

DEPARTMENT OF DISABILITIES, AGING AND INDEPENDENT LIVING

Division of Licensing and Protection HC 2 South, 280 State Drive Waterbury, VT 05671-2060

http://www.dail.vermont.gov

Survey and Certification Voice/TTY (802) 241-0480

Survey and Certification Fax (802) 241-0343

Survey and Certification Reporting Line: (888) 700-5330

To Report Adult Abuse: (800) 564-1612

May 22, 2023

Ms. Juanita Salmon, Manager Washington Elms 126 Elm Street Bennington, VT 05201-2232

Dear Ms. Salmon:

Enclosed is a copy of your acceptable plans of correction for the survey conducted on **March 10**, **2023.** Please post this document in a prominent place in your facility.

We may follow up to verify that substantial compliance has been achieved and maintained. If we find that your facility has failed to achieve or maintain substantial compliance, remedies may be imposed.

Sincerely,

Pamela M. Cota, RN

Lamela M CotaRN

Licensing Chief

	FOF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	A. BUILDING:	ONSTRUCTION	(X3) DATE	SURVEY
		0103	B. WING		C 03/10/2023	
NAME OF P	ROVIDER OR SUPPLIER		ADDRESS, CITY, STATE	E, ZIP CODE		
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R100	Initial Comments:		R100			
	relicensure survey and complaint, with intervi- completed on 3/10/23	on unannounced on-site d investigation of one lews related to the survey for There were no regulatory related to the complaint bowing regulatory				
R145 SS=E	V. RESIDENT CARE	AND HOME SERVICES	R145			
	5.9.c (2)					
7 777	each resident that is b	e resident to maintain				
	by: Based on staff intervie Registered Nurse (RN care plan with measur interventions to descri services to address ea	practice affected 4 out of 5				
	on 3/3/2017 with diagn Hypertension, Neuralg the prostate and Anxie	esident #1 was admitted oses which include ia, Malignant neoplasm of ty. The plan of care failed				
	sing and Protection RECTOR'S OR PROVIDER/SU	PPLIER REPRESENTATIVE'S SIGNATURE	Jun So	Charle Man	agu 5/17/	(X6) = A E

Tags R145 to R302 accepted on 5/22/2023 - J. Evans/C. Scott

Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND FLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A, BUILDING: __ C 8 WING 0103 03/10/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 126 ELM STREET WASHINGTON ELMS BENNINGTON, VT 05201 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (XS) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) DATE TAG CROSS-REFERENCED TO THE APPROPRIATE TAG DEFICIENCY) R145 Continued From page 1 R145 to include interventions related to on-going monitoring and measurable goals of each diagnosis. 2. Per record review Resident #2 was admitted on 5/31/2017 with diagnoses which include Insomnia, COPD, Arthritis and TBI. The plan of care failed to include interventions related to on-going monitoring and measurable goals of each diagnosis. 3. Per record review Resident #3 was admitted on 5/1/201 with diagnoses which include hypertension, depression, hypercholesterolemia, depression, atrial fibrillation. The plan of care failed to include interventions related to on-going monitoring and measurable goals of each diagnosis. 4. Per record review Resident #4 was admitted on 4/20/22 with diagnoses which include Anxiety, Depression, Diabetes and Hypertension. The pian of care failed to include interventions related to on-going monitoring and measurable goals of each diagnosis. Per interview with RN on 3/1/23 at 3:00 PM the nurse confirmed Residents # 1, 2, 3 and 4 plans of care did not identify specific residents needs, ongoing monitoring and measurable goals. R150 V. RESIDENT CARE AND HOME SERVICES R150 SS≃D 5.9.c (7) Assure that symptoms or signs of illness or accident are recorded at the time of occurrence, along with action taken; Division of Licensing and Protection

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Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING: _ C 0103 B. WING 03/10/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 126 ELM STREET WASHINGTON ELMS BENNINGTON, VT 05201 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG DEFICIENCY) R150 Continued From page 2 R150 This REQUIREMENT is not met as evidenced by: Based on staff interview and record review, there was a failure of the RCH nurse to document assessments and follow up care for residents who were demonstrating changes in their health status or had an accident resulting in injury. Findings include: 1. Per record review Resident #1 and Resident #2 tested positive for Covid on 9/28/22. The residents' records did not include documentation of provider notification, symptoms monitoring, and follow-up care provided related to Covid infection. On 3/1/23 at 3:00 PM the Registered Nurse (RN) Manager confirmed notification of the providers via phone call, staff monitoring of symptoms, and follow care occurred, however was not documented in Resident #1 and Resident #2's records. 2. Per record review Resident #4 on 2/14/2023 sustained a fall while out of the facility, the resident received emergency department care, s/he was diagnosed with a right ankle sprain requiring the use of device. A nurse's note was written on the day the injury was sustained; however, further documentation including care related to use of a device to promote healing and prevent further injury, and follow up orthopedic care were not documented in Resident #4's record. On 3/1/23 at 12:00 PM the RN Nurse Manager confirmed the resident continues to wear a device and follow-up care from orthopedics to monitor healing. The RN acknowledge the record does not demonstrate follow up progress notes Division of Licensing and Protection 5-17-23

