<u>Division of Licensing and Protection</u>

HC 2 South, 280 State Drive Waterbury, VT 05671-2060 http://www.dail.vermont.gov

Survey and Certification Voice/TTY (802) 241-0480

Survey and Certification Fax (802) 241-0343

Survey and Certification Reporting Line: (888) 700-5330

To Report Adult Abuse: (800) 564-1612

April 29, 2021

Mr. William Kowalewski, Administrator Woodridge Nursing Home 142 Woodridge Drive Barre, VT 05641-0550

Dear Mr. Kowalewski:

Enclosed is a copy of your acceptable plans of correction for the survey conducted on **March 23, 2021**. Please post this document in a prominent place in your facility.

We may follow-up to verify that substantial compliance has been achieved and maintained. If we find that your facility has failed to achieve or maintain substantial compliance, remedies may be imposed.

Sincerely,

Pamela M. Cota, RN Licensing Chief

## DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

OMB NO. 0938-0391

		(X1) PROVIDER/SUPPLIER/CL IDENTIFICATION NUMBER:	A. BUILDING		(X3) DATE SURVEY COMPLETED
		475045	B. WING		C 03/23/2021
NAME OF P	ROVIDER OR SUPPLIER		10	REET ADDRESS, CITY, STATE, ZIP CODE  2 WOODRIDGE DRIVE	
WOODRIE	DGE NURSING HOME		11	ARRE, VT 05641	
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTI (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRO DEFICIENCY)	.D BE COMPLET
F 000	INITIAL COMMENTS	}	F 000		
	was conducted on 3/2 Licensing and Protec violations identified.	-site complaint investigation 22-3/23/21 by the Division of tion. There were regulatory	F.000		
	Free from Abuse and CFR(s): 483.12(a)(1)		F 600		
	Exploitation The resident has the neglect, misappropria and exploitation as de includes but is not lim corporal punishment,	involuntary seclusion and ical restraint not required to			
	§483.12(a) The facilit	y must-			
	physical abuse, corportinvoluntary seclusion; This REQUIREMENT by: Based upon interview facility failed to ensur 4 sampled residents	is not met as evidenced w and record review, the e that 1 resident [Res.#3] of		Past noncompliance: no plan of correction required.	
	resident is a 75-year- include vascular dem				

#### DEPARTMENT OF HEALTH AND HUMAN SERVICES

CENTERS FOR MEDICARE & MEDICAID SERVICES

OMB NO. 0938-0391

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients, (See Instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:EP3I11

Facility ID: 475045

If continuation sheet Page 1 of 16

F 600	Continued From page 1	F 600
1	Per review of Res. #3's Care Plan revealed the	
	resident was identified as having:	
	- "a behavior problem related to history of	
	behaviors due to Post Traumatic Stress Disorder,	
	dementia, impaired cognition. Resident has had	
1 1	occasion to hit, kick, or punch staff who try to help	
	assist with care. This behavior is not consistent-	
1 1	staff are to withdraw and reattempt, look for	
1	precipitating factors- need to use bathroom,	*
1 1	hunger, thirst, pain."	
	<ul> <li>"a diagnosis of major depression and Post</li> </ul>	
1	Traumatic Disorder."	
1	<ul> <li>"impaired cognitive function/dementia or</li> </ul>	
1 1	impaired thought processes related to dementia." -	
1	"at risk for a mood problem related to Post	
1 1	Traumatic Stress Disorder, and left sided stroke,	
1 1	dementia, and expressive dysphagia." - "at risk for	
	wandering, elopement"	
	Further review revealed none of the interventions	
	in the Care Plan areas identified above had been	
	revised until after the incident on 11/27/20.	
	Review of Nurse Practitioner Notes dated	
	11/24/20, 3 days prior to the incident, reveal Res.	
	#3's "behaviors have been worsening again. He	
	is very intrusive towards other residents, goes	
1	into their rooms, wheels his wheelchair close up	
	in their personal space, trying to grab at them,	
	taking things off their trays. Per nursing, earlier	
	today a female resident told them she was afraid	
	of him and to keep him away from her, and there	
	have been some near-altercations fortunately	
1	averted." On 11/27/20, Nurse Practitioner Notes	
	record [Res. #3] "continues to be quite restless,	
	always moving about hallways in his wheelchair,	
	still with intrusive behaviors. No recent	
	aggressive behavior but his behavior continues to	
	frighten	

