

DEPARTMENT OF DISABILITIES, AGING AND INDEPENDENT LIVING

Division of Licensing and Protection
HC 2 South, 280 State Drive
Waterbury, VT 05671-2060
http://www.dail.vermont.gov
Survey and Certification Voice/TTY (802) 241-0480
Survey and Certification Fax (802) 241-0343
Survey and Certification Reporting Line: (888) 700-5330
To Report Adult Abuse: (800) 564-1612

March 1, 2018

Ms. Randi Cohn, Administrator The Gables At East Mountain 1 Gables Place Rutland, VT 05701-8868

Dear Ms. Cohn:

Enclosed is a copy of your acceptable plans of correction for the survey conducted on **February 12, 2018.** Please post this document in a prominent place in your facility.

We may follow-up to verify that substantial compliance has been achieved and maintained. If we find that your facility has failed to achieve or maintain substantial compliance, remedies may be imposed.

Sincerely,

Luscen Reuy (RU/Pamela Cota, RU)

Pamela M. Cota, RN Licensing Chief



STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING:		(X3) DATE SURVEY CDMPLETED
	592	B. WING		C 02/12/2018
IAME OF PROVIDER DR SUPPLIE	R STREET AD	DRESS, CITY, S	TATE, ZIP CODE	,
THE GABLES AT EAST MO	INTAIN 1 GABLES	S PLACE	•	
THE ONDERO AT EAST MO	RUTLANE), VT 05701		
PRÉFIX (EACH DEFICIEN	STATEMENT OF DEFICIENCIES NCY MUST BE PRECEDED BY FULL R LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORE (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE A DEFICIENCY)	SHOULD BE COMPLETE
R100 Initial Comments	:	R100		
An unannounced on-site complaint survey was completed on 2/12/18 by the Vermont division of			R179 Corrective Act	ion Plan
Licensing and Pr	otection. The following regulatory		All current contracted	staff will
violations were id	lentified.		have a full employee	
D170 \/ DECIDENT O		D470	to ensure they receive	e the seven
SS=C	ARE AND HOME SERVICES	R179	necessary trainings.	
5.11 Staff Service	es	such as such that such as a such as	All future contracted s	staff will
		š !	receive a full Gables	employee
	e must ensure that staff	and the same	orientation before the	
techniques they	npetency in the skills and are expected to perform before		allowed to work with	-
	ect care to residents. There		All contracted employ	vees will also
shall be at least twelve (12) hours of training each year for each staff person providing direct care to			participate in annual	
residents. The training must include, but is not			ensure compliance w	_
limited to, the foll	lowing:	and desired the second	regulation.	
(1) Resident righ	nts;			
(2) Fire safety a	nd emergency evacuation;		All contracted employ	
(3) Resident em	ergency response procedures,		have a training check	
or ambulance co	nlich maneuver, accidents, police intact and first aid;		maintained in a file lo	cated in the
	procedures regarding mandatory	:	facility. Three of thes	e employees
reports of abuse,	, neglect and exploitation;	-	will be randomly audi	
	nd effective interaction with	1	month for six months	
residents; (6) Infection con	itral measures including but not	-	contracted employee	
(6) Infection control measures, including but not limited to, handwashing, handling of linens,			to be lacking, all of th	
maintaining clear	n environments, blood borne		be checked. Training	
pathogens and u	niversal precautions; and		completed as needed	d to gain
(/) General supe	ervision and care of residents.		compliance.	
			This plan will be impl	emented by
This REQUIREN	MENT is not met as evidenced		March 15, 2018	-
by:			R 179 Pocacupt	ed 3/1/18 Many
	terview an record review, the	· · · · · · · · · · · · · · · · · · ·	~ 111 10 (accep.	S. Pu
ision of Licensing and Protection OWATORY DIRECTOR'S OR PRO	ri NIDER/SUPPLIER REPRESENTATIVE'S SIG	NATURE	7 TITLE	(X6) DATE
Land (oh	K-	trogram		
ATE FORM		7	-91S11	If continuation sheet