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Division of Licensing and Protection (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA COMPLETED AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING: _ C B, WING 03/10/2023 0103 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 126 ELM STREET WASHINGTON ELMS BENNINGTON, VT 05201 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) 8D ID. COMPLETE DATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC (DENTIFYING INFORMATION) TAG TAG DEFICIENCY) R150 R150 Continued From page 3 recorded in the record. R171 R171 V. RESIDENT CARE AND HOME SERVICES SS=E 5.10 Medication Management 5.10.g Homes must establish procedures for documentation sufficient to indicate to the physician, registered nurse, certified manager or representatives of the licensing agency that the medication regimen as ordered is appropriate and effective. At a minimum, this shall include: (1) Documentation that medications were administered as ordered: (2) All instances of refusal of medications, including the reason why and the actions taken by the home; (3) All PRN medications administered, including the date, time, reason for giving the medication, and the effect; (4) A current list of who is administering medications to residents, including staff to whom a nurse has delegated administration; and (5) For residents receiving psychoactive medications, a record of monitoring for side effects. (6) All incidents of medication errors. This REQUIREMENT is not met as evidenced Based on observation, record review, and staff interview there was a failure to administer medication for two applicable residents as ordered. Findings include: Per record review Resident #6 is prescribed

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Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: _ C B. WING 0103 03/10/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 126 FLM STREET WASHINGTON ELMS BENNINGTON, VT 05201 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (EACH DEFICIENCY MUST BE PRECEDED BY; FULL PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG CROSS-REFERENCED TO THE APPROPRIATE DATE DEFICIENCY) R171 Continued From page 4 R171 Omeprazole 20 mg to be given once daily 30 minutes before breakfast. Per observation of a med pass for Resident #6 commencing at 8:05 AM on 3/1/23 the Manger administered Omeprazole 20 mg to Resident #6 after s/he ate breakfast. The Manager confirmed Resident #6's Omeprazole was not administered as ordered during the med pass commencing at 8:05 AM on 3/1/23. 2. Per record review Resident # 4, has an order for Victoza 18 mg/3 ml Inject 1.8 mg subcutaneously daily; and an order for Trulicity 1.5 mg/0.5 ml Inject 1.5 mg subcutaneously, Give 3 injections for total dose of 4.5 mg once a week on Saturdays. In review of the resident record on 2/18/23 a progress note was written stating "...Resident has not had Victoza since 2/12/23. Resident has also been without Trulicity since 2/14/23." Despite documentation of the medications being out of stock, Victoza was documented as given for the indicated dates of 2/14/23, 2/15/223, 2/16/23, 2/17/23, and 2/18/23 and Trulicity as given on 2/18/23 in the Medication Administration Record (MAR), On 3/1/23 At 2:40 PM on 3/1/23 the Manager confirmed Resident # 4 was not given the prescribed doses of Victoza on 2/14/23 through 2/18/23 and Trulicity on 2/18/23. S/he stated "I made several attempts to order the medication. the pharmacy stated they did not have the medication in stock, a call to the provider was made on 2/18/23 and the medication(s) were delivered by the pharmacy later that day." The Manager also confirmed Resident #4's provider was not notified of missed doses of Victoza and Trulicity until 2/18/23, and the documentation of administration of these medications in the MAR was inaccurate. Division of Licensing and Protection 5-17-23 ggog