OLITICA	S FOR MEDICARE & MEDICAID SERVICES		OMB NO. 0938-039
F 600		F 600	
	Continued From page 2 other residents		
	particularly females (1 of whom is spending less		
	and less time here on her unit, has stated she is		
	afraid of him, seems to be avoiding him).		
	ADDENDUM:		
	Patient initially seen in the morning for visit. Then		
	in afternoon, [Res. #3] wandered into another		
	male resident's room (who is also wheelchair-		
	dependent), wheeled himself right up to him and		
1	hit [Res. #4] in the face, left upper arm and left		
1	shoulders, resulting in small abrasion Right upper		
	lip with associated mild swelling and discomfort.	l l	
	Staff heard the other resident yelling for help and		
	came into the room to separate the two.		
	Discussed with social services, nursing including		
	Director of Nursing: Unfortunately, as patient		
	currently poses a safety risk to other frail		
	residents most of whom cannot defend		
	themselves and some of whom cannot speak, it		į.
	is unsafe to keep patient here, so will send to		
	Emergency Department [ED] via 911 for		
	aggressive behavior, unable to maintain safety in		
	current care setting. [The note continues:]		
	Several hours later, spoke with Doctor in		
	EDBecause he was not aggressive in the ED,		
	they did not need to give him any medications.		
	[Res. #3] then returned to Woodridge late		
	afternoon. We have been gradually making med		
	changes to address his aggressive behavior, but		
	incident today indicates this is an urgent		
	situation."		
	Per interview, record review, and regulation		
	review with the facility's Director of Nursing		
	Services [DNS] and the Social Services Director		
	[SSD] on 3/23/21 at 11:50 A.M., both the DNS		
- 1	and SSD confirmed that Res. #3 had physically		
	abused Res. #4 on 11/27/20.		
	The DNS and SSD provided documentation of		

CENTER	S FOR MEDICARE & MEDICAID SERVICES		OND 110, 0000 0001
F 600		F 600	
	Continued From page 3		
	the facility's identification, investigation, and		
	reporting of the incident. Neither resident has had		
	any previous interactions with each other. Abuse		
	Prevention interventions implemented post incident include:		
	incident incidde.		
	Advance Practice Registered Nurse		
	reviewed [Res. #3's] medication regimen and will	1	
	increase his Depakote and will continue PRN [as		
	needed] trazadone for agitation. [Res. #3] will		
	continue to receive PRN morphine for pain due to		
	likelihood that he has chronic pain. 2. [Res. #3] currently receives Deer Oaks		
	Psychological services for previous mental health		
	diagnoses of Post-traumatic Stress Disorder,		
	Chronic and Major Depressive Disorder. Although		
	he refused the trauma screen, [Res. #3] did		
	acknowledge on interview, "I'm a Vietnam		
	veteran. Vietnam memories haunt me". [Res. #3]		
	has a trauma informed care plan in place.		
	3. [Res. #3] will be brought to the Sensory room on Maple Grove during times of agitation to		
	allow for time in a calming environment. This will		
	be scheduled by the Maple Grove Clinical		i i
	Coordinator.		
	<ol> <li>A mesh STOP sign was put outside [Res.</li> </ol>		
	#4's] door on 11/27/20 to deter any unwanted		
	entry. 5. [Res. #3] was relocated to room 211-P following his return to Woodridge on 11/27/20		
	which is directly across from the nurse's station. 6.	į į	
	[Res. #4] is agreeable and has requested a		
	room/unit transfer to Spruce Common Unit 129-P		
	as he has a close friend that lives on that unit and		
	he visits with daily. A room change will be made		
	once the Spruce room is available.		
	7. Social Service Director has contacted VA Medical Center-White River Junction Community		
	Care Coordinator to arrange additional support		
	services for [Res. #3].		
F 600		F 600	
	Continued From page 4		
	8. A care conference meeting has been		
	arranged with VA Geri-psychiatrist and Woodridge		
	Nurse Practitioner, Director of Nursing and Social		
	Service Director. This meeting was conducted on		
	12/3/2020.		
	9. A follow up care meeting was held with [Res. #3's] Power of Attorney and healthcare agent		
	on 12/4/20.		
	Based upon the information garnered during the		
	investigation, the facility will be cited for Past		
	Noncompliance related to failure to prevent		
	Resident to Resident physical abuse.	1	