Division	of Licensing and Pro	***************************************			
	IT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE A. BUILDING:	CONSTRUCTION	(X3) DATE SURVEY COMPLETED
				•	С
		592	B. WING		02/12/2018
NAME OF I	PROVIDER OR SUPPLIER	STREET AC	DRESS, CITY, S	TATE, ZIP CODE	
THE GAI	BLES AT EAST MOUN	TAIN 1 GABLE RUTLANI	S PLACE D, VT 05701		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES 'MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTIV (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRO DEFICIENCY)	DBE COMPLETE
R179	Continued From pa	ge 1	R179		
· .	competency in the sperform as required prior to providing ca	ure that all staff demonstrated skills they are expected to by the 7 mandated trainings are to residents. This practice affect multiple residents of the blude:			
5404	staff who work and home on a routine I Dietary staff had no required trainings p residents of the hor recent hire whose is room service to resperson stated that thome for approximate received formal trainings and Abuse F During interview at Director confirmed had not been provide this department. The that the contracted trainings as part of process.	11:45 AM, the Food Service that these required trainings led upon hire as a practice of e Administrator was not aware company had not provided the their hiring and orientation			
R181 SS=C	V. RESIDENT CAR	E AND HOME SERVICES	R181		
	5.11 Staff Services				
	person who has had or exploitation subs as defined in 33 V.S one who has been a actions related to be	e shall not have on staff a did a charge of abuse, neglect tantiated against him or her, S.A. Chapters 49 and 69, or convicted of an offense for pudily injury, theft or misuse of rother crimes inimical to the			

FORM APPROVED Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY ANO PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: C B. WING 592 02/12/2018 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 1 GABLES PLACE THE GABLES AT EAST MOUNTAIN RUTLAND, VT 05701 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) DATE TAG CROSS-REFERENCED TO THE APPROPRIATE TAG DEFICIENCY) R181 Continued From page 2 R181 public welfare, in any jurisdiction whether within **R181 Corrective Action Plan** or outside of the State of Vermont. This provision shall apply to the manager of the home as well, All contracted staff will have the regardless of whether the manager is the licensee or not. The licensee shall take all required background checks reasonable steps to comply with this requirement, completed. including, but not limited to, obtaining and checking personal and work references and All future contracted staff will contacting the Division of Licensing and have the required background Protection in accordance with 33 V.S.A. §6911 to see if prospective employees are on the abuse checks completed by Gables staff registry or have a record of convictions. prior to working on premises. These background checks will be maintained at the facility. This REQUIREMENT is not met as evidenced ov: Based on staff interview and record review, the A monthly audit will be conducted facility failed to assure that staff working in the for three months to ensure all facility, including contracted service staff, had contracted employees have the required background checks completed related to required background checks Vermont Adult and Child Abuse Registry screenings. This practice had the potential to completed. If any issues are affect multiple residents of the home. Findings found, they will be corrected include: immediately. If the findings from the monthly audit are satisfactory Per review of the records regarding new it will be changed to quarterly employee background checks, it was found that contracted staff working in the facility had not after three months for a year. undergone the required Adult Protective Services (APS) Vermont Adult and Child Abuse Registry This plan will be implemented by checks prior to working at the facility. A sample of 3/15/18. background checks conducted for 4 employees of R181 POCaccupted m. Bolton, Ru the contracted company revealed that none of the 4 had screening conducted for the Adult and Child Abuse Registries, as required. The failure to < Cerul Rel

11:45 AM.

complete these background checks was

confirmed during interview with the Administrator and the Food Services Director on 2/12/18 at