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Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: C B. WING 0103 03/10/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 126 ELM STREET WASHINGTON ELMS BENNINGTON, VT 05201 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION ID (35) (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE DATE TAG DESICIENCY R172, V. RESIDENT CARE AND HOME SERVICES R172 SSEF 5.10 Medication Management 5.10.h All medicines and chemicals used in the home must be labeled in accordance with currently accepted professional standards of practice. Medication shall be used only for the resident identified on the pharmacy label. This REQUIREMENT is not met as evidenced Based on observation and staff interview, the home failed to ensure that all medicines used in the home were labeled in accordance with currently accepted professional standards of practice. Findings include: Per observation of the medication storage cart on 3/1/23 at 9:00 AM, four rectangular pencil boxes were observed in the top drawer, each box was individually labeled by name of Residents #4, #8, #9, #10. The boxes contained insulin pens prescribed for the indicated resident on pencil box. The insulin pens were found unlabeled with the resident's name and/or the date of initial use. Individual insulin pens are labeled with the date they are first "opened" to ensure they are discarded within a set period of time after they are removed from the refrigerator for use. According to the American Diabetes Association website disposable insulin pens are discarded after the cartridge is empty or the pen has been in use for 28-32 days depending on the type of insulin. A total of 9 unlabeled pens were observed in the boxes belonging to Residents #4. #8, #9, and #10. Division of Licensing and I 5-17-27

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Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: _ C B. WING 0103 03/10/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 126 ELM STREET WASHINGTON ELMS BENNINGTON, VT 05201 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX COMPLETE PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE BTAG TAG DEFICIENCY R172 Continued From page 6 R172 On 3/1/23 at 9:10 AM the Program Manager confirmed the insulin pens were not tabled and were not dated with initial use. R173 V. RESIDENT CARE AND HOME SERVICES R173 SS=F 5.10 Medication Management 5.10.h. (1) Resident medications that the home manages must be stored in locked compartments under proper temperature controls. Only authorized personnel shall have access to the keys This REQUIREMENT is not met as evidenced Based on observation and staff interview there was a failure to ensure all medications managed by the home are stored in tocked compartments. Findings include: During the course of the relicensure survey the following medications were observed to be unsecured and not stored in locked compartments: 1. At 8:50 AM on 3/1/23 the Manager confirmed injectable diabetes medications for Residents #4. #7, #8, #9, and #10 were stored in the unlocked refrigerator in the laundry room adjacent to the kitchen. The laundry room does not have a door, and kitchen doorways remain open to allow resident's access to the kitchen and laundry room. Residents were observed entering the

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				DEFICIENCY)		
R173	Continued From page	e 7	R173	. —		
	kitchen and laundry re	oom throughout the course				
	of the facility tour com	nmencing at 8:05 AM on				
•	3/1/23.					
į	2. During a tour of the	resident rooms on the				
	second and third floor	of the home commencing				
		wing medications were ed by the facility Owner to				
!		and accessible in resident	[
	rooms:					
	* In Room #1 shared i	by four residents:				
j	Chlorhexadine Skin Cleaner Solution in a section					
		ce inhabited by Resident #2; n this shared living space				
	Betasept 4% Surgical			•		
		tion of the room inhabited en square plastic container				
ļ		,000 unit/gram powder, 2				
	bottles of Saline Nasa	Spray, 2 bottles of				
į	Miconazole Nitrate 2% Mupirocin Ointment: 2					
		nd a box of Unifine Safe			ļ	
}		or diabetic pen injections				
	belonging to Resident	7.4 .				
		gle occupancy room: Alka			ļ	
	Seltzer Chews, Saline Oral Pain Relief Gel at	Nasal Spray, a generic				
		as relief tablets, Relieva				
	Refresh Eye Drops, ar					
	* In room #9 inhabited	by two residents Hydrogen				
ŀ	Peroxide Oral Rinse w				ĺ	
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Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: _ C B. WING 0103 03/10/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 126 ELM STREET WASHINGTON FLWS BENNINGTON, VT 05201 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION CXS1 PREFIX. (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE COMPLETE PREFIX TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE DEFICIENCY) R174 Continued From page 8 R174 R174 V. RESIDENT CARE AND HOME SERVICES R174 SS=F 5.10 Medication Management 5.10.h. (2) Medications requiring refrigeration shall be stored in a separate, locked container impervious to water and air if kept in the same refrigerator used for storage of food. This REQUIREMENT is not met as evidenced Based on observation and staff interview there was a failure to ensure refrigerated medications belonging to 5 applicable residents (Residents #4, #7, #8, #9, and #10) kept in the same refrigerator as food are stored in a separate, locked container impervious to water and air. Findings include: During the tour of the facility laundry room commencing at 8:32 AM on 3/1/23 injectable diabetes medications belonging to Resident's #4, #7, #8, #9, and #10 were observed to be stored in the door of the unlocked refrigerator in the laundry room to include: Medications belonging to Resident #4: * On the top shelf of the refrigerator door 3 boxes each containing 4 single dose Trulicity pens, and a box containing a single use Emgality pen stored directly against an opened expired jar of chopped garlic were stored without a locked container and without protection from air and water. * A box containing a Victoza multi-dose pen was stored under a box of single serving yogurt Division of Licensing and Protection Mary 5-11-23