OMB NO. 0938-0391

### DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

F 607 Develop/Implement Abuse/Neglect Policies
SS=D CFR(s): 483.12(b)(1)-(3)

§483.12(b) The facility must develop and implement written policies and procedures that:

§483.12(b)(1) Prohibit and prevent abuse, neglect, and exploitation of residents and misappropriation of resident property,

§483.12(b)(2) Establish policies and procedures to investigate any such allegations, and

\$483.12(b)(3) Include training as required at paragraph \$483.95,

This REQUIREMENT is not met as evidenced by:

Based upon interview and record review, the facility failed to provide oversight and monitoring to ensure staff implemented policies regarding identifying signs of potential abuse, such as injuries of unknown sources, and reported their knowledge related to any alleged violation, for one resident [Res. #2] of 4 sampled residents. Findings include:

F 607

- Resident #2 was assessed to ensure and confirm the absence of identifying signs of potential abuse.
- All Residents have the potential to be affected by staff failure to report bruises of unknown origin.
   No other Residents were found to have been affected by the deficient practice.
- In-services with the staff on the facility's abuse policy have begun to ensure the deficient practice does not recur. Inservices will continue for six weeks.
- 4. Documentation of all in-services will be submitted to the QAPI Committee. Audits of skin assessments on the implementation of policies regarding identifying and documenting signs of potential abuse will be conducted, five per week for six weeks. Results of the audits will presented to the QAPI committee.

5. Completed by May 28, 2021 FLOT POL accepted 4/27/21

Tougherty PNIPML

CENTERS FOR MEDICARE & MEDICAID SERVICES		OND NO. 0930-0391
F 607	F 607	
Continued From page 5		
Per review of the facility's policy "Preventing,		1
Reporting, and Investigating Resident Abuse,		
Neglect, and Exploitation", section H: Reporting		
Known or Suspected Incidents of Abuse or Other		
Mistreatment: "It is the duty of all employees to		
report any such incident to the Administrator,		
Director of Nursing Services/Designee or		
, , , , , , , , , , , , , , , , , , ,		
Supervisor immediately after learning of the		
occurrence."		
A		
According to the State Operations Manual for		
Long Term Care Facilities		
(Rev. 11-22-17), section §483.12 Freedom from		
Abuse, Neglect, and Exploitation, includes under		
the definition of Abuse-		
"Examples of injuries that could indicate abuse	÷	
include but are not limited to: Injuries that are		
non-accidental or unexplained; Bruises, including		
those found in unusual locations such as the		
head, neck,and Facial injuries, including but not		
limited toblack eye(s), bruising, bleeding or		
swelling of the mouth or cheeks."		
D. Jan. of N in Notes for Dec. 110. dated		1
Review of Nursing Notes for Res. #2, dated		
2/1/2021 at 11:52 A.M. reveal "Staff noticed		
extensive bruising to Left eye, minimal bruising		
noted to right eye, bruising and bump noted to top	'	
of left head."		
Per review of Occupational Therapy [OT] Notes		
dated 2/1/2021 at 12:37 P.M.,		
"OT noted bruise/discoloration around [Res. #2's]		
Left eye, nursing made aware. Per LNA [Licensed		
Nursing Assistant] patient had that bruise upon		
waking up this morning."		
Paylow of the facility's investigation into the injury		
Review of the facility's investigation into the injury of unknown origin reveals the LNA caring for Res.		
#2 noticed the bruising at 6:37 A.M. that morning,		
#2 Housed the bruising at 0.37 A.M. that morning,		