FORM APPROVED Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: C B. WING 592 02/12/2018 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 1 GABLES PLACE THE GABLES AT EAST MOUNTAIN RUTLAND, VT 05701 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION PRÉFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE TAG DEFICIENCY) R247 Continued From page 3 R247 R247 VII. NUTRITION AND FOOD SERVICES R247 **R247 Corrective Action** SS=E All items found to be out of 7.2 Food Safety and Sanitation compliance during the inspection 7.2.b All perishable food and drink shall be have been discarded or stored labeled, dated and held at proper temperatures: properly. (1) At or below 40 degrees Fahrenheit. (2) At or above 140 degrees Fahrenheit when served or All Food Service Staff will receive heated prior to service. education on the Food Dating This REQUIREMENT is not met as evidenced Policy and ensure the policy is followed. Based on observations in the kitchen on 2/12/18 at 10:10 AM, the facility failed to assure that all The Administrator, or designee. perishable foods were labeled and dated in accordance with safe food handling practice. will conduct weekly review of all Finding include: food storage to ensure compliance with both the policy 1. During a tour of the kitchen on 2/12/18 at and regulations. Any identified 10:10 AM, the small reach-in cooler had a bag of issues will be remedied. white substance identified as non-dairy whipped topping, with no label and no date the purchased bag was opened, nor when it should be This plan will be implemented discarded. A stainless steel container labeled as before 3/15/18. "Roux" and dated as 1/24/18 was observed under the steam table; the area had various other non R247 POC accepted 3/11/8 M. Bolkney S. Cenyer food items on the shelf. The Roux, which was loosely covered in plastic wrap and made from butter and flour, should have been stored in the refrigerator. Per interview with the FSD, the whipped topping should have been labeled and dated according to policy and the Roux was outdated and should have been discarded. Per review of the "FOOD DATING POLICY" provided,

(names)."

"Date all foods when received, pulled, cooked or opened. Check date before using. If it is beyond the list time frame, dispose of and inform

Division o	f Licensing and Pro	etection			
	OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ' '	E CONSTRUCTION	(X3) DATE SURVEY COMPLETED
		592	B. WING		C 02/12/2018
NAME OF P	ROVIDER OR SUPPLIER	STREET AC	DRESS, CITY, S	STATE, ZIP CODE	
THE GAB	LES AT EAST MOUN	ITAIN	S PLACE		
			D, VT 05701		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFIX TAG	PROVIDER'S PLAN OF CORRECTI (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRO DEFICIENCY)	LD BE COMPLETE
R247	Continued From pa	ige 4	R247		
The list of foods is incomplete and does not provide dietary staff direction to assure all perishable foods/types are included and the timing of dates to discard for all food items used at the facility. 2. During a tour of the walk-in cooler, the following observations regarding safe food handling practices were made: a. raw meat (beef) was seen stored directly on the shelf above the bottom shelf, in original cardboard cartons, which were piled on top of each other and collapsing under the weights; there was no impervious tray under the raw meat; the meat was stored over a shelf that had raw pork, and raw chicken and cooked meatballs and cooked lobster meat. The FSD confirmed on 2/12/18 at 2 PM that raw meat should have an impervious barrier under the packaging and that raw foods should not be stored over or next to any cooked foods.		A. P			
R248 SS=E	VII. NUTRITION A	ND FOOD SERVICES	R248		; ;
	7.2 Food Safety ar	nd Sanitation	:		
	sanitized after each	faces are cleaned and h use. Equipment and utensils anitized after each use and		·	
	by: Based on observal assure that all wor use and failed to a	NT is not met as evidenced tions, the facility failed to k surfaces were cleaned after ssure that equipment and hand stored properly. Findings			