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Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: _ C 0103 B. WING 03/10/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 126 ELM STREET WASHINGTON ELMS BENNINGTON, VT 05201 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (2.5) PRÉFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DATE DEFICIENCY) Continued From page 9 R:174 R174 containers on the middle shelf of the fridge door. * A box containing 1 Humalog multi-dose pen and a box containing 3 Basaglar multi-dose Kwik Pens were stored in an unlocked metal box on the bottom shelf of the fridge door. 2. A box containing Trulicity single dose pens belonging to Resident #7 was stored on the middle shelf of the fridge door 3. Opened boxes containing 2 Novolog Flex Pens and 1 Basaglar Kwik Pen belonging to Resident #8 were stored in an unlocked metal box on the bottom shelf of the fridge door. 4. Opened boxes containing 3 Basaglar Kwik Pens and 1 Novolog Flex Pen Resident #9 were stored in an unlocked metal box on the bottom shelf of the fridge door. 5. Medications belonging to Resident #10: * On the top shelf of the refrigerator door a box containing 4 single dose Trulicity pens was stored directly against a container of sour cream. * An unopened box containing 5 Basaglar Kwik Pens; an opened box containing 1 Basaglar Kwik Pen, and an opened box containing 3 Novolog Flex Pens were stored in an unlocked metal box on the bottom shelf of the fridge door. At 8:50 AM on 3/1/23 the Manager confirmed refrigerated injectable diabetes medications belonging to Residents #4, #7, #8, #9, and #10 were improperly stored in the door of the unlocked refrigerator in the faundry room. Division of Licensing and Protection

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	TOF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA DE CORRECTION DENTIFICATION NUMBERS		(X2) MULTIPLE C	(X3) DATE SURVEY	
	OF CORRECTION IDENTIFICATION NUMBER:		A. BUILDING:		COMPLETED
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R176	6 Continued From page 10		R176		
R176 SS=F	V. RESIDENT CARE	E AND HOME SERVICES	R176		
	5.10 Medication Mar	nagement			
	5.10.h (4)				
	resident, or outdated	the death or discharge of a medications, shall be in accordance with the plicable standards of	1,1		
	by: Based on observatior was a failure to ensur	is not met as evidenced and staff interview there the prompt disposal of belonging to all facility clude:			
t s c n w p	at 8:05 AM approximated through a cabinet in the nursing the home. The medical shelves located in the cards stored in two birmore accessible lower eviewed. Of the cards contained a full medications and many vere mostly full, raising lanned timing of the cards canned timing of the cards and timing of the cards timing of the cards timing of the cards and timing of the cards are mostly full, raising lanned timing of the cards are cards and timing of the cards are c	the facility tour commencing stely 200 medication cards high the locked glass doors of ag office/medication room of ations spanned across two cabinet. A sample of 81 ms were retrieved from the shelf of the cabinet and a reviewed 20 out of 81 unopened 28 day cycle of of the remaining 61 cards ag concerns regarding thangeover from one and potential for duplicate			
ar to ha	pproximately 200 med	the Manager confirmed dications cards belonging were no longer in use and proximately 2 months			

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Division of Licensing and Protection

Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: ___ C B. WING_ 0103 03/10/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 126 ELW STREET WASHINGTON ELMS BENNINGTON, VT 05201 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG CROSS-REFERENCED TO THE APPROPRIATE DATE DEFICIENCY R176 Continued From page 11 R176 since the facility switched from one pharmacy to another in the beginning of January 2023. The Manger stated stated a call was placed to the previous pharmacy to request pick up of the medications when their contract ended, follow up calls were not made to the pharmacy when the medications were not picked up, and further attempts to remove or waste the medications had not been made by facility staff. R183 V. RESIDENT CARE AND HOME SERVICES R183 SS≠C 5.11 Staff Services 5.11.f There shall be at least one (1) staff member on duty and in charge at all times. In homes with more than fifteen (15) residents, there shall be at least one (1) responsible staff member on duty and awake at all times. There shall be a record of the staff on duty, including names, titles, dates and hours on duty. This REQUIREMENT is not met as evidenced by: Based on record review and staff interview there was a failure to maintain a record of the staff on duty including the names, titles, dates and hours on duty. At 10:08 AM on 3/1/23 the Manager stated a record of the staff schedule for December of 2021 was not available for review; and confirmed "we have never kept schedules, I didn't know we had to, the schedules are discarded after each month." Division of Licensing and Prefection