F 607 F 607 Continued From page 6 and during breakfast at 8:00 A.M. the bruising was 'more obvious'. Further review of the facility's investigation and of Res. #2's medical record contains no documentation that the 'obvious' bruising was reported by the LNA to Nursing, Supervisors, or any other staff. Additional review of Res. #2's medical record and Medication Administration Record for 2/1/2021 reveal the Registered Nurse [RN] assigned to Res. #2 documented as giving 7 medications to the resident during the 8:00 A.M. hour, including removing and applying a medication patch to the resident's skin, and taking Vital Signs [Blood pressure, temperature, heart rate, respiration rate] of Res. #2. There is no note of the "extensive bruising to Left eye, minimal bruising noted to Right eye, bruising and bump noted to top of Left head" that the RN later documented, and no documentation that the bruising first noted by the LNA at 6:37 A.M. was reported by the RN to Supervisors or any other staff. A review of the facility's report to the State Agency dated 2/1/2021 records "At 10:00 this morning, Occupational Therapist noticed [Res. #2] had facial bruising under her glasses. This is new finding, and no fall was noted." An interview was conducted with the Director of Nursing Services [DNS] and Social Services Director [SSD] on 3/23/21 at 11:50 A.M. The DNS and SSD reported staff are educated upon initial orientation and then annually regarding Abuse Prevention, Identification, and Reporting. The SSD also stated that on the back of staff's identification cards are printed instructions regarding Abuse policies and procedures. Both the DNS and SSD confirmed that Res. #2's F 607 F 607 Continued From page 7 condition on 2/1/2021 should have been assessed as possible abuse

involving Res. #2.

and should have been reported immediately by the LNA but was not, and again should have been identified by the resident's RN later in the A.M., and again was not reported immediately. Both the DNS and SSD stated that no inservices or re-education of staff regarding reporting allegations of Abuse had been conducted regarding the incident on 2/1/2021

OMB NO. 0938-0391

### DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

F 657 Care Plan Timing and Revision SS=G CFR(s): 483.21(b)(2)(i)-(iii)

§483.21(b) Comprehensive Care Plans §483.21(b)(2) A comprehensive care plan must be-

- (i) Developed within 7 days after completion of the comprehensive assessment.
- (ii) Prepared by an interdisciplinary team, that includes but is not limited to-(A) The attending physician.
- (B) A registered nurse with responsibility for the resident.
- (C) A nurse aide with responsibility for the resident.
- (D) A member of food and nutrition services staff.(E) To the extent practicable, the participation of the resident and the resident's representative(s). An explanation must be included in a resident's medical record if the participation of the resident and their resident representative is determined not practicable for the development of the resident's care plan.

  (F) Other appropriate staff or professionals in disciplines as determined by the resident's needs or as requested by the resident.

  (iii) Reviewed and revised by the interdisciplinary

team after each assessment, including both the

F 657 1. Resident #1 expired on 01/03/2021

- All residents have the potential to be affected by the same deficient practice. Review of the care plans of Residents who had a fall within the past 30 days has be done and care plans requiring updating will be corrected.
- In-services on the writing, reviewing and revision of care plans has begun to assure this deficient practice does not recur. Inservices will continue for six weeks,
- Documentation of all in-services will be presented to the QAPI Committee.
   Audits of care plans for falls and injury prevention will be conducted, five per week for the next six weeks. Results of the audits will be presented to the QAPI Committee.
- 5. Completion date May 28, 2021

F657 POC accepted 4/27/24 TDougherty EWIPM

# DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

CLIVILLIA	S FOR MEDICARE & MEDICAID SERVICES		ONID 140, 0330-0331
F 657		F 657	
	Continued From page 8		
	comprehensive and quarterly review		
	assessments.	F-	
	This REQUIREMENT is not met as evidenced		
	by:		
	Based upon interview and record review, the		
	facility failed to review and revise the Care Plan		38
	of one resident [Res.#1] of 4 sampled residents		
	regarding prevention of falls and injury. Findings		
	include:	i i	1
	Res. #1 was initially admitted to the facility in		1
	2019 with diagnoses that include Alzheimer's		1)
	disease, Anxiety Disorder, Chronic Pain		
	Syndrome, Restlessness and Agitation, and		
	Vascular Dementia with Behavioral Disturbance.		
	A review of the facility's Fall Prevention Policy		
	identifies the Prevention procedure as "Residents		
	will be individually evaluated for the potential risk		
	of falling so that reasonable and appropriate		
	measures can be developed to address each resident's individual needs in an effort to mitigate		
	the identified risk areas."		
	A review of Res. #1's Care Plan reveals the		
	resident was identified, upon admission, as 'at		
	risk for falls related to Impaired Balance,		
	Weakness, Neurological deficits, Stroke, and		
	Confusion.' The Care Plan includes 6 different		-
	interventions to prevent falls, including 'Complete		
	Fall Risk Assessment per facility protocol and		
	revise Plan of Care as needed'.		
	Per review of Nurse's Notes dated 9/11/20, Res.		
	#1 'was found lying on her left side on the floor of		
	dayroom yelling/crying out to staff, she had a		
	laceration on her left forehead Pressure was		
	applied to laceration to stop bleeding, tissue was		
	re-approximated to wound. A clean dry dressing		
	was applied. The Doctor was updated- he will be		

