completed-

· Completed and ongoing.

#### T 052 V.5.9.b.1.2.3.4.5.6.7 Resident Care and Services

#### 5.9 Staff Services

#### Action taken to correct the deficiency-

 The Director Human Resources will implement an annual training schedule of all of the required DAIL trainings.

#### Measures put in place to ensure the deficient practice doesn't recur-

The Director of Human Resources will utilize on-line and in person trainings to meet this
requirement. The Manager will review the annual training calendar with the Director of HR and
ensure that the requirement is being met.

#### How the corrective action will be monitored-

• The Manager will request of the Director of Human Resources a monthly training report including a list of any staff who have not met the ongoing training requirements.

## Date correction action will be completed-

 The Manager will work with the Director of Human Resources to have the new training schedule in place by 12/1/18.

### T 071 V.5.13 Resident Care and Services

#### 5.13 Policies and Procedures

Action taken to correct the deficiency- The Kitchen Manager has written a policy and procedure for safe food storage practices. The policy and procedure will be posted in the stockroom for ready viewing and training purposes of all kitchen personnel.

Measures put in place to ensure the deficient practice doesn't recur-The Kitchen Manager will ensure that the policy and procedures stays visible and is used during training of kitchen personnel.

How the corrective action will be monitored-The Kitchen Manager will monitor that the policy is both visible for reference and being followed.

Date correction action will be completed-The action was completed on 10/24/18.

## T 127 VII.7.2.b Nutrition and Food Services

#### 7.2 Food Safety and Sanitation

Action taken to correct the deficiency-The Kitchen Manager has written a Procedure for Temperature Control. The procedure includes maintaining a log of refrigerator and freezer temperatures as well as a temperature log of the sanitizer rinse cycles. It will be posted on the door of the walk in cooler.

Measures put in place to ensure the deficient practice doesn't recur-The Kitchen Manager will oversee that the logs are being maintained and temperatures are where they should be to ensure food safety and sanitation of dishes and silver.

How the corrective action will be monitored-The Kitchen Manager will review the logs regularly.

Date correction action will be completed-This action was implemented on 10/24/18.

PDC accepted with adderdum 42 ul8/18