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Division of Licensing and Protection (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X1) PROV:DER/SUPPLIER/CLIA COMPLETED AND FLAN OF CORRECTION IDENTIFICATION NUMBER: A BUILDING: C B. WING 03/10/2023 0103 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, Z:P CODE 126 ELM STREET WASHINGTON ELMS BENNINGTON, VT 05201 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETÉ (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) R190 R190 | Continued From page 12 R190 V. RESIDENT CARE AND HOME SERVICES R190 SS=E 5.12.b.(4) The results of the criminal record and adult abuse registry checks for all staff. This REQUIREMENT is not met as evidenced Based on record review and staff interview there was a failure to provide the results of criminal record and adult abuse registry checks for 2 applicable staff. Findings include: Based on record review and confirmed by the Manager, the results of criminal record and adult abuse background checks were not available for review for Staff #1's date of hire in September of 2001; and criminal record and adult abuse background checks were not conducted when Staff #2 was rehired in April of 2022. R246 R246 VII. NUTRITION AND FOOD SERVICES SS≃F 7.2 Food Safety and Sanitation 7.2.a Each home must procure food from sources that comply with all laws relating to food and food labeling. Food must be safe for human consumption, free of spoilage, filth or other contamination. All milk products served and used in food preparation must be pasteurized. Cans with dents, swelling or leaks shall be rejected and kept separate until returned to the supplier. This REQUIREMENT is not met as evidenced by: Division of Licensing and Protection

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Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: ___ C B. WING_ 0103 03/10/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 126 ELM STREET WASHINGTON ELMS BENNINGTON, VT 05201 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (2:5) COMPLETE PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DATE DEFICIENCY) R246 Continued From page 13 R245 Based on observation and staff interview there was a failure to ensure food free of spoilage. Findings include: During the facility tour commencing at 8:05 AM on 3/1/23 expired food items including a container of chopped garlic with an expiration date of 4/21/21 labeled as opened on 5/7/19; a bottle of vegetable juice labeled as opened on 1/13/23; and an opened jar of apple jelly dated 9/5/22 were observed in the refrigerators and confirmed by the Manager. R247 VII. NUTRITION AND FOOD SERVICES R247 SS≔F 7.2 Food Safety and Sanitation 7.2.b All perishable food and drink shall be labeled, dated and held at proper temperatures: (1) At or below 40 degrees Fahrenheit, (2) At or above 140 degrees Fahrenheit when served or heated prior to service. This REQUIREMENT is not met as evidenced bv: Based on observation and record review there was a failure to ensure all perishable food items are labeled and dated. Findings include: During the facility tour commencing at 8:05 AM on 3/1/23 the following perishable food items were observed: 1. In the laundry room refrigerator: * Undated opened containers of milk, grape juice, cranberry lemonade, relish and pickles. * Undated items without the identifying labels and dates including a crock pot of pulled pork; and Division of Licensing and Prote May 5-17-23

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Division of Licensing and Protection STATEMENT OF DEFICIENCIES. (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING: _ C B. WING 0103 03/10/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 126 ELM STREET WASHINGTON ELMS BENNINGTON, VT 05201 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX COMPLETE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE DATE TAG DEFICIENCY) R247 Continued From page 14 R247 pitchers of tea, water, and orange juice without identifying labels and dates. 2. In the kitchen fridge: * Undated opened cream cheese; lemon juice ketchup; 4 salad dressings; whipped cream; dipping chocolate; a take out box with a half eaten sandwich; moldy pie crusts; shredded cheese; and condiments including Worcestershire sauce, soy sauce, mango sauce, and BBQ sauce. Undated items without identifying labels and dates including a tray of single servings of gelatin; a bowl of patmeal; a tub of cooked pasta; a block of cheese in plastic wrap; a Ziploc bag of spaghetti; glass containers of tuna, dip, and baked beans; 7 single serving cups of milk and 1 cup of coffee covered with plastic wrap. 3. In the kitchen freezer: * Undated opened hot pockets in an unsealed box; 2 bags of pancakes with ice crystals forming inside the bags; an unsealed bag of pizza rolls; a bag of chicken patties; a bucket of vanilla ice cream; and a bag of hamburger patties. At 9:33 AM on 3/1/23 the Manager confirmed the failure to ensure all perishable items are labeled and dated. R266 IX. PHYSICAL PLANT R266 SS=F 9.1 Environment 9.1.a The home must provide and maintain a safe, functional, sanitary, homelike and comfortable environment. Division of Licensing and Prote