CENTER	S FOR MEDICARE & MEDICAID SERVICES		OND NO. 0330-0031
F 657		F 657	
	Continued From page 9 here in the A.M. and		i i
1	apply stitches to the wound[Res. #1] was very		
	upset, yelling, crying at staff		
1	, y		1
	After the fall, Res. #1 was assessed using the		
	Morse Fall Risk Assessment Scale. The scale		
	rates the resident as a High Risk if they score 45		
	or higher. Res. #1's score after the fall was 75.		
	Per the facility's Fall Prevention Policy, the		
	resident's "Fall Reduction Plan will include:		
	Development of Individualized Care Plans that reflect current, resident-centered interventions		
	including documentation that reflects reviewed		
	and/or updates for each problem with the care		
	plan that the new fall impacted."		
	plan true the new latter than the paster.		
	Review of Res. #1's Care Plan after the fall on		
	9/11/20 reveals no documentation that a fall had		
	occurred, and no new interventions added to		
	prevent future falls.		
	A Nurse Practitioner Note dated 11/16/20		
	describes the resident as "a 96-year-old female		
1	with advanced dementia with a history of behavior disturbance, and history of recurrent		
	falls." The note further states "Last night at		
	around 8:30 P.M. [Res.#1] fell, unwitnessed,	1	
	nurse heard the loud noise. Patient crying out		
	with fall and immediately went to her room to		
	assess, noted large hematoma Left eyebrow area		
	with an overlying abrasion. Also had a small		
	laceration to left thumb."		
	A Nurses Note also dated 11/16/20 reveals 'This		
	writer was able to provide support to [Res. #1's		
	daughter], explaining all safety measures that		
	staff have in place and how mom last fall was		
	May 2020, not as recent as she thought originally.	1	
	[Res. #1's daughter] asked for options of an		

OLIVICIN	0   0   1   1   1   1   1   1   1   1		
F 657		F 657	
1	Continued From page 10 alarm and this writer		
	explained that an alarm would not be indicated		
	for mom.' Review of Res. #1's medical record		
	lists the resident's last fall as occurring on		
	9/11/20, two months prior to this fall on		f)
1	11/15/20, and not in May 2020.		
1			
1	After the fall, Res. #1 was again assessed using		
1	the Morse Fall Risk Assessment Scale. The scale		
	rates the resident as a High Risk if they score 45		
1 1	or higher. Res. #1's score after the fall on		
	11/15/20 was again 75.		
	Review of Res. #1's Care Plan after the fall on		
	11/15/20 reveals no new interventions added to		1.
	prevent future falls.		
1 1			
	Review of Nursing Notes dated 12/12/20 reveal		
	'At 07:30 A.M. [Res.#!] was found on the side of		
	her bed sitting up. It appears that she was trying		
	to get up and slid right out of bed.'		
1 1	Nurses Notes dated 12/14/20 further reveal '[after		
	Res. #1's] fall daughter very upset since resident has fallen, and that she has frequent falls.		
	Resident is 97-year-old with advanced dementia,		
	poor safety awareness she is also at a high fall	10	
	risk if staff were to put her in bed in the afternoon,		
1	since she recently had a fall and was sitting on		
	the side of her bed on her floor'		
			¥
	Review of the resident's medical record reveals		
	no fall assessment completed after the fall on		
	12/12/20, no documentation noted on the		l.
	resident's care plan, and no new interventions		
	added to prevent future falls.		
	Nurse Practitioner Note dated 12/14/20 relates		
	Res. #1 'has had gradual ongoing decline over		
	the past 8 months with recurrent falls and		
	progressive advanced vascular dementia		
	Patient also sustained a mechanical fall on		
	12/14/2020.' Per review of Res. #1's Care Plan,		

### DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

CENTER	(S FOR MEDICARE & MEDICAID SERVICES		
F 657		F 657	
	Continued From page 11 there is a notation that on 12/14/20 the resident sustained a 'laceration to forehead, subdural hematoma'.  An interview was conducted with the Director of Nursing Services [DNS] on 3/23/21 at 11:50 A.M. The DNS confirmed that Res. #1 underwent multiple falls with injuries while at the facility. The DNS stated that Res. #1's Care Plan should have been reviewed and revised to include new interventions to prevent future falls after each fall Res. #1 experienced. The DNS confirmed that consecutive falls on 9/11/20, 11/15/20, and 12/12/20 revealed no new interventions noted or implemented to prevent injuries and/or the next fall from happening.  See also F689. Free of Accident Hazards/Supervision/Devices CFR(s): 483.25(d)(1)(2)  §483.25(d) Accidents. The facility must ensure that - §483.25(d)(1) The resident environment remains as free of accident hazards as is possible; and  §483.25(d)(2)Each resident receives adequate supervision and assistance devices to prevent accidents. This REQUIREMENT is not met as evidenced by: Based upon interview and record review, the facility failed to provide an environment that is free of accident hazards as is possible for one resident [Res.#1] of 4 sampled residents assessed as fall risks, regarding implementing interventions to reduce hazard(s) and risk(s); and monitoring for effectiveness and modifying	3.	Resident #1 expired on 01/03/2021 All Residents have the potential to be affected by the same deficient practice. Review of the care plans of Residents who had a fall within the last 30 days has been done and care plans requiring updating will be corrected. In-Services on maintaining an environment that is as free of accident hazards as is possible and assessing Residents for fall risks and implementing interventions to reduce hazards and risks and monitoring the effectiveness and modifying the interventions when necessary has begun and will continue for six weeks. Documentation of all in-services will be submitted to the QAPI committee at a future meeting. Audits of Resident fall risk assessments and Resident fall risk interventions will be conducted, five per week for six weeks. Results of the audits will be presented at a future QAPI committee meeting. Completion on April 30,2021

Floor for accepted 4/27/21 Thoughory Rullim

CENTER	3 FOR MEDICARE & MEDICAID SERVICES		
F 689		F 689	
	Continued From page 12		
	interventions when necessary.	I I	
	Findings include:	1	
	Tillango morado.		
	Res. #1 was initially admitted to the facility on		
	9/23/19 with diagnoses that include Alzheimer's	I I	
	disease, Anxiety Disorder, Chronic Pain		
	Syndrome, Restlessness and Agitation, and		
	Vascular Dementia with Behavioral Disturbance.		
	A review of the facility's Fall Prevention Policy		
1	identifies the Prevention procedure as "Residents		
	will be individually evaluated for the potential risk	ř ř	
	of falling so that reasonable and appropriate		
	measures can be developed to address each		
	resident's individual needs in an effort to mitigate		
1	the identified risk areas."		
	A review of Res. #1's Care Plan reveals the		
	resident was identified, upon admission, as 'at		
	risk for falls related to Impaired Balance,		
	Weakness, Neurological deficits, Stroke, and		
	Confusion.' The Care Plan includes 6 different		
	interventions to prevent falls, including 'Complete		
l i	Fall Risk Assessment per facility protocol and	1	
	revise Plan of Care as needed'.		
	Per review of Nurse's Notes dated 9/11/20, Res.		
	#1 'was found lying on her left side on the floor of		
	dayroom yelling/crying out to staff, she had a		
	laceration on her left forehead Pressure was		
	applied to laceration to stop bleeding, tissue was		
	re-approximated to wound. A clean dry dressing		
	was applied. The Doctor was updated- he will be		
	here in the A.M. and apply stitches to the wound		
	[Res. #1] was very upset, yelling, crying at staff		
	After the fall, Res. #1 was assessed using the		
	Morse Fall Risk Assessment Scale. The scale		
	rates the resident as a High Risk if they score 45		
	or higher. Res. #1's score after the fall was 75.		
	Per the facility's Fall Prevention Policy, the		
	1 of the latenty of an interestinating and	1	