L91S11

Division of	of Licensing and Pro	otection			FORM APPROVED
STATEMEN	T OF DEFICIENCIES OF CORRECTION	(X1) PROVIOER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		E CONSTRUCTION	(X3) DATE SURVEY COMPLETED
		592	B. WING	NACO AND	C 02/12/2018
NAME OF P	ROVIOER OR SUPPLIER	STREET ADI	DRESS, CITY, S	STATE, ZIP CODE	
TUE 0		4 CADI E			
THE GAE	LES AT EAST MOUN	NIAIN	, VT 05701		
(X4) IO PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDEO BY FULL SC IOENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTI (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRO DEFICIENCY)	O BE COMPLETE
R248	Continued From pa	age 5	R248		
	service areas (hot following areas we with dust and crum a. the area under beverages station and dust; contained were visibly soiled ripped, sharp surfate. 2 cream pumpsoiled, one was in being used that date. The counter to was soiled with visible december of the table top grease near the town when the cleaning requested, the FSI cleaning schedule room. Observations in the following areas near the shelf continues that still had continued and there were clean the stains; but he back kitch the floor/mats were the mats; cut interior of kitchen near the 3 shelf.	r the table skirt for the hot was soiled with food crumbs inside (not covered) and had ces where the bins were split; ps on the table were visibly use and the other was not y, per the FSD; nder the juice and ice machine ible dust; toaster had a build up of visible p of the toaster. I schedule for the area was D confirmed that there was no for that area of the dining The kitchen area revealed the eding cleaning; aining washed coffee pots had offee remains in the pots (dark; the pots were also generally was no system to routinely the storage cabinets in the bay sink were soiled on bottom		All items identified as def during the inspection hav cleaned and brought into compliance. The Food Service Super develop a cleaning sched will include the items identified and other items, to ensur compliance. Staff will be educated on the schedul procedure. All issues identified during inspection will be reviewed weekly by the administrated designee to ensure conticut compliance. Any item ideas deficient will be remeded as deficient will be implementated before 3/15/18. Pocacupke 33/11/8 m	visor will dule that ntified, e future e and g the ed tor or nued entified died.
R266 S S ≂E	IX. PHYSICAL PLA	ANT	R266	· ·	

Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA		(X2) MULTIPLE	CONSTRUCTION	(X3) DATE SURVEY
AND PLAN OF CORRECTION	IDENTIFICATION NUMBER:	A. BUILDING:	* Print the second to the seco	COMPLETED
	592	B. WING		C 02/12/2018
NAME OF PROVIDER OR SUPPLIER	STREET AD	DRESS, CITY, S	TATE, ZIP CODE	
THE GABLES AT EAST MOUN	ITAIN 1 GABLE RUTLANI	S PLACE D, VT 05701		
PREFIX (EACH DEFICIENCY	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTI (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPRO DEFICIENCY)	LD BE COMPLETE
R266 Continued From pa	ge 6	R266		
9.1 Environment		:	R266 Corrective Action	
safe, functional, sacomfortable environ This REQUIREMENT by: Based on observat facility failed to assenvironment in all a include: Per observations of on 2/12/18 at 10 Al electronic equipment observed hanging floor surface, unde FSD who was president.	9.1.a The home must provide and maintain a safe, functional, sanitary, homelike and comfortable environment. This REQUIREMENT is not met as evidenced by: Based on observation and staff interview, the facility failed to assure and maintain a safe environment in all areas of the facility. Findings include: Per observations of the facility main dining room on 2/12/18 at 10 AM, a power cord, with multiple electronic equipment plugged into it was observed hanging freely and not resting on the floor surface, under the hot beverage tables. The FSD who was present for the tour confirmed s/he was not aware of the hanging electric power strip located in that area. This posed a potential safety		The surge strip that was induring the inspection has replaced. The new one dehang as the previous one. An inspection will be made throughout the facility to sthere are any other surge or extension cords, found out of compliance. Any its identified as non-compliant fixed. Staff will receive training identify any non-compliant protector or cord. If staff is any issue, they will notify Maintenance to remedy the issue. Quarterly inspections by Administrator or designed used to ensure compliant. This plan will be implemed 3/15/18.	been oes not de see if e strips, I to be em nt will be to nt surge identify he the e will be ce.