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		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			(X3) DAT COM	
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES		ID PROVIDER'S PLAN C PREFIX (EACH CORRECTIVE AT TAG CROSS-REFERENCED TO DEFICIE		CTION SHOULD BE COMPL O THE APPROPRIATE DATE	
R266	Continued From pag	e 15	R266			
	by: Based on observation was a failure to proving sanitary, homelike at Findings include: The following environ	T is not met as evidenced on and staff interview there ide care in a safe, functional, and comfortable environment. Inmental issues were re conducted by the Manager				
	and Owner of the factorial and only accessible During the tour of the commencing at 11:1	cility: or was observed to be locked to residents upon request. e resident rooms 5 AM the Owner confirmed				
	not permitted to use facility is home to se unable to use the sta wheelchair. Residen to request use of the	elevator and residents are the elevator at will. The everal residents who are airs due to use of a walker or its are required to ring a bell e elevator to travel between on the second and third floors the home.				
	oxygen tanks were s proximity to the gas tanks were also stor appropriate cautiona room, and in the roo	1/23 the Manager confirmed stored in the kitchen in close stove and oven. Oxygen ed in resident rooms without ary signs in Resident #8's m shared by Residents #6 our of resident rooms 5 AM on 3/1/23.				
	entrance of the hom splintering. The sink firmly attached to the	ethroom beside the front e had a hole in it and was in the bathroom was not e wall, the bathroom was in id the floor was in need of				

Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND FLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: _ C B. WING 0103 03/10/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 126 ELM STREET WASHINGTON ELMS BENNINGTON, VT 05201 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) (EACH DEFICIENCY MUST BE PRECEDED BY FULL) PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE DATE TAG DEFICIENCY) R266 Continued From page 16 R266 4. Hazardous cleaning products were observed stored in unlocked cabinets including Windex spray, dish soaps, dishwasher gel stored under the kitchen sink in an unlocked cabinet, and bleach, disinfectant sprays, Fantastic cleaning spray, and Febreeze odor removing spray stored in an unlocked cabinet in the faundry room. Spray bottles with rubbing alcohol, which the Owner stated were sprayed around the resident's beds to control a recent bed bug infestation, were observed in Room #1 shared by 4 residents and Room #6 shared by 3 residents, Comet disinfecting powder and a spray bottle containing bleach were observed in Resident #8's private bathroom; and WD40 lubricating spray, caulking, and lighter fluid were observed in his/her room. Lysol Spray in Room #9 shared by 2 residents; and disinfecting wipes were in Resident #12's room were also observed. The home cares for residents with debilitating medical and psychological conditions with varying ability to safely manage access to cleaning supplies. The Owner confirmed hazardous chemicals and cleaning products were accessible to residents during the tour of the residence on 3/1/23. 5. Mold and mildew were observed in the shower and a window in room #6 shared by three residents which was confirmed by the Owner during the tour of resident's rooms commencing at 11:15 AM on 3/1/23. R302 IX. PHYSICAL PLANT R302 SS=E 9.11 Disaster and Emergency Preparedness Division of Licensing and Protection

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Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: ___ C B. WING_ 0103 03/10/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 126 ELM STREET WASHINGTON ELMS BENNINGTON, VT 05201 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5)(EACH DEFICIENCY MUST BE PRECEDED BY FULL PREBIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG CROSS-REFERENCED TO THE APPROPRIATE DATE DEFICIENCY R302 Continued From page 17 R302 9.11.c Each home shall have in effect, and available to staff and residents, written copies of a plan for the protection of all persons in the event of fire and for the evacuation of the building when necessary. All staff shall be instructed periodically and kept informed of their duties under the plan. Fire drills shall be conducted on at least a quarterly basis and shall rotate times of day among moming, afternoon, evening, and night. The date and time of each drill and the names of participating staff members shall be documented. This REQUIREMENT is not met as evidenced by: Based on record review and staff interview there was a failure to ensure rotation of fire drills to include drills during the evening and night; and to ensure the names of all staff were listed on all fire drill records. Findings include: At 1:38 PM on 3/1/23 the Manager confirmed there were no fire frills conducted during the evening and night during the previous year; and the names of staff participating in the fire drill conducted during the third quarter of the previous year were not documented. Division of Licensing and Prote May 5-17-2-31511 STATE FORM

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Plan of correction

Washington Elms

05/10/2023

R145

In regards of finding #1, #2, #3, #4; individual care plans have been updated as of 03/26/2023 to meet each resident based on primary diagnosis to include nursing diagnosis, assessment, rational intervention, and evaluation based on specific needs with ongoing monitoring and goals. Care plans will be reviewed by RN on the 1st of every month and upon any changes or any condition changes or hospitalization.