	FOR MEDICARE & MEDICAID SERVICES		
F 689		F 689	
	Continued From page 13 resident's "Fall		
	Reduction Plan will include: Development of		
1	Individualized Care Plans that reflect current,	1	
	resident-centered interventions including		
1	documentation that reflects reviewed and/or		
1	updates for each problem with the care plan		
	that the new fall impacted."		
1	Review of Res. #1's Care Plan after the fall on		
	9/11/20 reveals no documentation that a fall had		
1	occurred, and no new interventions added to		
1	prevent future falls.		
	prevent future fails.		
	A Nurse Practitioner Note dated 11/16/20		
	describes the resident as "a 96-year-old female		
	with advanced dementia with a history of		
	behavior disturbance, and history of recurrent		
	falls." The note further states "Last night at		
	around 8:30 P.M. [Res.#1] fell, unwitnessed,		
	nurse heard the loud noise. Patient crying out		
	with fall and immediately went to her room to		
	assess, noted large hematoma Left eyebrow area		
	with an overlying abrasion. Also had a small		
	laceration to left thumb."		
	A Nurses Note also dated 11/16/20 reveals This		
	writer was able to provide support to [Res. #1's		
1	daughter], explaining all safety measures that		
1	staff have in place and how mom last fall was		
	May 2020, not as recent as she thought		
	originally.'		
1	Review of Res. #1's medical record lists the		
	resident's last fall as occurring on 9/11/20, two		
	months prior to this fall on 11/15/20, and not in		
1	May 2020.		
1	After the fall, Res. #1 was again assessed using		
	the Morse Fall Risk Assessment Scale. The scale		
	rates the resident as a High Risk if they score 45		
	or higher. Res. #1's score after the fall on		
	11/15/20 was again 75.		
	Review of Res. #1's Care Plan after the fall on		
	11/15/20 reveals no new interventions added to		

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	prevent future falls.		
	Review of Nursing Notes dated 12/12/20 reveal		
	'At 07:30 A.M. [Res.#!] was found on the side of		
	her bed sitting up. It appears that she was trying		1
	to get up and slid right out of bed.'	1	
	Nurses Notes dated 12/14/20 further reveal '[after		
	Res. #1's] fall daughter very upset since resident		
	has fallen, and that she has frequent falls.		
	Resident is 97-year-old with advanced dementia,		
	poor safety awareness she is also at a high fall		
1 1	risk if staff were to put her in bed in the afternoon,		
1	since she recently had a fall and was sitting on the side of her bed on her floor'		
	Review of the resident's medical record reveals	1	
	no fall assessment completed after the fall on		
	12/12/20, no documentation noted on the		
	resident's care plan, and no new interventions		
1	added to prevent future falls.		
	Nurse Practitioner Note dated 12/14/20 relates		
	Res. #1 'has had gradual ongoing decline over		
	the past 8 months with recurrent falls and		
1	progressive advanced vascular dementia		
	Patient also sustained a mechanical fall on		
	12/14/2020.' Per review of Res. #1's Care Plan,		
	there is a notation that on 12/14/20 the resident		
	sustained a 'laceration to forehead, subdural hematoma'.		
	nematoma.		
	An interview was conducted with the Director of		
1	Nursing Services [DNS] on 3/23/21 at 11:50 A.M.		
	The DNS confirmed that Res. #1 underwent		
	multiple falls with injuries while at the facility. The		
1	DNS stated that Res. #1's Care Plan should have		
1	been reviewed and revised to include new		
1	interventions to prevent future falls after each fall		
	Res. #1 experienced. The DNS confirmed that		
	consecutive falls on 9/11/20, 11/15/20, and 12/12/20 revealed no new interventions noted or		
	implemented to prevent injuries and/or the next	1	
	implemented to prevent injunes and/or the flext	<del></del>	

# DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

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F 689	Continued From page 15 fall from happening.	F 689	
	tall from happening.		