R150

In Regards with #1, #2, #3; On 03/08/2023 had Inservice with staff on reporting and documentation in resident's charts on observations, changes, medication, doctor orders, visits along with progress notes and any follow ups that relate to that resident. RN will review each resident chart weekly. If there is any change in a resident's condition, a fall or injury Rn will be notified immediately. Residents chart will be flagged for RN to do assessment, provider notification, monitoring of symptoms and RN will follow up on documentation.

R171

Regarding #1, #2, #3, #4, #5, #6 medication policy was updated on 03/05/23. As of 03/05/23 there will be 3 checks done on Medication administration records: 1st check is done by the manager, 2nd check is done by med tech, and final check is done by the R.N. Any new orders that come in will be checked twice by the manager and the RN, then initialed and dated. Policy on medication that cannot be filled by pharmacy due to shortage doctor will be notified immediately to see what they would like to do, and documentation will be noted in resident's chart. For emergency situations call RN will be notified immediately.

R172

Med techs were counseled on 3/03/2023 that all resident's insulin pens need to be labeled with their name and date when opened. To prevent this from happing again the house manager and RN will be monitoring the med cart and will continue to educated when needed.

R173

As of 03/03/23 policy was put in place and staff was educated on that all skin cleansers creams, ointments or powders will be put in house locked med cart or a locked box in residents room labeled with name and date. The key to the locked box will be stored in locked med cart.

Any residents that are allowed to self-administer or monitor their own blood sugars and recordings must have a signed order from physician saying they are allowed to and are able to keep at bedside. All medications must be properly stored in a lock box in the residents' room with name and date. They will have a key and med tech will also have a key locked up in med cart. To prevent this happening in the future, staff members are reminded daily to make sure they report any findings of any medications they see in any resident's room that is not secured in a lock box and to report to RN.

R174

Regarding medications management, all medications that are required to be refrigerated and separated from food. Plan was corrected on 03/02/2023 when a mini fridge with a lock was installed just for medication and med techs were counseled. RN, med techs, and house manager will only have access to it. To prevent this from happening in the future all new med techs will be educated when hired and it will be monitored by the house manager and RN.

R176

Plan of correction was completed the day of survey. To prevent this from happening in the future any medication that is no longer in use will be disposed of correctly by returning to our pharmacy within a week by the house manager or RN. The House manager as of 03/02/23 does weekly checks of med carts for expired medication or medication that is no longer in use.

R183

As of 03/01/23 and forward weekly time sheets and monthly schedules are kept in a binder labeled schedules and will be kept for 2 years before disposing of. The house manager and owner will be responsible for maintaining this.

R190

As of 03/05/23 In regards of criminal background checks and abuse registry, a plan of correction has been updated in our policy and procedures so that prior to being hired a background check will be done and updated checks will be done accordingly to regulatory standards. House manager and owner will be responsible for monitoring.

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R246

On 03/08/23 Staff meeting was conducted, and staff were educated on checking food for expiration dates and discard when needed. House manager will be monitoring along with 3rd shift. Will continued to educate staff when needed.

R247

On 03/08/23 a staff meeting was conducted, and staff were educated on that all food must be marked with contents and dated. Plan of action was put in place that refrigerators are being cleaned weekly by 3rd shift. All food will be checked by dates and discarded. That all food must be labeled and dated when opened in refrigerators and cupboards. A new policy was put in place in our policy and procedure book on 03/08/23. Will continue to educate staff and new hires. Also, a check list has been made and must be initialed by staff members when refrigerators are cleaned. This will be monitored by the house manager.

R266

#1 As of 03/02/2023 in regards with elevator signs have been removed and elevator has not been locked. Updated policy was put in place on 03/02/23. All staff and residents were educated on 03/02/23 that elevator is not to be locked. That residents are allowed to operated elevator when they need to. We have educated residents on 03/02/23 the proper way to use the elevator. Such as buttons to push and how to make sure they are fully on elevator, so elevator door can close.

#2 As of 03/01/23 all oxygen tanks have been removed from kitchen. On 03/05/23 oxygen tanks were removed and picked up by Keene Medical. All staff members were educated on 03/08/23 on proper storage and use of oxygen. Signs have been hung on the doors where oxygen is in use. RN and house manager will continue to monitor and educate staff when needed.

#3 Downstairs bathroom sink, door was replaced and fixed on 03/06/23. Both showers' upstairs were replaced on 03/30/23. The owner and house manager will continue to monitor and fix anything in the house that we see needs replacement.

#4 On 03/08/23 held a staff Inservice educating staff on proper storage of cleaning supplies and any chemicals are not allowed to be left out. When they are finished with them, they need to be locked in cleaning closet located off from kitchen. Will continue to educate staff and the house manager will continue to monitor environment along with owner.

#5 Replaced both showers on 03/30/23. The owner and house manager will continue to monitor and fix anything in the house that we see needs replacement.

R302

On 03/06/23 emergency numbers were placed on all floors with evacuation route in case of a fire. On 03/08/23 a staff meeting was held educating staff on fire drills. To prevent this from happening in future the house manager is responsible for running fire drills and to make sure all paperwork is completed as it should be with staff names, date, and times. A new policy and procedure was updated on 03/10/23 with the correct times when fire drills need to be done.

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FIRE DRILLS

It is the policy of Washington Elms that every resident, visitor, workman, and staff person evacuate the building in the case of fire or fire drill.

Fire drills will be run four times per year or as need to ensure our residents have a firm grasp of what needs to be done along with staff members. They will early morning, afternoon, evening and during the night.

Prior to conducting a drill, we will contact Countryside LOCK and Alarm at (800) 639-2521 to let them know that we would like to run a fire drill. Staff member that oversees running fire drill will make sure they have clip board with resident update sheet dated time started, time finished and has staff members names listed that are involved with running fire drill.

Staff will follow Emergency procedures policy for Fire.

During this drill it is important to discuss with residents they are not supposed to find shoes and put them on or decide what coat to they want to wear. They should have their bath robes and easily accessible to put on in case fire alarm sounds at any time. Slippers should always be kept at bedside for easy access. It is important that you stress they must vacate the house as quick and safe as possible.

When evacuating and discussing fire evacuation with residents be sure they understand that the garage is the meeting place so all can be accounted for.

Staff shall close doors and turn off lights in rooms once they have been evacuated.

Staff shall familiarize themselves with where residents' rooms are located by looking house from outside so during an actual fire staff will be able to direct fire department to any resident that may still be in their room.

This time should also be used to educate staff on fire evacuation procedure the terms RACE and PASS as well as what they mean and how to apply them in case of actual fire.

Staff person in charge shall perform head count. When fire drill has ended make sure to call and Countryside lock and Alarm to let them know that you have finished fire drill. Fire drill resident up date sheet should be filed away in the binder located in office labeled fire drill logs.

Washington Elms

Policies and Procedures

Medication Administration

The Registered Nurse or designated staff (designee) will administer ordered medications to residents as follows:

Clean work surface. Wash hands.

Give meds to only one resident at a time

Review MAR for resident

Check medication for expiration date.

Use the 6 rights of med administration (right resident, right medication, right dose, right route, right time, right documentation.)

Wash hands between residents

Documents medications given on MAR.

Documents refusals on MAR and in resident's clinical record.

Notifies Registered Nurse of refusals.

Staff will not administer a medication unless there is a doctor's order for it.

Diabetic Medications and insulin

PRN Medications

When a resident asks for a PRN medication, ask what problem or symptom he or she is having that requires the PRN med. Medications given must be for a specific problem—for example, Tylenol is given for pain.

Check the MAR for the time the med was given last. Check the doctor's order to check how frequently the med may be given.

After administering the med, initial the MAR, and on reverse side, document the name of medication, dose, route, time, and reason for administration.

One hour later, ask resident if medication was effective, or observe for effectiveness.

All PRN medications given and their effect on the resident must be recorded in the Mar and in resident's clinical record. This note must include the medication given, reason for giving, time given, dose given, and effect on resident.

Leave note in daybook for Registered Nurse.

Non-prescription (over the counter) medications will be secured in the medication cart. They will be administered to residents only if the resident has a doctor's order for the med. They will be labeled with the resident's name and the expiration date.

Psychoactive Medications

Residents who have a doctor's order for a psychoactive medication will have a written care plan completed by the Registered Nurse.

The Registered Nurse or the designee will administer ordered psychoactive medications according to the doctor's order. Scheduled psychoactive medications will be given as ordered.

PRN psychoactive medications will be given only for the symptom or problem the medication is ordered for.

The medication will be recorded as a PRN on the Mar and monitor the resident for effectiveness, and document in the resident's clinical record.

When a resident refuses a medication:

In the MAR, circle your initials and on back of MAR Document reason and also write a note in the resident's clinical record. Send a text message to the Registered Nurse and/or leave a note in the daybook.